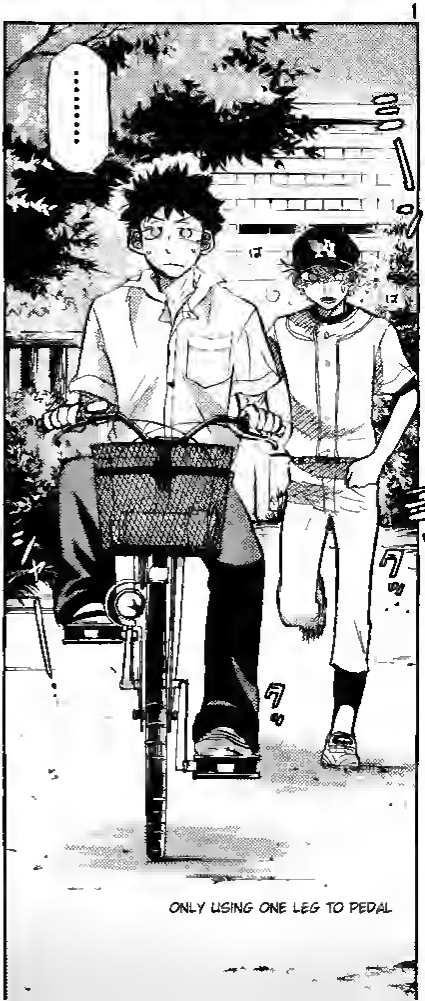
chapter 59

おおきく振りかぶって

Asa Higuchi

gunfair scans
translation by narwhaltorte

バッテリーの意志疎通の第一歩は行動から！　監督命令だ!!



おおきく振りかぶって

第59回「育て！2」

ひぐちアサ

I DO FEEL
EVEN IF I DON'T REALLY UNDER-STAND HIM
LIKE MIHASHI IS A GOOD GUY, BUT...
HE ALWAYS SEEMS TO IRRITATE ME
GOING TO THE DOCTOR TOGETHER
MAKING BREAKFAST TOGETHER
WHAT EXACTLY DO YOU THINK A PITCHER IS, ANYWAY?
SO IS THE COACH TRYING TO SAY THE SAME THING?
I'M TRYING THE ABSOLUTE HARDEST I CAN TO BE PATIENT,
AND I THINK MIHASHI IS GIVING THE BEST HE'S GOT, TOO.

4

※この物語はフィクションです。実在の人物・団体・名称等とはいっさい関係ありません。

今までの物語 監督は女性、選手は全員１年生。新設チームの県立西浦高校硬式野球部の、全国高校野球選手権埼玉大会は５回戦で終わった。中学時代にチーム全員に嫌われたため挙動不審の投手・三橋は全試合投げきりエースとして奮闘した。この敗北をどう活かすか。西浦ナインはそれぞれの目標を表明した結果、チームとして目標を「甲子園優勝」として意思統一。負傷した捕手・阿部も合流して、合宿が始まった！

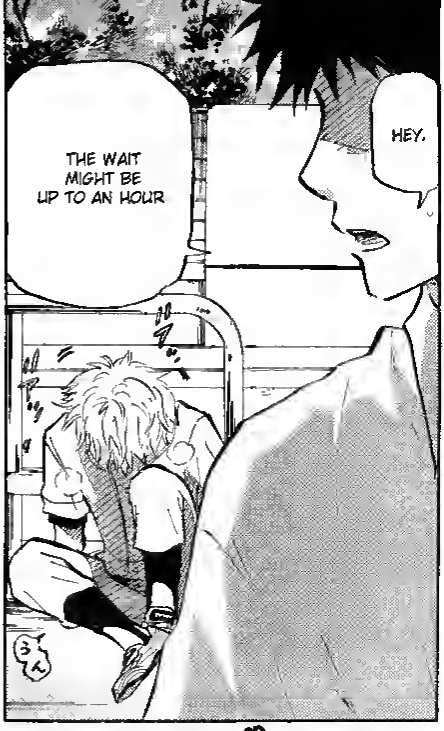
THANKS FOR THE HELP
YE IH.
SHOULD I
S-
S-
PUSH
I'M HERE TO HELP
PUSH
ALRIGHT
I'VE GOT TO DO MY BEST!
I'M GOING!

5

そよ GO
HASHIMOTO -SAN PLEASE COME INTO THE EXAMINATION ROOM.
BUSY EVEN IN THE MORNING
Even on a weekday

65

SHOW ME THE MENU MOMOKAN GAVE YOU.
OK.


HEY.
THE WAIT MIGHT BE UP TO AN HOUR

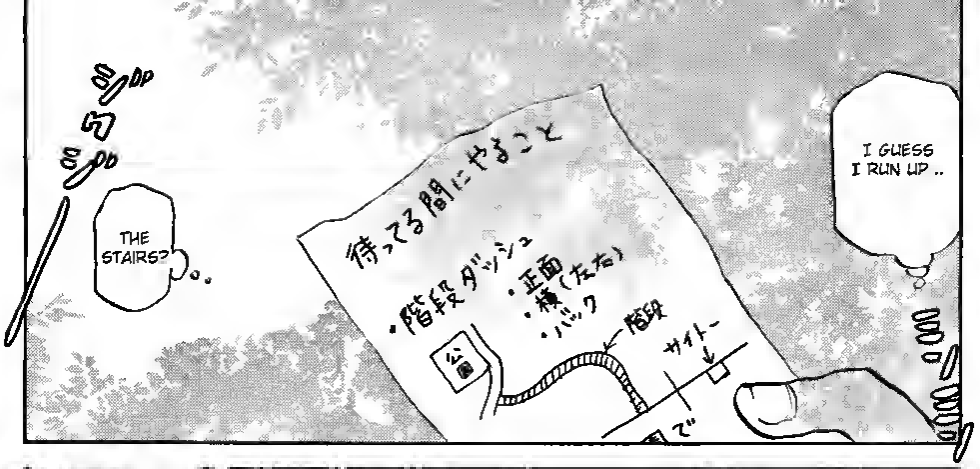
YEAH.
DON'T GO TOO FAST.
WATCH OUT FOR HEAT STROKE.

OH, YOU BROUGHT IT.
I'LL CALL YOU WHEN IT STARTS LOOKING LIKE WE MIGHT GET IN SOON, THEN
OK.

6

IT'S GOOD
I COULD PUSH HIM UP THE HILL.
I'LL DO MY BEST ON THE WAY BACK, TOO.
AND WHEN WE LISTEN TO THE DOCTOR
AND WHEN WE MAKE BREAKFAST
FOR BREAK-FAST..
WHAT CAN YOU EAT?
RICE, OR...

BREAD?
WOULD EITHER OF THOSE BE WEIRD?
I WONDER WHAT LUNCH IS
TOD...

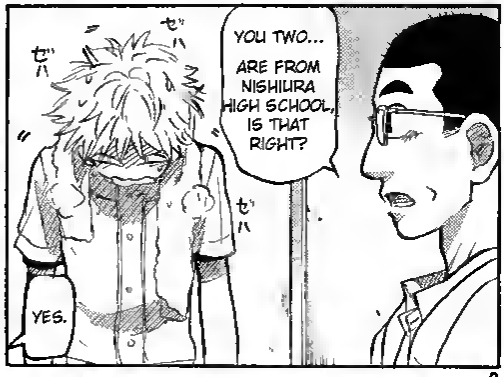

I GUESS I RUN UP ..
THE STAIRS?
待ってる間にやること
•階段ダッシュ
•正面
•横(左右)
•バック
公園
階段
サイトー

GOING TO GET SEEDED THIS FALL.
WE ARE...

8

I'LL GIVE EVERYTHING I'VE GOT!

アフタヌーンKC
おおきく振りかぶって 1〜10
ひぐちアサ
勝つために、暗くて弱気なエースのために。行け、オレら！読むとためになり、血沸き肉躍り涙する本格高校野球漫画！
絶賛発売中!!
定価各540円（税込）



AH, SO I WAS RIGHT!
SO NOW SHE'S THE COACH.
SHE USED TO BRING ONE OF THE PLAYERS HERE ALL THE TIME BACK FOUR OR FIVE YEARS AGO.
I THOUGHT I REMEMBERED HER FROM SOMEWHERE!
GOSH, DOES THAT TAKE ME BACK!
TELL HER IT WAS NICE TO SEE HER FOR ME?
..YEAH.

10

HAD YOU HEARD ABOUT ALL THAT STUFF WITH MOMOKAN?
H-
HEARD-
LIKE
HER EXERCISE MENU FOR WHEN I WAS WAITING?
OR TO PUSH THE BIKE?
LISTEN TO THE DOCTOR?
MAKE BREAKFAST?

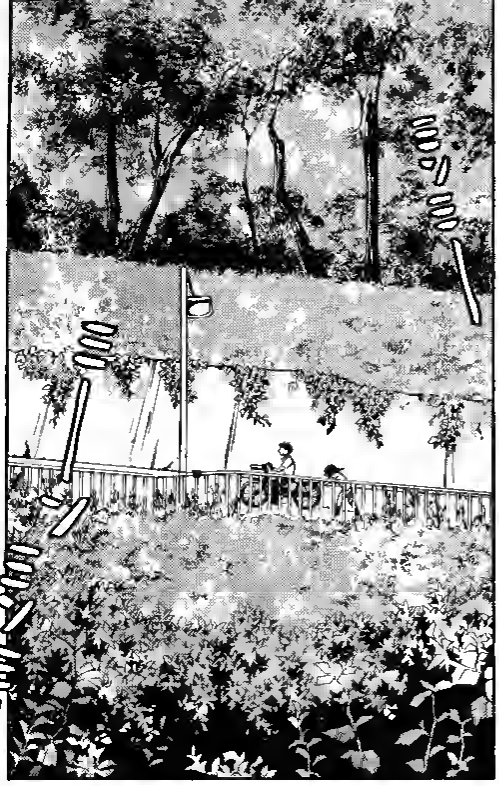
70

?
IT WAS COMPLETELY DIFFERENT!
WELL, WHATEVER.
Y-
ABOUT HOW THERE WAS JUST HER AS THE MANAGER AND ONE OTHER PLAYER?
YES, I HEARD HER!

WELL, WHATEVER.
YOU THINK WHAT THE DOCTOR WAS TALKING ABOUT WAS FROM AROUND THEN?
IF I GET PISSED AT EVERY LITTLE THING WE'LL NEVER HAVE A CONVERSATION.
UH
AH
W-WHAT
TALKING ABOUT NOW?
ARE WE
I..

WHEN I VISITED HIS HOUSE WE TALKED SO WELL, BUT...
Y-
YEAH
IT'D BE NICE..
TO UNDERSTAND EACH OTHER WHEN WE TALK
IS IT THE SUBJECT MATTER?
YET SOMETIMES HE CAN KEEP TALKING FAIRLY WELL.
READY TO GO?

T-
THERE
COULD BE RICE
AND...
OH! WHAT ARE WE GOING TO DO ABOUT BREAKFAST?
MAYBE EGGS? ...AND NATTO?
THOUGH I CAN'T REALLY EAT THOSE UNLESS THERE'S NORI WITH THEM.
I LIKE ALL THOSE!
YOU THINK IT'S OK TO HAVE THEM FOR BREAKFAST?
IT'S OK FOR ME!
AH, RIGHT UP HERE.
AH.
AAAH...



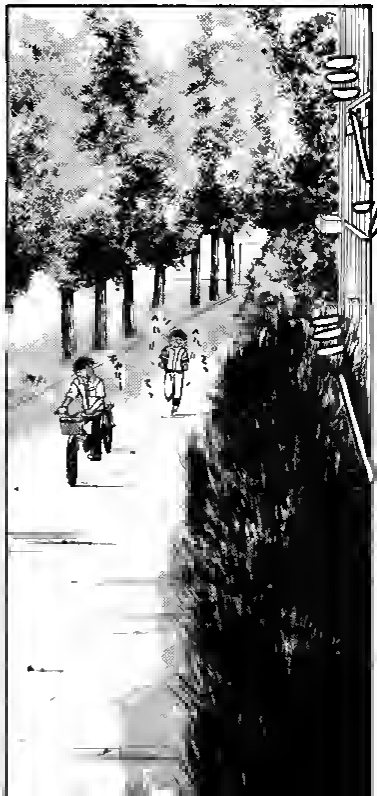
I'LL
PUSH!
ALRIGHT, LET'S GO!

HAA ..

13

WAS IT BUSY?
WEL-COME BACK!
They're back
Hey, I

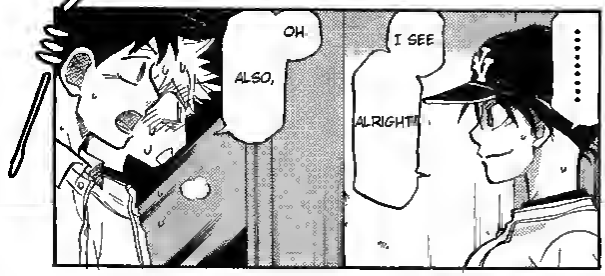
WE HAD TO WAIT AN HOUR.
WELL, YOU MADE IT JUST IN TIME FOR SHIGA-SENSEI'S LESSON.
Is Mikashi ok?



73

AND SAID I COULD START WHOLE BODY AND ISOMETRIC EXERCISES.
THEY WRAPPED MY LEG
Er Uuum
?

MIHASHI-KUN
WHAT DID THE DOCTOR HAVE TO SAY?
Ah
Oh, They're Back
Um


OH
ALSO,
I SEE
ALRIGHT
.....

SAITOU-SENSEI SAID HE REMEMBERED YOU
FROM BACK WHEN YOU USED TO TAKE A PLAYER TO HIM ALL THE TIME

14

—?
!!!
t"^
t"^

74

TODAY WE'LL BE TALKING ABOUT FOOD.
DOING THIS RIGHT BEFORE LUNCH YOU MIGHT GET A LITTLE HUNGRY, BUT TRY AND BEAR IT!
PANTHER

THANKS FOR LETTING ME KNOW!
WELL, LET'S HEAD IN!
MIHASHI-KUN SHOULD WASH HIS FACE AND CHANGE.

15

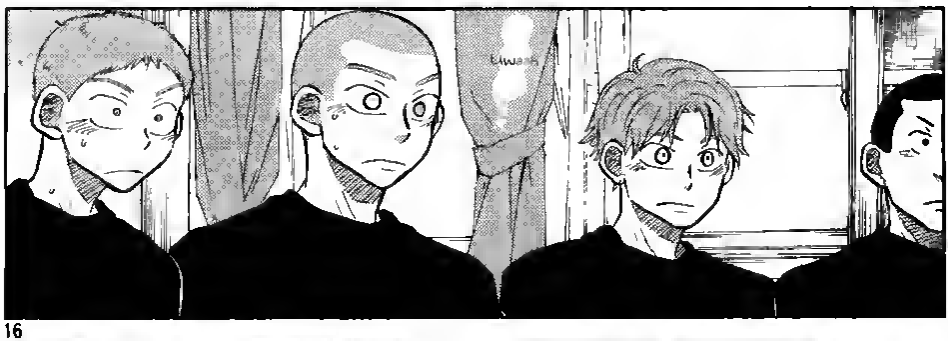
Hmph.
THE TRUTH IS, YOU'RE ALL PRETTY SLIGHT FOR BASEBALL PLAYERS!
Oh.

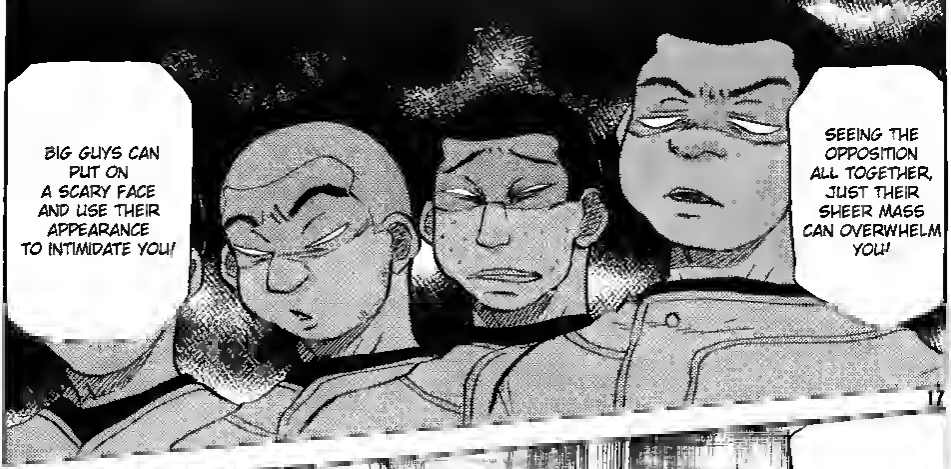
はい
YES SIR!
ALRIGHT.
AT THE MOMENT, ALL OF YOU STILL HAVE QUITE A BIT OF GROWING LEFT TO DO.

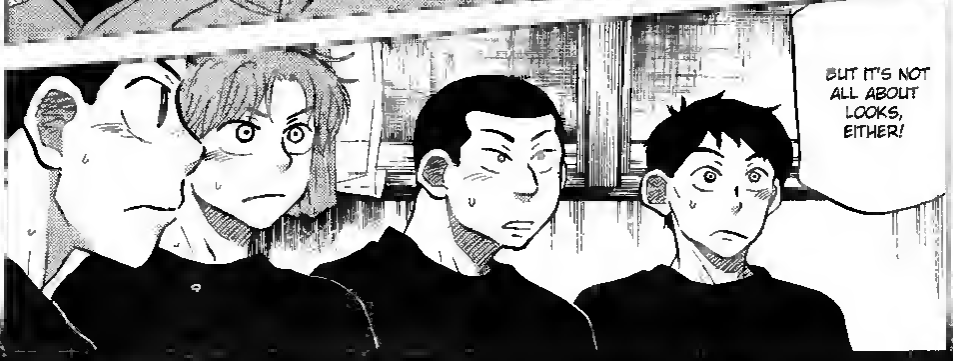
EATING IS FUN.

少年野球のパパさんコーチをしていますが、練習中に我が子が監督に怒られてふてくされていたので、「やる気がないなら帰れ！」と叱（しか）ったら、本当に帰ってしまいました。……指導も子育ても難しいです。

岐阜県・阿津志(39)さ・社会人




BIG GUYS CAN PUT ON A SCARY FACE AND USE THEIR APPEARANCE TO INTIMIDATE YOU!
SEEING THE OPPOSITION ALL TOGETHER, JUST THEIR SHEER MASS CAN OVERWHELM YOU!


BUT IT'S NOT ALL ABOUT LOOKS, EITHER!

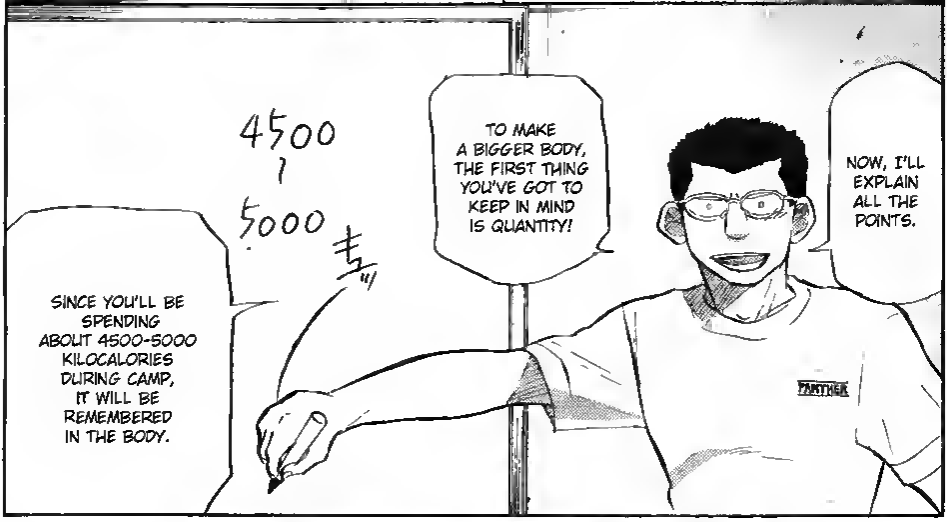
AND WADA'S HITS WERE PRETTY FIERCE TOO.
SAYAMA

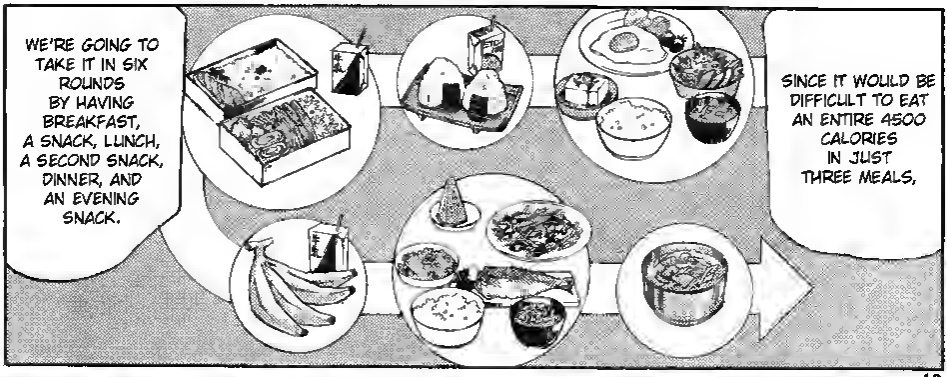
KAWAI'S THROWS

愛すべきおバカ

友人は100円のアイスを30分かけてこねくり回してから食べる。「空気と化学反応を起こしておいしくなる」と言うが……ただの溶けたアイスにしか見えず、おいしそうではない。

東京都・コウソー(29)さ・大学生


4500
1
5000
SINCE YOU'LL BE SPENDING ABOUT 4500-5000 KILOCALORIES DURING CAMP, IT WILL BE REMEMBERED IN THE BODY.
TO MAKE A BIGGER BODY, THE FIRST THING YOU'VE GOT TO KEEP IN MIND IS QUANTITY!
NOW, I'LL EXPLAIN ALL THE POINTS.
PANTHER


WE'RE GOING TO TAKE IT IN SIX ROUNDS BY HAVING BREAKFAST, A SNACK, LUNCH, A SECOND SNACK, DINNER, AND AN EVENING SNACK.
SINCE IT WOULD BE DIFFICULT TO EAT AN ENTIRE 4500 CALORIES IN JUST THREE MEALS,

THAT'S BECAUSE GROWTH HORMONES ARE RELEASED WHEN YOU EXERCISE.
SINCE YOU'RE ONLY EATING JUST AS MAN CALORIES AS YOU BURN, IF YOU MISS THIS WINDOW, YOU WON'T BE ABLE TO ADD TO YOUR GROWTH!

THE FOOD YOU EAT WILL BE BEST UTILIZED TOWARD HELPING YOUR DEVELOPMENT,
IF YOU EAT WITHIN TWO HOURS OF EXERCISING!
NEXT WE'LL TALK ABOUT MEAL TIMING!
Six meals?
We won't get fat!

20

80

私の周りの愛すべきおバカ

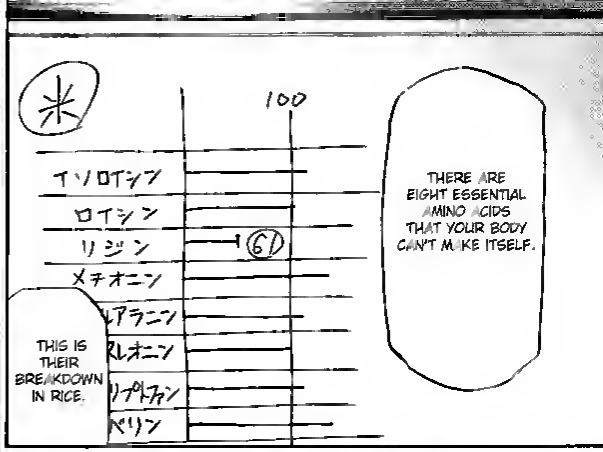
中学のとき。友人が、地名を答える社会のテストでどうしても分からなかったところに「ポンバイエ」と書いて提出したら、返ってきた答案に「イノキ」と小さく書き添えてあったそうです。

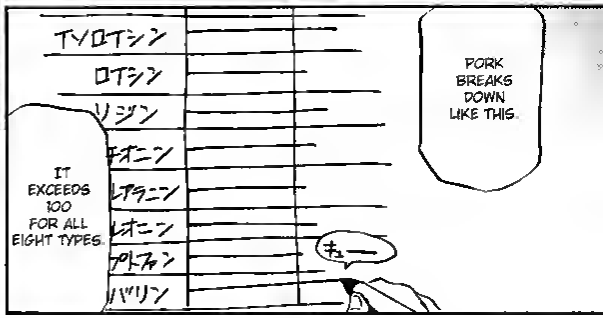
長野県・戸谷哲(20)さん・高校生

SAKAE-GUCHI!
SO THEN WHAT SORT OF THINGS CAN WE FIND PROTEIN IN?
YES SIR!
MEAT
AND
FISH OR EGGS...
AND ALSO PROTEIN SHAKES
NISHI-HIRO?
NOW WHERE CAN WE FIND CARBO-HYDRATES?
IN RICE OR BREAD,
OR, CORN AND STUFF LIKE THAT?
.....
THIS COULD BE BAD
SO GO AHEAD AND EAT PLENTY OF RICE!
EXACTLY. IT'S A STAPLE OF OUR DIET. OF THE 4500 CALORIES YOU'LL BE EATING, HALF SHOULD COME FROM CARBO-HYDRATES.
PLENTY
EAT

WAIT, SENSEI!
UH, IS MAYBE?
LIKE 3?
YOU MEAN THERE'S PROTEIN IN RICE?
AND IT'S GOT AN AMINO ACID SCORE OF 61.
THAT'S RIGHT!
うち
WHOA, THAT HIGH?!
AND EVERYTHING THAT SAKAEGUCHI MENTIONED HAS AN AMINO ACID SCORE OF 100.
THAT'S RIGHT.
うち
NOW, WHAT DO YOU THINK THE AMINO ACID SCORE OF RICE IS?

SINCE LYSINE IS THE LOWEST IN RICE, WITH A SCORE OF 61,
THAT MEANS THE PROTEIN IN RICE ONLY HAS A SCORE OF 61, AND THE REST CAN'T BE USED.
UM, SENSEI?


100
THERE ARE EIGHT ESSENTIAL AMINO ACIDS THAT YOUR BODY CAN'T MAKE ITSELF.
THIS IS THEIR BREAKDOWN IN RICE.
61


PORK BREAKS DOWN LIKE THIS.
IT EXCEEDS 100 FOR ALL EIGHT TYPES.

SINCE ON THAT CHART THE PORK SEEMS TO HAVE A LOT OF EXTRA LYSINE,
IF YOU TAKE THAT PART THAT GOES OVER 100,
WOULD IT MAKE UP FOR THE LYSINE RICE IS SHORT ON IF YOU ATE THEM TOGETHER?
OR IT'S POKING OUT A LOT PAST THE LINE, ANYWAY.

IN REALITY,
IT'S NOT THAT DIFFICULT TO GET AN AMINO ACID SCORE OF 100 USING AN ENTIRE MEAL.

THAT'S VERY GOOD, MIZUTANI.
おお

I CAN'T STAND PICKLES
THERE'S NO WAY I'M EATING BROCCOLI
BUT YOUR MENU FOR CAMP IS TAKING THESE THINGS INTO CONSIDERATION, SO WE'D LIKE TO EAT EVERYTHING, EVEN IF IT'S NOT SOMETHING YOU LIKE
WHAT DO I DO IF THEY GIVE US FISH EGGS
I'M NOT GOOD WITH FRUIT IN GENERAL.

AND PICKLES!
I CAN EAT BROCCOLI!
THOUGH IF YOU EVER DO LEAVE ANYTHING ON YOUR PLATE YOU CAN ALWAYS MAKE IT UP DRINKING THE BAD PROTEIN!
T-THEY
C-COULDN'T
FEED US FISH EGGS
I LOVE FRUIT!

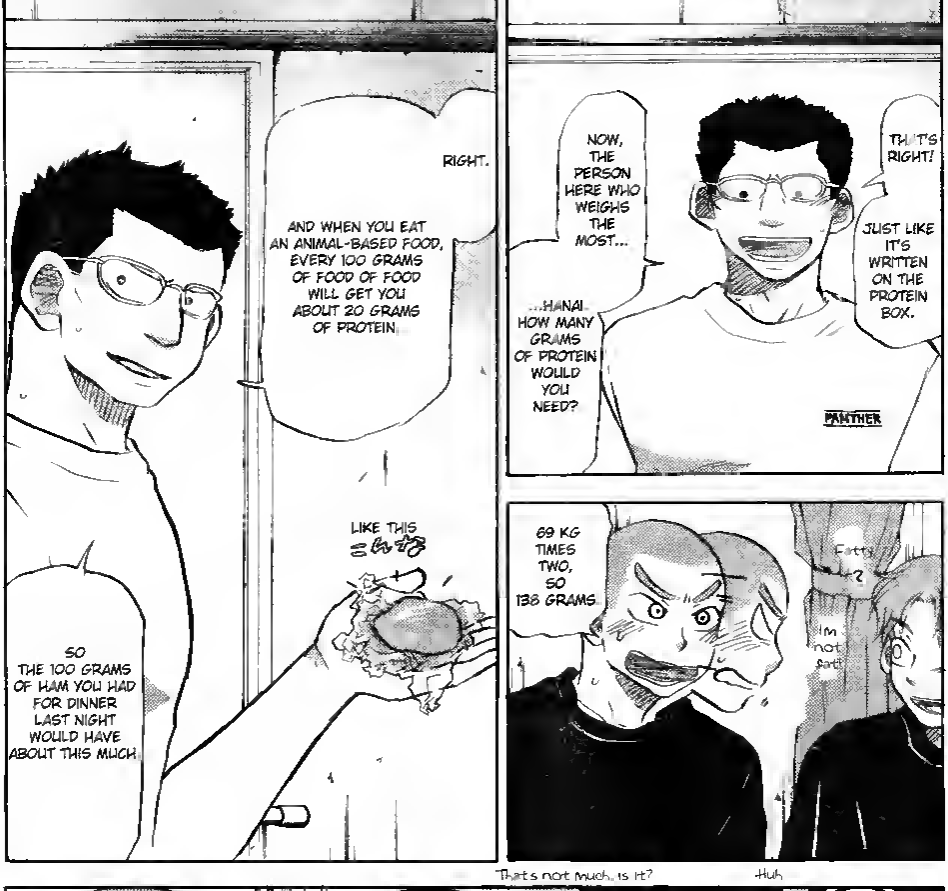
23

DOUBLE YOUR WEIGHT IN GRAMS!
YES, IZUMI!
はい
はい
はい

ANYONE?
SO, HOW MUCH PROTEIN SHOULD YOU EAT EVERY DAY?
PANTHER

小学生のとき、"雑木林"を「ざつもくりーん！」と読んだらクラスで大爆笑。その後の漢字テストでは、クラスの半数以上が「ざつもくりん」と書いてしまい、先生があきれていた。

岩手県・インベルノ㉑さ・社会人



24

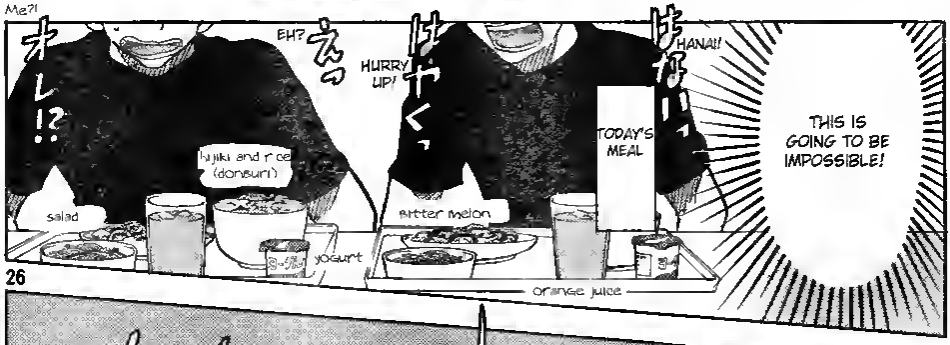
アフタヌーンKC
ヤサシイワタシ(全2巻)
ひぐちアサ
性格に問題アリのお姉さんと挫折したもとテニスボーイ。痛々しいほど赤裸々な青春の恋愛模様。
絶賛発売中!!
定価530円～580円(税込)

25

私、くたびれました。

今春、過労と栄養失調により自宅のトイレで倒れました。意識を保とうと唇を噛みしめつつ大声を上げて母を呼んだら、母は私をトイレから廊下へ運ぶと、そのままトイレに入り何事もなかったかのように用を足していました。せつなかったです。

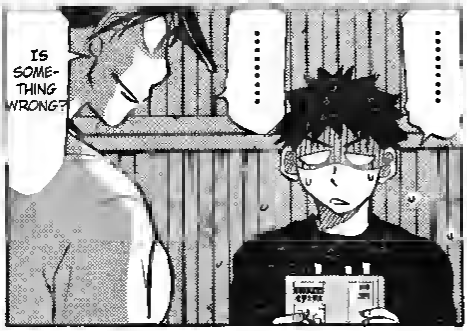
宮城県・めがねっこ19才・大学生

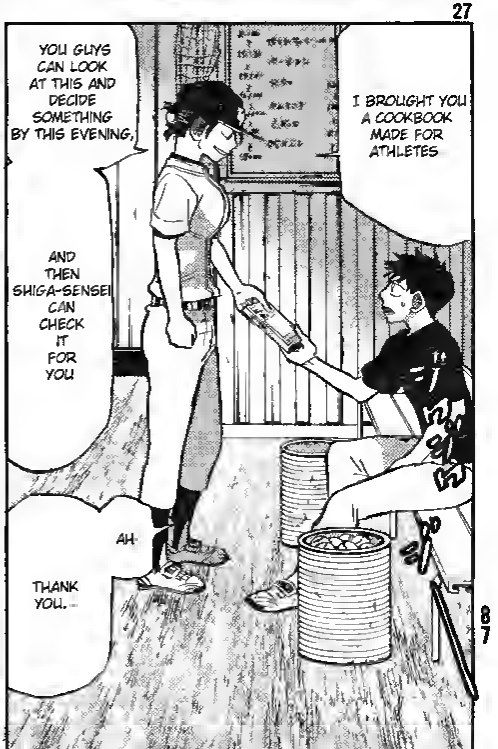


ABE-KUN
THINKING ABOUT FOOD IS MAKING ME HUNGRY...
AND VEGE-TABLES
HOW AM I SUPPOSED TO ADD IN VEGE-TABLES?

FOOD IS FOOD
I DON'T GET ALL THIS VITAMINS AND MINERALS STUFF, SO WE'LL JUST HAVE TO WORRY ABOUT ALL THAT LATER.
SO EGGS AND— WELL AT A HOTEL THEY'D GIVE YOU FISH, BUT
I DON'T THINK I CAN GRILL FISH.

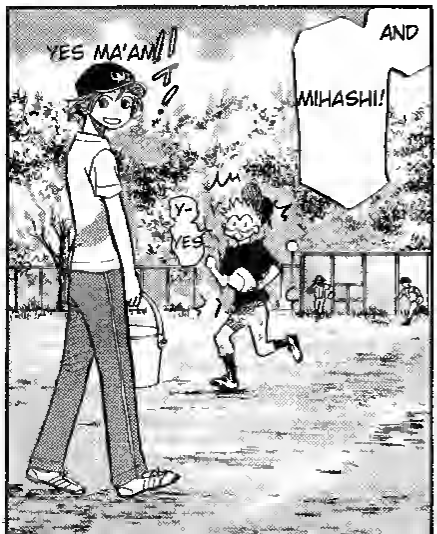
!
YES MA'AM!
YOU DON'T HAVE TO GET UP


.....
.....
IS SOME-THING WRONG?


I BROUGHT YOU A COOKBOOK MADE FOR ATHLETES
YOU GUYS CAN LOOK AT THIS AND DECIDE SOMETHING BY THIS EVENING.
AND THEN SHIGA-SENSEI CAN CHECK IT FOR YOU
AH.
THANK YOU.—

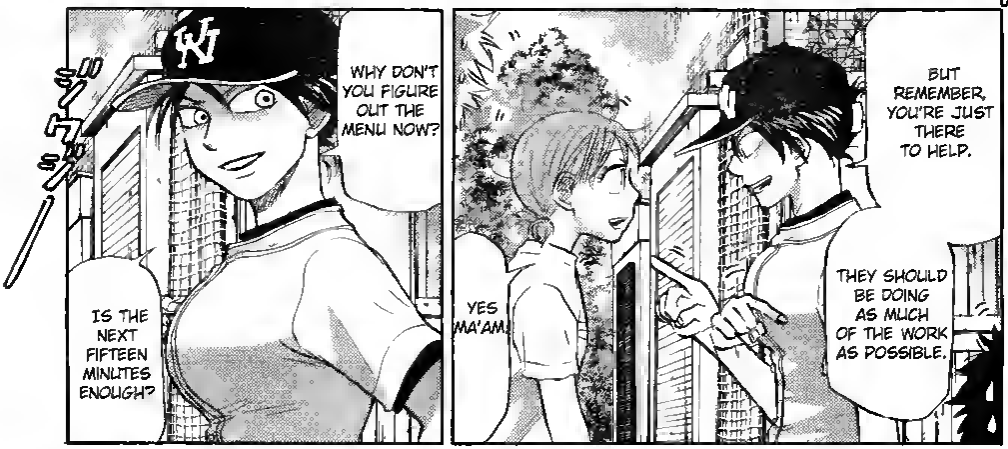
I'M SORRY!
WE CAN'T DO THIS WITH JUST THE TWO OF US!

...I SEE


YES MA'AM!!
AND MIHASHI!
Y-YES!

CHIYO-CHAN!

...SO,
WOULD YOU MIND HELPING THEM OUT FOR THE FIRST FEW DAYS, CHIYO-CHAN?
OF COURSE!
コキ


WHY DON'T YOU FIGURE OUT THE MENU NOW?
IS THE NEXT FIFTEEN MINUTES ENOUGH?
YES MA'AM.
BUT REMEMBER, YOU'RE JUST THERE TO HELP.
THEY SHOULD BE DOING AS MUCH OF THE WORK AS POSSIBLE.

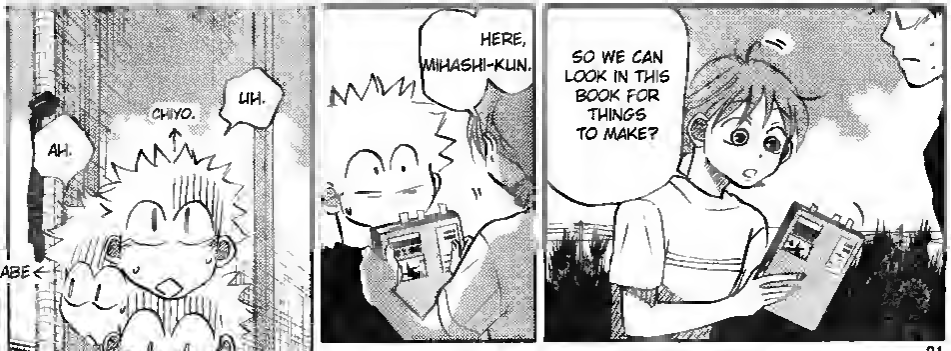
YOU NO WON'T!
GO AHEAD. SHINOOKA AND I CAN FIGURE OUT...
..UM, I WAS GOING TO THE BULL..
UM..

HE CAN HAVE MORE TIME FOR PITCHING PRACTICE AFTERWARD!
ABE AND MIHASHI ARE MAKING THE MENU TOGETHER!
FOR THE STAPLE DO YOU WANT RICE?
Yeah.
OR WOULD YOU RATHER HAVE BREAD?
Bread too
yeah.
WELL, LET'S GET STARTED!
Y-
Y-
YES, MA'AM.
YES MA'AM.

LOOK, YOU..

MIHASHI, YOU'RE SO FUNNY!
HAHAHA!

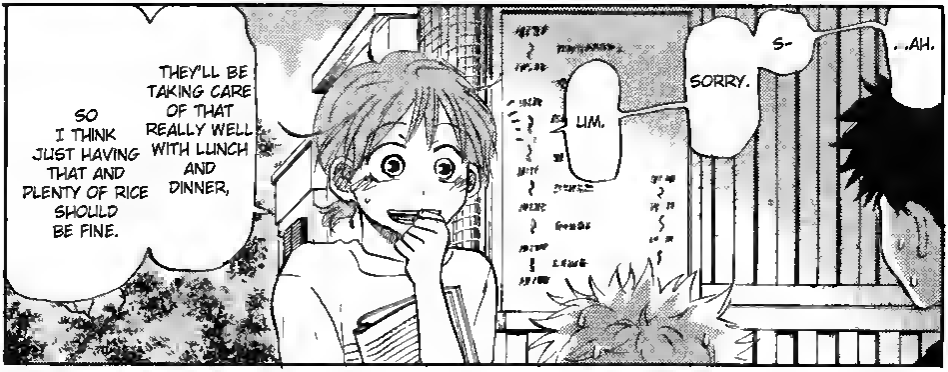
アフターンKC
家族のそれから
ひぐちアサ
新感覚ファミリードラマついに単行本化!!
のほか、反響を巻き起こした「ゆくえどころ」も収録!!
絶賛発売中!!
定価530円(税込)



先日、徹夜明けで電車に乗って、寝坊防止に携帯のアラームをセットしようとした体勢のまま寝てしまいました。隣の県まで(実)。

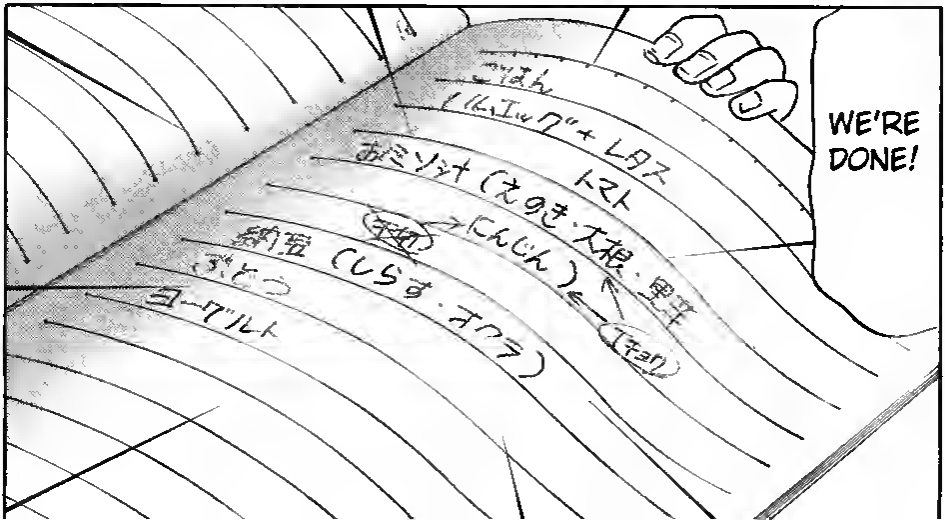
福岡県・もろきゅう(32)さ・社会人

AH.
AHAHAHA!
.....
I DON'T GET ANY OF THAT STUFF ABOUT VITAMINS AND MINERALS AT ALL, THOUGH.
...Y-
YES.
THEN WHY DON'T WE HAVE HAM AND EGGS FOR THE MAIN DISH?
THEN
WE DON'T HAVE TO HAVE NATTO.


..AH.
S-
SORRY.
UM.
SO I THINK JUST HAVING THAT AND PLENTY OF RICE SHOULD BE FINE.
THEY'LL BE TAKING CARE OF THAT REALLY WELL WITH LUNCH AND DINNER,

ALSO, SOUP IS NICE AND WARM, AND THE SMELL HELPS INCREASE APPETITE
AND MAYBE THERE CAN BE SOME FRUIT, TOO.
血糖値も上がるし
WE ALSO BOUGHT SOME YOGURT TO HAVE IN THE MORNINGS
THAT SEEMS LIKE ENOUGH TO ME.

34



教務が続き、自宅の駐車場に着いて、車のドアを開けたとたん片足だけ降りた状態で寝てしまい、危うく事件と間違われ警察を呼ばれるところだった。

和歌山県・闇夜のオベリスク(34)・社会人

W-
WELL I
YEAH GO AHEAD
T-
THANK YOU
SHINOOKA SAN.
NO PROBLEM!
LET'S DO OUR BEST TOMORROW!
ドン

IF HE DIDN'T IT WOULD BE NO GOOD.
YEAH.
MIHASHI-KUN REALLY LOVES TO PRACTICE, DOESN'T HE?

EH?
THAT'S NOT TRUE!
WE'D HAVE NEVER MADE IT WITH JUST ME AND MIHASHI.

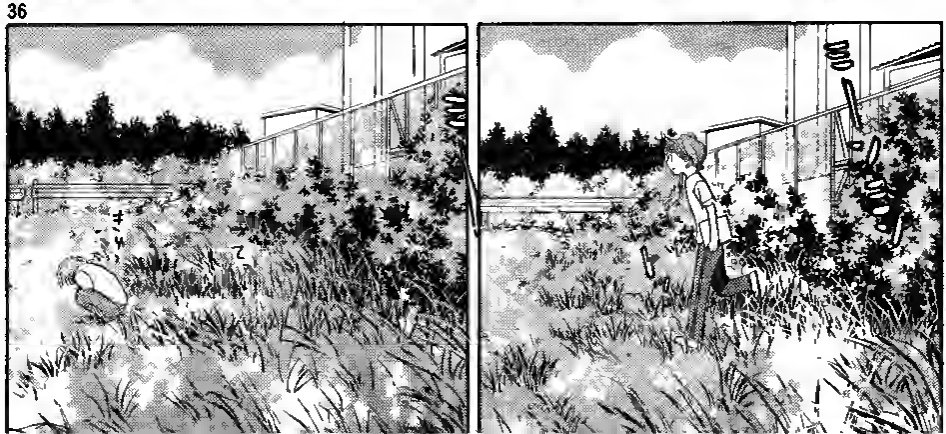
ANYWAY, YOU'RE A LIFESAVER.
...OH?

I THINK IF YOU ADDED SOME FRUIT THAT WOULD BE JUST FINE!
NATTO
RAW EGG
SEAWEED
RICE
SOY SAUCE
WHEN WE TRIED TO DO IT OURSELVES,
YEAH, IT IS.
WAS ALL WE COULD COME UP WITH! IT'D HAVE BEEN TOTALLY DULL!

I'LL CHECK OUR INGREDIENTS AND SEE IF THERE'S ANYTHING WE NEED TO BUY.
THANKS AGAIN!

IT IS A LITTLE LAZY.
WELL.
SERIOUSLY?
MAYBE WE CAN DO THAT ON THE FOURTH DAY.

AL-RIGHT!
WELL, TEACH ME WHAT YOU CAN OF ALL THIS BAKING AND COOKING STUFF FOR THE NEXT THREE DAYS.
YEAH

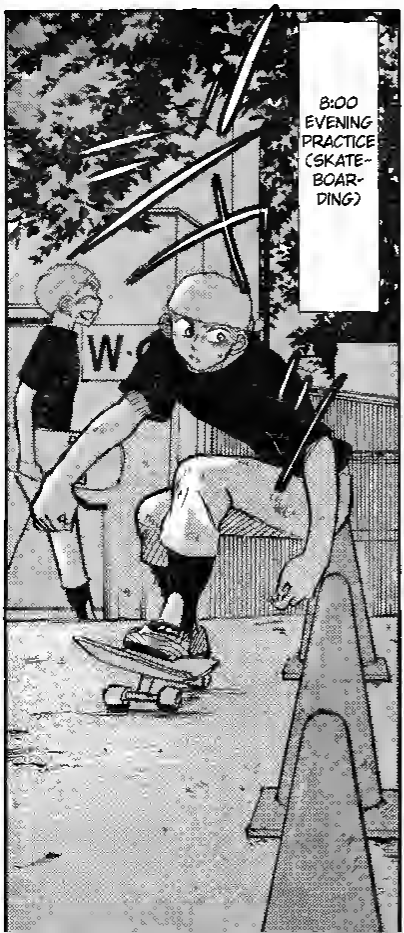


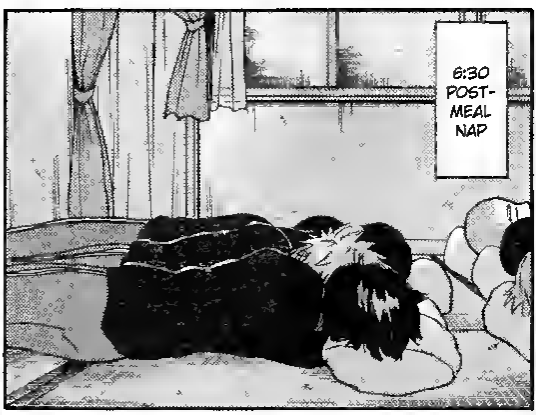
HOW COULD I BE THIS LUCKY?!

I NEED TO BE CAREFUL.
ABE-KUN DOESN'T THINK ANYTHING OF ME AT ALL.
IT'LL BE NO GOOD IF SOMEONE NOTICES AND THINGS GOT WEIRD WITH THE TEAM.

中学のときの担任は保健体育担当だったが、部活の顧問（サッカー部）に力を入れすぎたためか、疲労骨折で全治2ヵ月。その間、授業は座学の保健のみ。得意の運動が披露できずかわいそうだった。

東京都・またたびジャンキー(24)♀・社会人





時代の荒波がドイツの若造2人を激動の世界へ放り込む！
黒田硫黄待望の新作登場！
AFTERNOON アフタヌーンKC
8月22日(金)発売！
あたらしい朝 ❶
黒田硫黄
定価560円(税込)

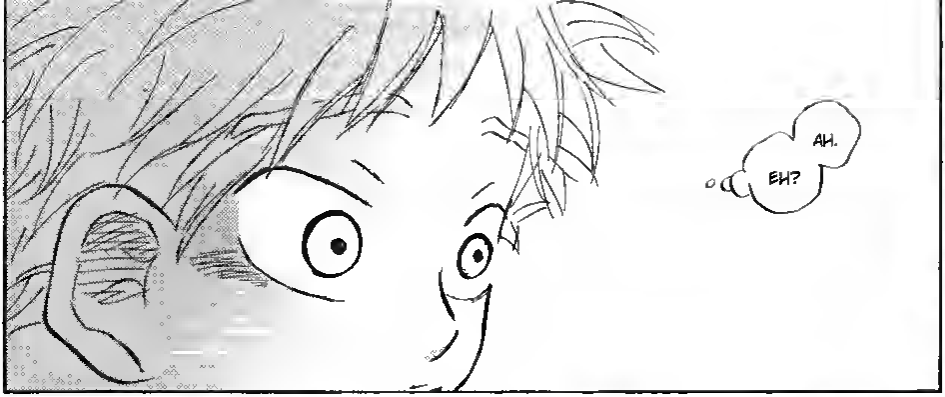
高校時代、陸上部のあこがれの人のタイムに近づこうと、同じ練習メニューにしたところ、1週間目に疲労で靱帯（じんたい）を損傷してしまいました。「厳しい練習に耐えられる肉体を持つ人だけが強くなれるんだなぁ」と実感。

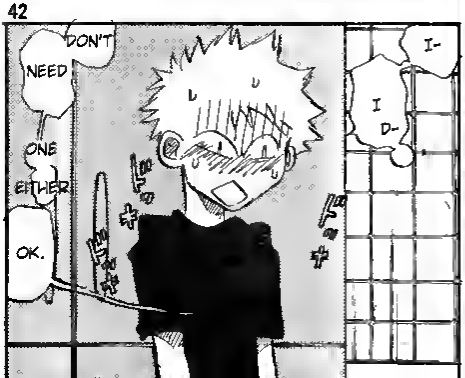
東京都・田中純(24)♀・社会人

作者近況

ひぐちアサ

今の仕事場、イモリヤモリは冬からいたんですが、この頃は、身の丈15センチあるムカデとか、15センチあってさらに足がフサフサに長いやつとか、巨峰みたいな体の蜘蛛とか、出始めました。夏ですねえ……ってことで片付けていいんでしょうかってくらいでかいんですけど～。私は虫は平気な方ですが、さすがに怖いです。犬より先に見つけて、なんとか捕獲して、敷地1本向こうに捨ててます……。さて、高校野球は全国で地方予選が始まりましたねー。今年は記録大会で、埼玉からは2校出場です！

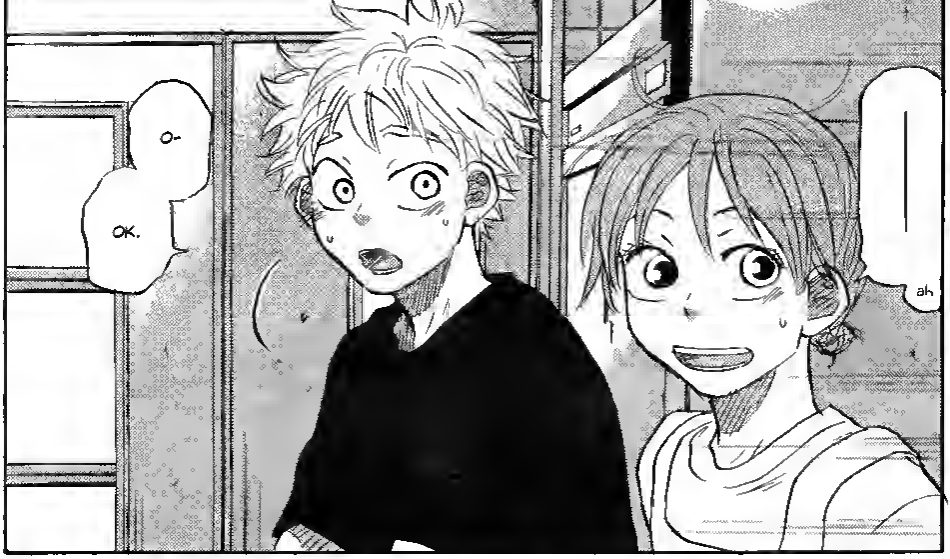




中学のときのバレーボール部ではランニングが日課でした。ランニングの終わりの合図は、顧問の「疲れた。今日はここまで」というセリフ。顧問の体調で距離が決まるのでした。

愛知県・三河屋(31)さ・社会人

Not that I can remember
HAVE EITHER OF YOU EVER WASHED RICE BEFORE?
I GOT THE INGREDIENTS OUT MYSELF TODAY,
BUT TOMORROW THE TWO OF YOU CAN DO IT YOURSELVES, OK?
YEAH.
OK, MIHASHI-KUN THEN!
I have
FIRST YOU SHOULD COO THE RICE.
BUT SINCE IF YOU TRIED THAT WITH TEN CUPS YOU'D BE HERE TILL LUNCH,
NORMALLY YOU'D WASH TILL THE WATER RUNS CLEAR,
JUST RINSE IT AS VIGOROUSLY AS YOU CAN ABOUT THEE TIMES AND THAT SHOULD BE ENOUGH.
GO AHEAD AND PUT IN TEN CUPS
43
OK.
ABE-KUN, WHY DON'T YOU WASH THE VEGETABLES?
THAT'S REALLY GOOD!
DON'T TOUCH THE KNIVES, MIHASHI.



自転車で遠乗りして「さぁ帰ろう」とペダルに力をかけた瞬間、金属疲労なのか、ハンドルと車体を繋ぐ部分がもげました。お
かげで家に帰るのに、行きの7倍くらいの時間がかかりました。

神奈川県・トリッカー(36)さん・社会人

44

HE CAN USE THE KNIFE WITH HIS RIGHT HAND.
THEN THAT HAND WON'T HAVE ANY CHANCE OF GETTING CUT.
BUT IF HE HURTS A FINGER HE WON'T BE ABLE TO PITCH FOR A WHOLE DAY OR MAYBE TWO.
DOING NOTHING BUT WASHING AND SETTING THE TABLE IS A LITTLE...
AND HE SHOULD BE FINE COOKING SO LONG AS HE'S CAREFUL, RIGHT?
IT'S NOT LIKE I'M NOT LETTING HIM DO ANYTHING AT ALL.
THERE'S NO BEING CAREFUL ENOUGH WITH THIS GUY. HE COULD HURT HIMSELF ON NOTEBOOK PAPER.
45
!?
!?
!?
THAT'S GO..
HE'S NOT...
AH.
REALLY ANGRY

46

パソコンを使って脳みそが疲れると、チョコレートかドリンク剤でエネルギー補給をします。おかげでよく血液検査にひっかかります。

鳥取県・定久真也(24)る・社会人

THAT SORT OF STARTED ME.
ほか
ホー
IT ACTUALLY LOOKS EDIBLE!
ちゃんとごはんもんだ
WHOA!
スゲー
AH
ごはんがすすむ
Those carrots in the soup are huge!
Ok!
よい
Looks good!
うまそうだ
Let's eat!
いただきます!
IT TURNED OUT A LOT BETTER THAN I EXPECTED!
NICE WORK, CHIYO-CHAN!
47
...FOR THE START OF OUR OPENING MATCH.
全国高校野球選手権埼玉大会
主催 朝日新聞社、埼玉県高校野球連盟
球
野
公園
107

阿部と因縁をもつ

投手・榛名(はるな)擁(よう)する武蔵野第一は準々決勝進出！

48

おおきく振りかぶって 第59回 おわり

次号、他校試合編！

chapter 60

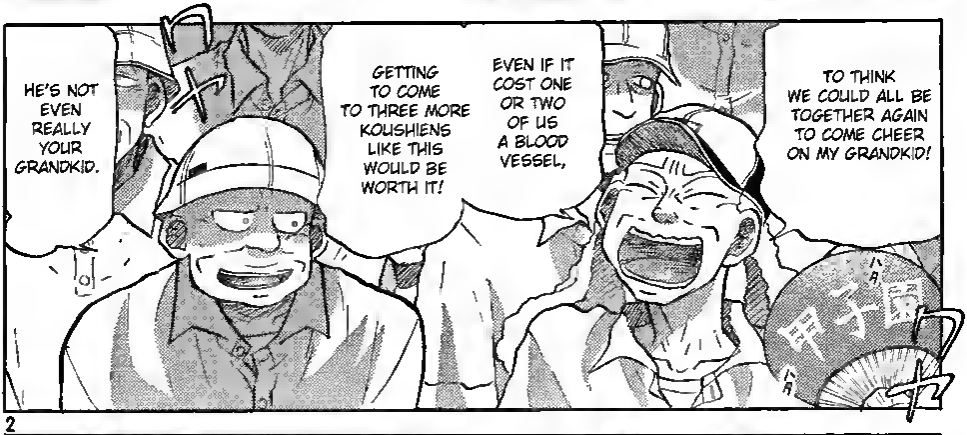
おおきく振りかぶって

Higuchi Asa

gunflair scans
translation by narwhaltorte

1

西浦敗退後も夏大は続く。今日は準々決勝！



2

今までの物語

監督は女性、選手は全員１年生。新設チームの県立西浦高校硬式野球部の、全国高校野球選手権埼玉大会は５回戦で終わった。中学時代にチーム全員に嫌われたため挙動不審の投手・三橋は全試合投げきりエースとして奮闘した。西浦ナインは今後のレベルアップのため目標を「甲子園優勝」として意思統一、次の段階へ進むため合宿を敢行。バッテリーの意志疎通に不安を感じるモモカンは三橋と阿部に宿題を課す！

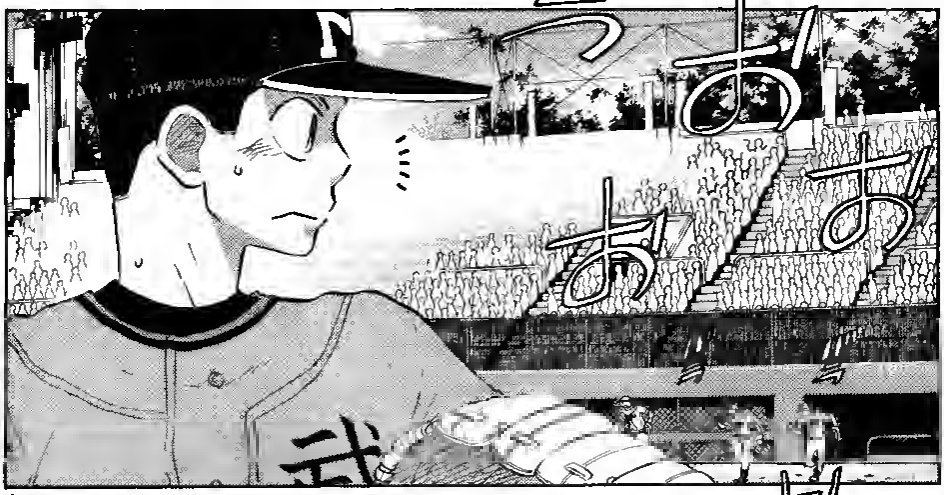
きたぞ！春日部TWINSバッテリー!!

おおきく振りかぶって

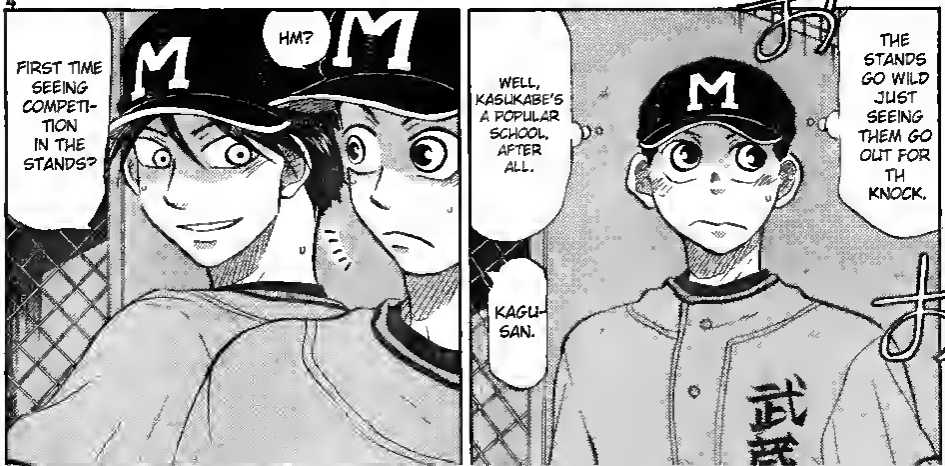
第60回「準々決勝」

ひぐちアサ

YOU WILL HAVE SEVEN MINUTES TO FINISH CIRCULATING THE BALL.
ALRIGHT!
LET'S GO!

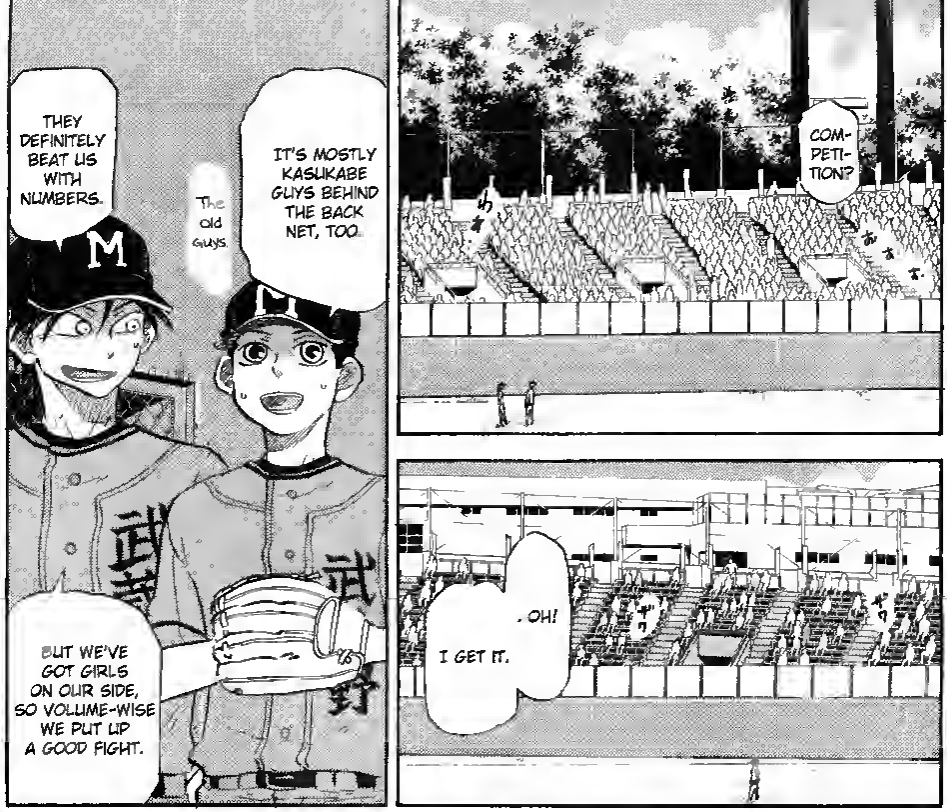


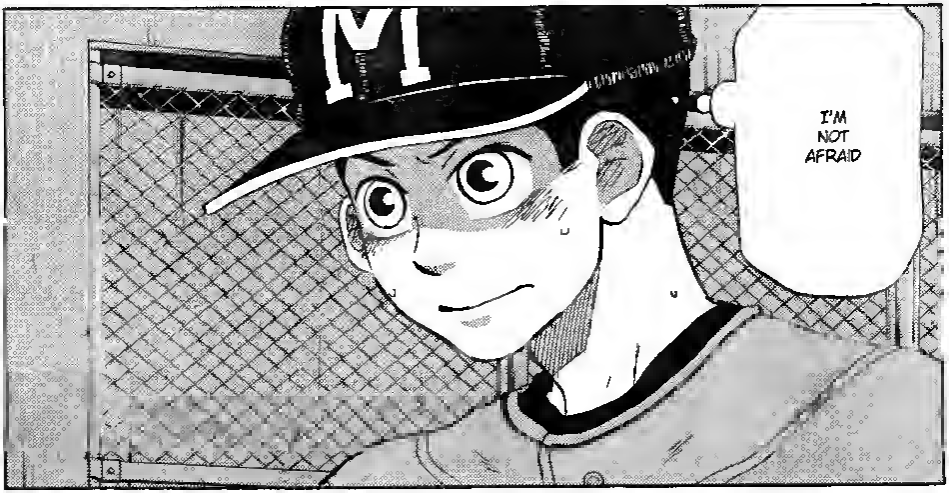
4

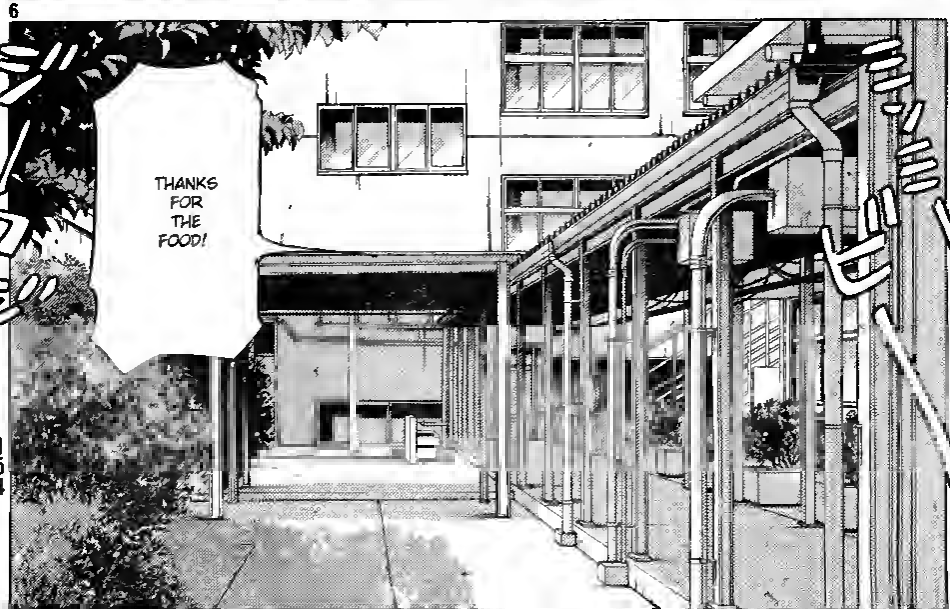

FIRST TIME SEEING COMPETITION IN THE STANDS?
HM?
WELL, KASUKABE'S A POPULAR SCHOOL, AFTER ALL.
KAGU-SAN.
THE STANDS GO WILD JUST SEEING THEM GO OUT FOR TH KNOCK.

作者近況
ひぐちアサ

このあとが出る頃には今この単行本も終わっていますね。書いたのことなのに、よくまあこう、毎年面白いよなあと思います。ところで、パソコンが「起動する度にDドライブを自動チェックするようになって3日目に、なんと、起動ボタンを押しても、うんともすんとも言わなくなりました！　こういうことって、あるイミ怪談とか都市伝説みたいなものだと思ってたんですが、本当にあるんで（次頁へ続く）





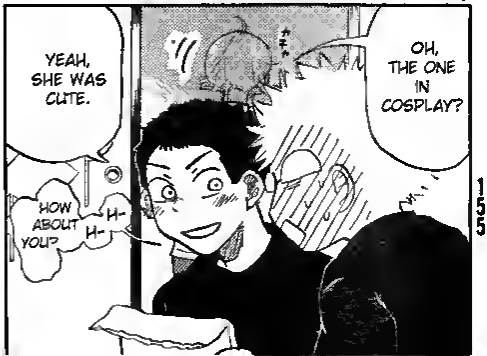


作者近況

ひぐちアサ

(前からの続き)すねェ……。しかしその数日前に、生まれてはじめてバンクアップというものをとってみていたので、大量の資料は無事でした— あぶね— バンクアップを取れと言いつづけてくれた周り中の人に感謝です! それから…赤信さん、おつかれさまでした……!

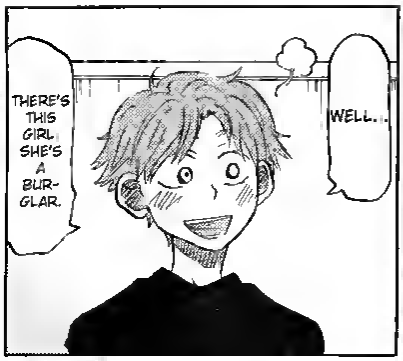
アフタヌーンKC
おおきく振りかぶって 7〜10
ひぐちアサ
勝つために、暗くて臭気なエースのために。行け、オレら！
読むとためになり、血湧き肉躍り涙する本格高校野球漫画！
絶賛発売中!!
定価
各540円
（税込）

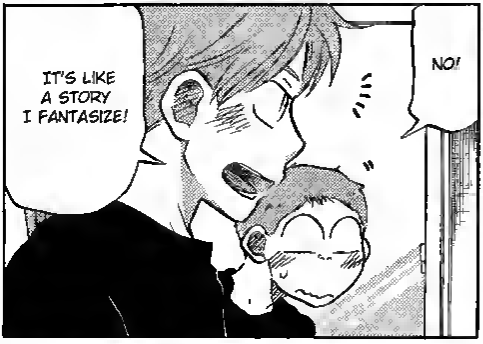


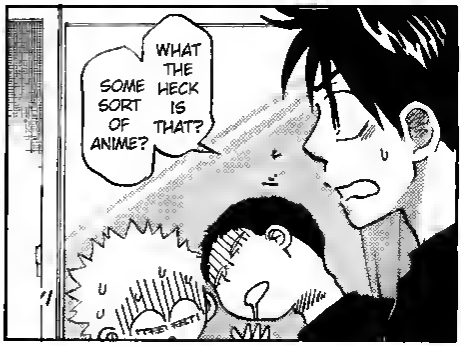
8

職場に高校生のバイトがいるのですが、将来の話をすると、みんな「女子供を養うのは嫌だ」と言うんでビックリしました。

東京都・三宮勉(30)さ・社会人







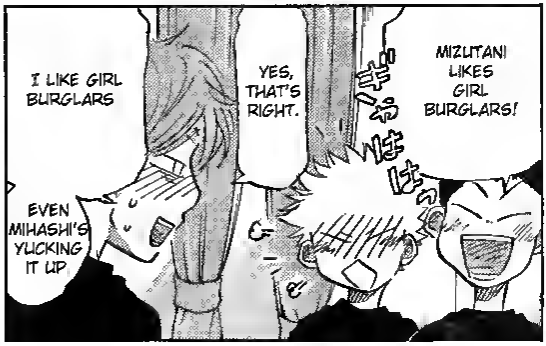
9

アフタヌーンKC
ヤサシイワタシ(全2巻)
ひぐちアサ
性格に問題アリのお姉さんと挫折したもとテニスボーイ。痛々しいほど赤裸々な青春の恋愛模様。
絶賛発売中!!
定価530円～580円(税込)

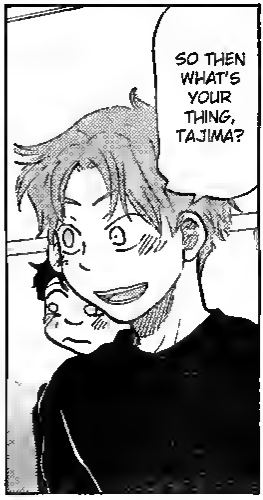
I-
IT IS?!
YOURS IS WAY FUNNIER THAN MINE!
ケラ!!!

10

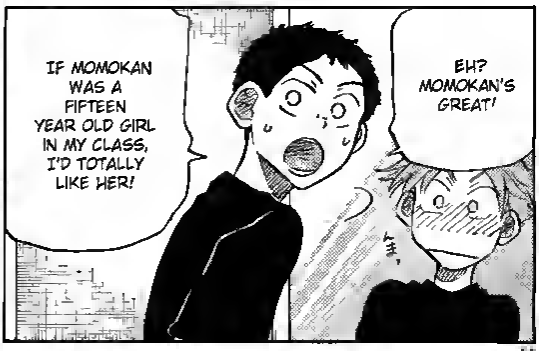
YOU'RE ONLY INTO THE WAY THEY WEAR THEIR HAIR?
WELL MOMOKAN AND SHINOOKA HAVE THEIR HAIR LIKE THAT!
WELL...
I THINK IT'S CUTE WHEN THEY PLAY WITH THEIR HAIR AND STUFF

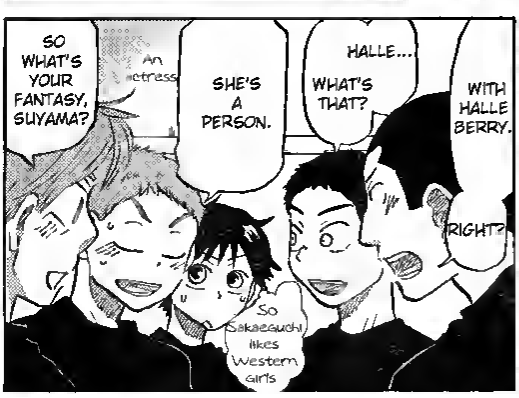

I LIKE GIRL BURGLARS
YES, THAT'S RIGHT.
MIZUTANI LIKES GIRL BURGLARS!
EVEN MIHASHI'S YUCKING IT UP

I LIKE GIRLS WITH SHORT HAIR.
OR THE ONES THAT WEAR IT TIED UP.
Like around here
YEAH


SO THEN WHAT'S YOUR THING, TAJIMA?

アフタヌーンKC
家族のそれから
ひぐちアサ
新感覚ファミリードラマついに単行本化!! 表題作のほか、反響を巻き起こした「ゆくとしころ」も収録!!
絶賛発売中!!
定価530円(税込)





12

160

笑撃！カルチャーショック体験

今住んでいるところでは、夏が近づくと、駅に風鈴が下がり、風鈴には願いごとの短冊（たんざく）が付いている。

岩手県・田中佐平（22）さん・大学生

HAREMS FOR ME!
A HAREM IS EVERY GUY'S DREAM COME TRUE!
YOU, ABE?
WELL, NICE SKIN IS GOOD,
IF SHE TAKES CARE OF THAT THEN SHE'S PROBABLY TAKING CARE OF OTHER THINGS TOO.
AND A LIGHT COMPLEXION,
TOO.
SKIN?! THAT'S IT?!
BUT I DON'T GET THIS OBSESSION YOU ALL HAVE WITH FANTASIES!

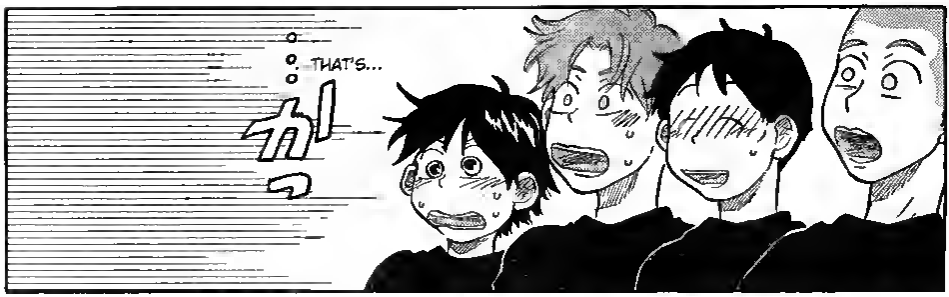
EH?!
EXACTLY!
YEAH.
IF YOU NEED MATERIAL, WHY GET SO ELABORATE? JUST USE WHATEVER COMES UP!

TOTALLY
GROSS!

IT'S NOT?
YOU'RE GETTING OFF TO THESE KINKY STORIES YOU'VE MADE UP ABOUT YOURSELF.
IT'S NOT THE SAME THING!

そいつぁ大きい!!!
友人が、ちょっと本気の草野球チームのエースで4番です。そんな彼は、ドラフトの時期、妙にせわしなくなります……。夢は滋賀県・ターボー(20)さ・社会人
でっかいほうがいいぞー。
YOU'RE ALL JUST PERVERTS!
YOU TWO JUST DON'T HAVE ANY IMAGINATION!
NO WAY!
SO DOES MY IDEA ACTUALLY COME FROM SOMEWHERE SPECIFIC?
WAIT.
HUH?
PUT IT THAT WAY AND IT DOES SOUND CREEPY.
I DO HAVE THAT OTHER ONE IN THE HIGH RISE HOTEL DOING IT WITH THE GIRL AGAINST THE WINDOW...
I THINK IT'S JUST LIKE DAYDREAMING WITH AN EROTIC SIDE TO IT.
REALLY?
WHAT?!
IF YOU ONLY LAST A FEW MINUTES YOU'RE NOT GOING TO HAVE TIME FOR ANYTHING TOO INVOLVED!
WELL MAYBE THEY'RE JUST REALLY PRACTICAL!
14
We sure are getting specific here. This is
...HEY.
Oh, man.
Er
WELL HOW LONG DO YOU LAST?!
3 MINUTES?

I'D HOLD HER HAND, RIGHT?
HUH?
WELL, FOR STARTERS...
SO IF YOU GOT A REAL GIRLFRIEND, THEN WHAT WOULD YOU DO WITH HER?
YEAH!
それが女神の第一歩だ！
That's the first step of fantasizing!

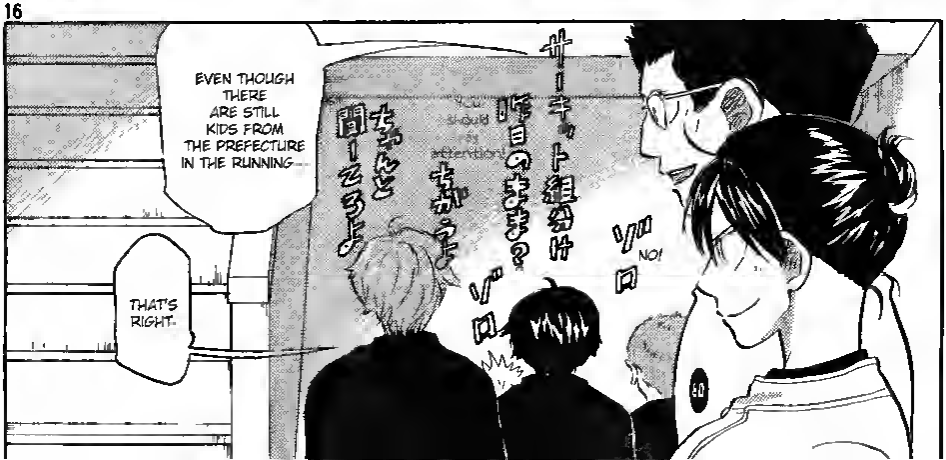

THAT'S...
か

WHAT AM I SUPPOSED TO DO, JUST JUMP THE GIRL?!
WHAT?! THAT'S WHAT'S NORMAL!
か
So~ cute~

NOW IT'S TIME TO GET ON THE FIELD!
ALRIGHT, YOU CAN FINISH UP YOUR TALK TONIGHT!
YES SIR!

EVERYONE SURE THINKS DIRTY, HUH?
AH.
EH.
YEAH, IT'S NORMAL
What the heck?!
No, no that could work!
NEXT TIME I'LL BRING YOU "NAUGHTY NURSES." OK?
Just hold her hand on the way back to your place!
AH
AH MM

SHOULD WE SPLIT INTO OUR CIRCUIT GROUPS LIKE YESTERDAY?
HURRY UP.
Hey

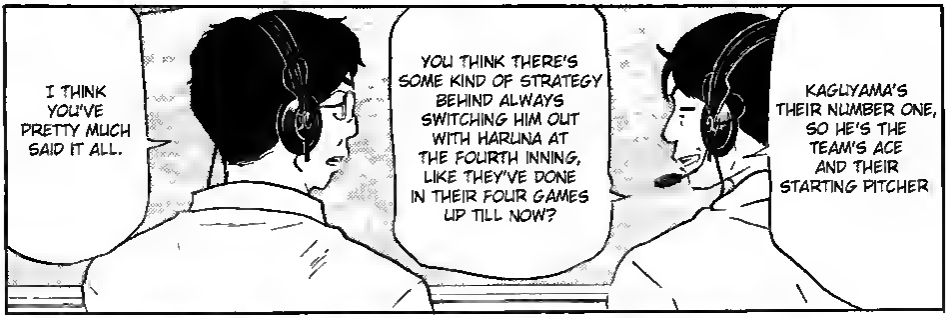

EVEN THOUGH THERE ARE STILL KIDS FROM THE PREFECTURE IN THE RUNNING...
THAT'S RIGHT.
NO!

SPORTS ARE FUN.
AND WHEN YOU CAN BE COMFORTABLE AROUND YOUR TEAMMATES, IT'S EVEN MORE FUN.
WITH COMPANY LIKE THAT, YOU CAN MAKE IT THROUGH EVEN WHEN PRACTICE GETS TOUGH!
STILL,
I'M GLAD THEY'VE GOTTEN CLOSE ENOUGH TO TALK ABOUT SEX TOGETHER.
AND EVERYONE PARTICIPATED!

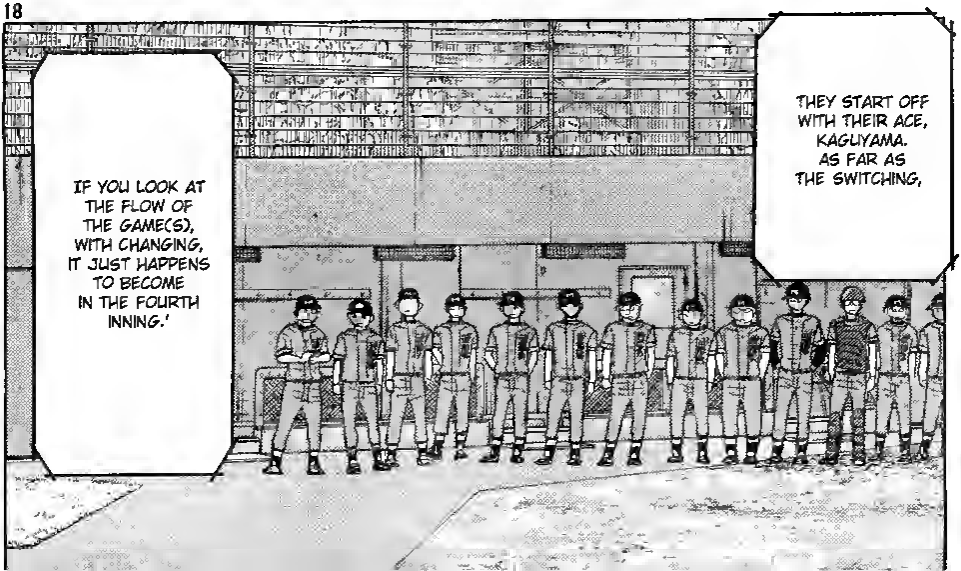
NOW WHAT THESE KIDS NEED...
IS INTERNAL MOTIVATION TO PUT SOME REAL FIGHT INTO THEM
JUST A "GOAL" ISN'T ENOUGH!
IF WE'RE GOING TO MAKE IT ALL THE WAY THERE, WE'RE GOING TO HAVE TO CRAVE IT.
BEFORE WE BEGIN,
LET'S INTRODUCE YOU TO THE STARTING LINEUP OF BOTH OF OUR TEAMS.

THEIR STARTING PITCHER TODAY WILL BE THIRD YEAR KAGUYAMA NAOTO.
THOUGH IF THEY CONTINUE THE PATTERN THEY'VE KEPT UP TILL NOW, WE CAN EXPECT TO SEE HIM RELIEVED BY CURRENT RIGHT FIELDER HARUNA AT THE START OF THE FOURTH INNING.

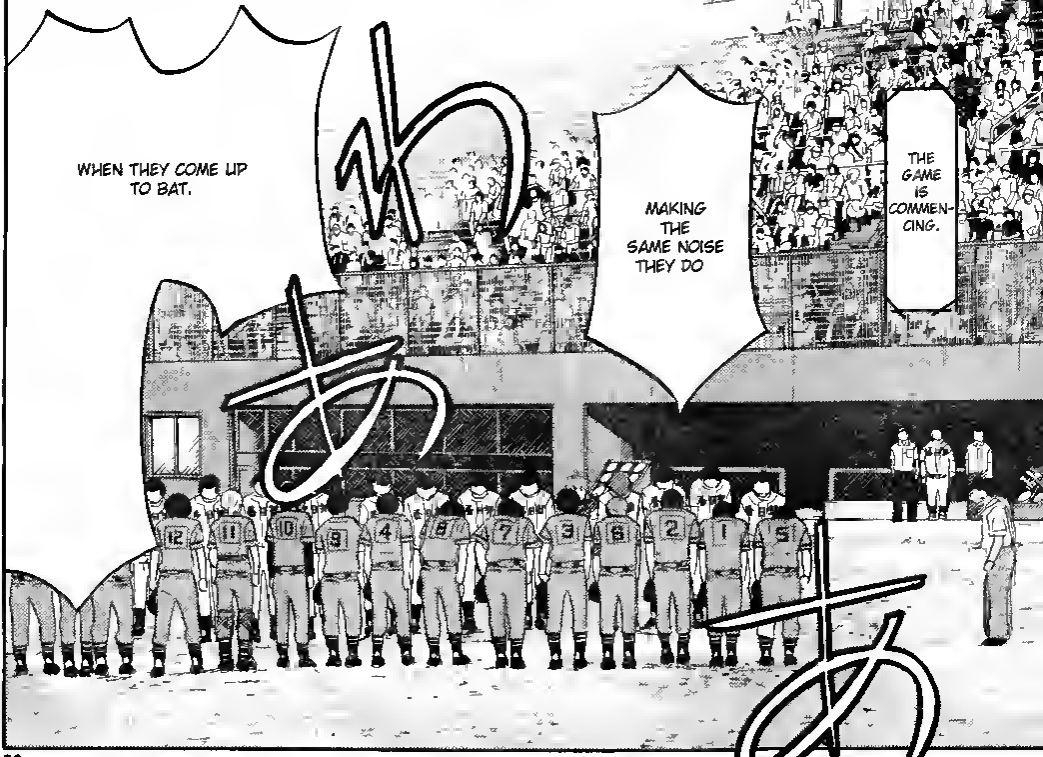
OUR FIRST GAME WILL BE STARTING SHORTLY.
NOW MUSASHINO DAI ICHI WILL BE BATTING FIRST.


I THINK YOU'VE PRETTY MUCH SAID IT ALL.
YOU THINK THERE'S SOME KIND OF STRATEGY BEHIND ALWAYS SWITCHING HIM OUT WITH HARUNA AT THE FOURTH INNING, LIKE THEY'VE DONE IN THEIR FOUR GAMES UP TILL NOW?
KAGUYAMA'S THEIR NUMBER ONE, SO HE'S THE TEAM'S ACE AND THEIR STARTING PITCHER

18

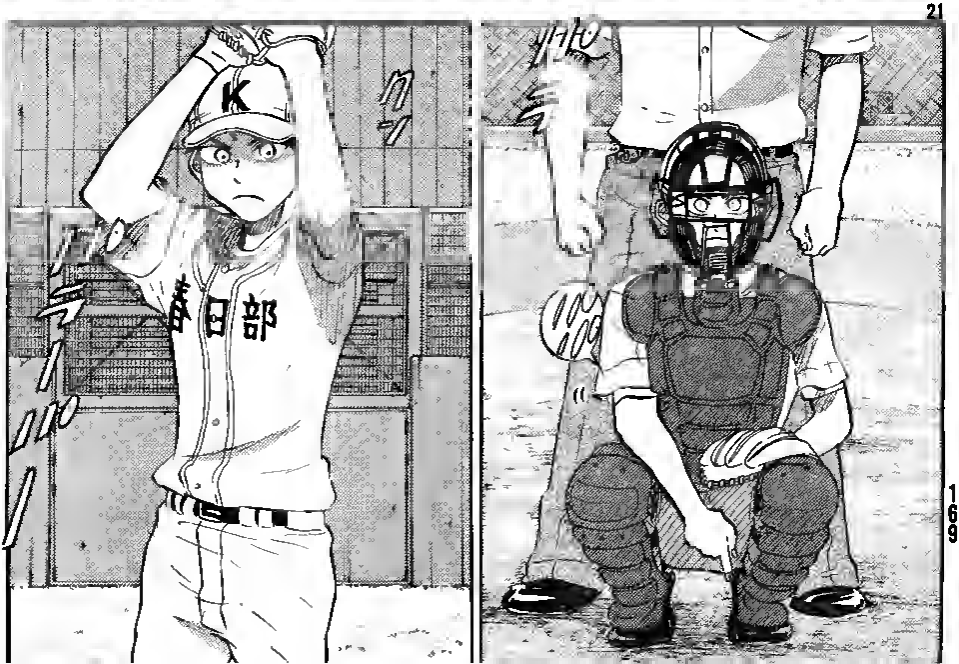

IF YOU LOOK AT THE FLOW OF THE GAME(S), WITH CHANGING, IT JUST HAPPENS TO BECOME IN THE FOURTH INNING.'
THEY START OFF WITH THEIR ACE, KAGUYAMA. AS FAR AS THE SWITCHING,

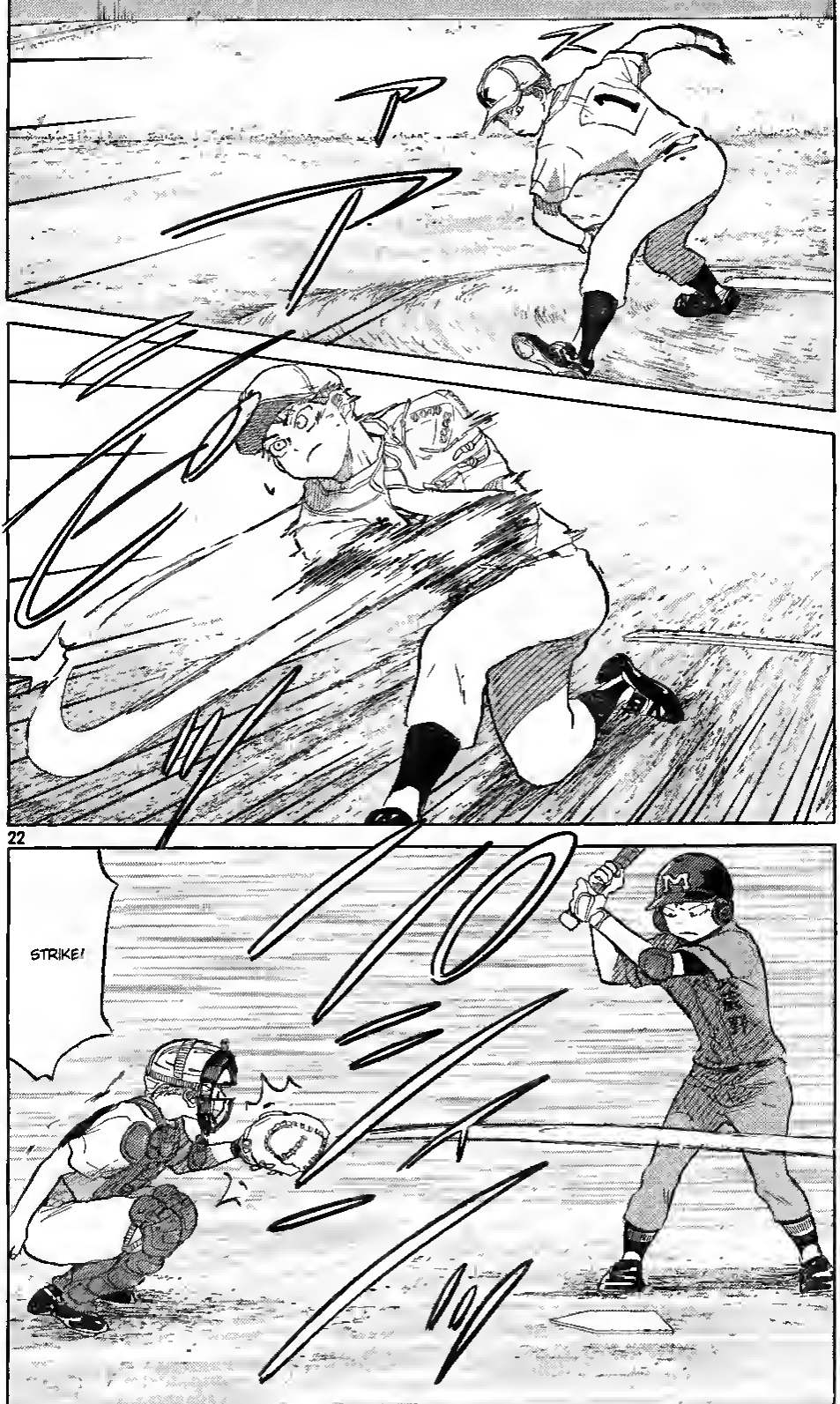
THAT MEANS IN THE SECOND HALF OF THIS MATCH,
WE'RE GOING TO SEE OURSELVES A SHOWDOWN BETWEEN SOUTHPAW HARUNA...
I SEE. SO IT'S JUST INCIDENTALLY ALWAYS THE 4TH INNING.
THAT'S HOW I SEE IT.
STILL, WE CAN BE PRETTY SURE TO SEE THAT RELIEF PITCHER ON THE MOUND TODAY.
AND ANOTHER NOTABLE PLAYER IN THIS TOURNAMENT, KASUKABE MUNICIPAL'S SLUGGER, TAKAHASHI.
THERE'S SURE TO BE A LOT OF HIGH SCHOOL BASEBALL FANS LOOKING FORWARD TO THAT ONE.
I THINK YOU'RE RIGHT.



PLEASE...
LET EVERYONE GIVE OUT EVERYTHING THEY'VE GOT.
THAT WAY...
ドン
SOMEHOW, WE'LL MANAGE TO WIN!
FUKU-CHAN
福ちゃん
ドドド

21





そいつぁ大きい!!!

娘の通う小学校では、授業の一環で米作りをやっています。少し前に、収穫量新記録の記念に、モチつき用の石臼（うす）をいただきました。が、大きいわ重いわで動かせず、一度も使っていません。

福島県・K兄(30)↑・社会人

K
春日部
K
春日部

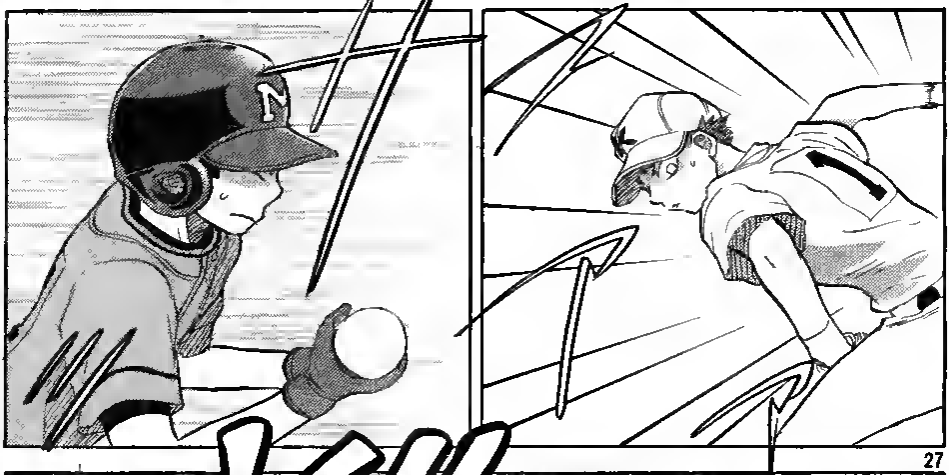
23

THEY REALLY DON'T GIVE ANY SIGNS.
STRIKE!
THERE'S NO WAIT AT ALL!

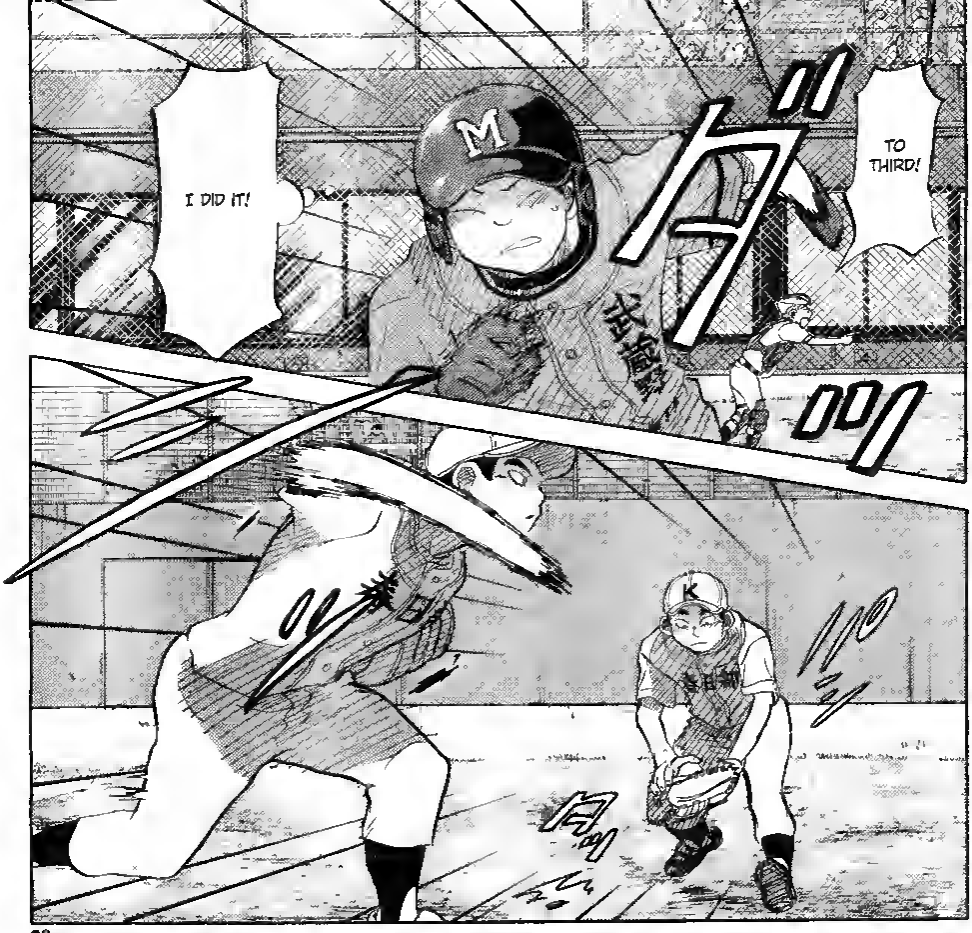
時代の荒波がドイツの若き2人を激動の世界へ放り込む！
黒田硫黄待望の新作登場！
AFTER NOON
アフターヌーンKC
最新刊
あたらしい朝 ①
黒田硫黄
絶賛発売中!!
定価
560円
（税込）

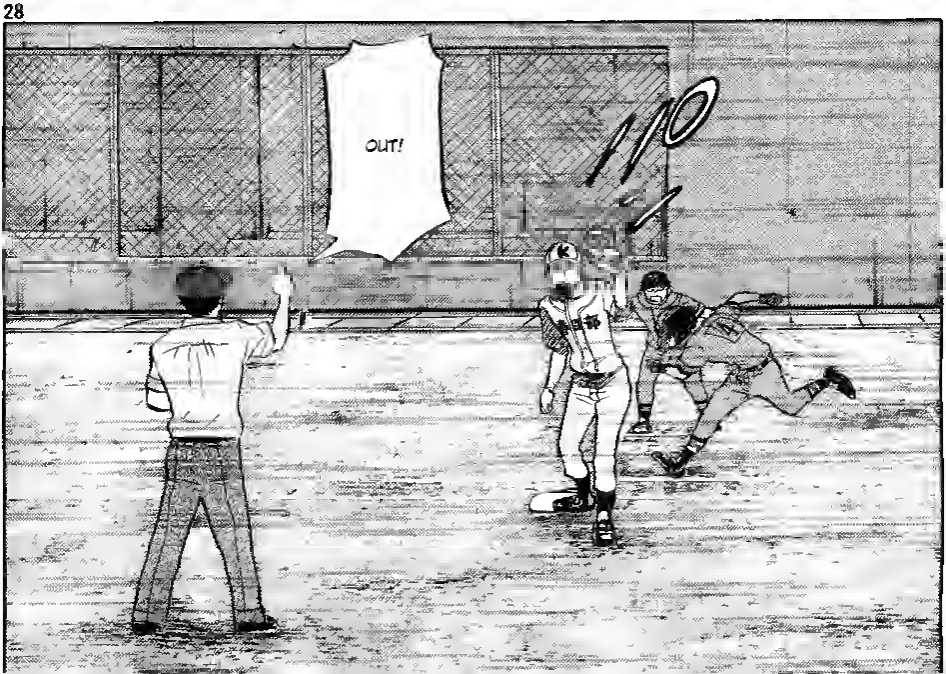
IT'S SO LOUD
HOW ABOUT IT, FUKU-CHAN?
Yesterday's fake Suzuki (Ooi)-san →
OH? NO LUCK, HUH?
WELL HE'S NOTHING LIKE THE FAKE SUZUKI COOD.
SERIOUS-LY?!
IT LOOKED HITTABLE TO ME!
BUT,
SPEED AND OURSE WISE,
26
174

WONDER IF I CAN MAKE CONTACT...
打てるか
アキオ！
アキオ！
せんぱ～い！

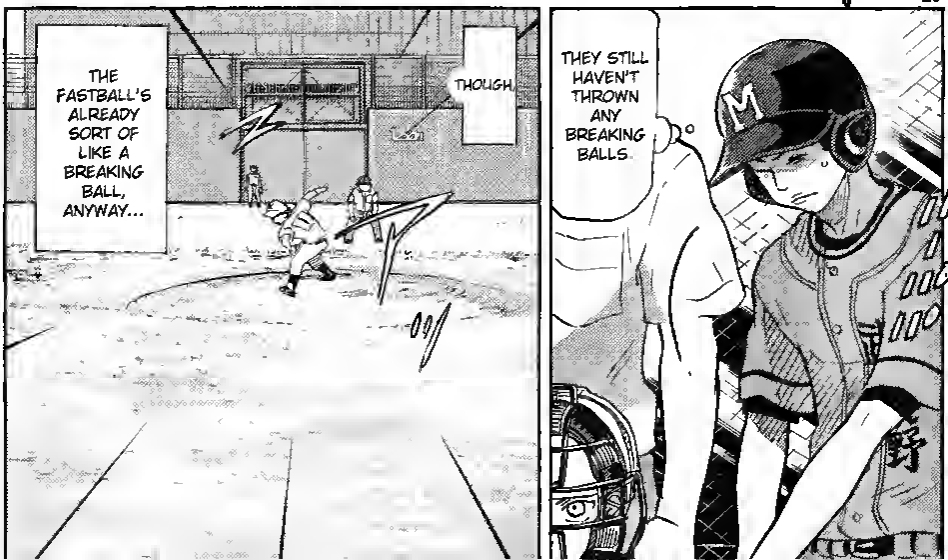


とれる


I DID IT!
TO THIRD!
ダッ
28


OUT!

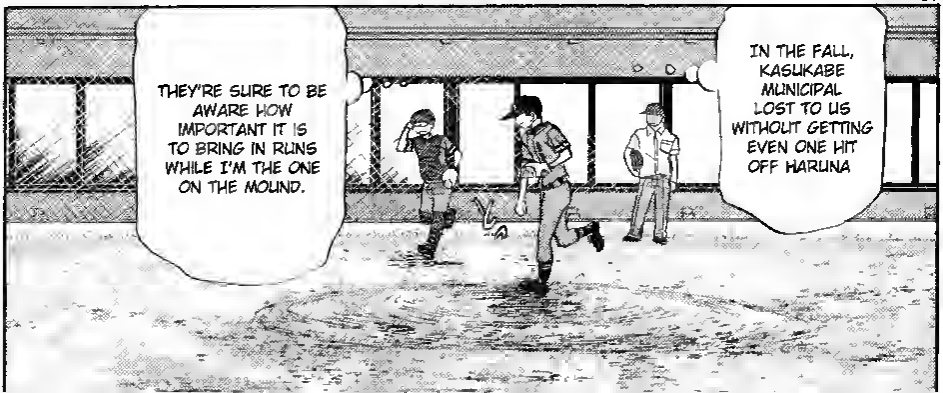
おーい
おーい
TWO OUTS!
どばっ
BATTING THIRD, CATCHER, MACHIDA-KUN.
29


THE FASTBALL'S ALREADY SORT OF LIKE A BREAKING BALL, ANYWAY...
THOUGH.
THEY STILL HAVEN'T THROWN ANY BREAKING BALLS.
177

おおおお

WELL!
HE DID MAKE GOOD CONTACT!
武蔵野
..YEAH.
YEAH, HE DID!
ANY-WAY,
WE'LL BE DEPENDING ON YOU UP THROUGH THE THIRD INNING, KAGUYAN!
YEAH!

RELIEVING THE PITCHER AFTER THE THIRD INNING IS ACTUALLY PRETTY WEIRD,
BUT I GUESS HE AND EVERYONE ELSE ARE ALL FINE WITH IT.
Not that I'd say anything.

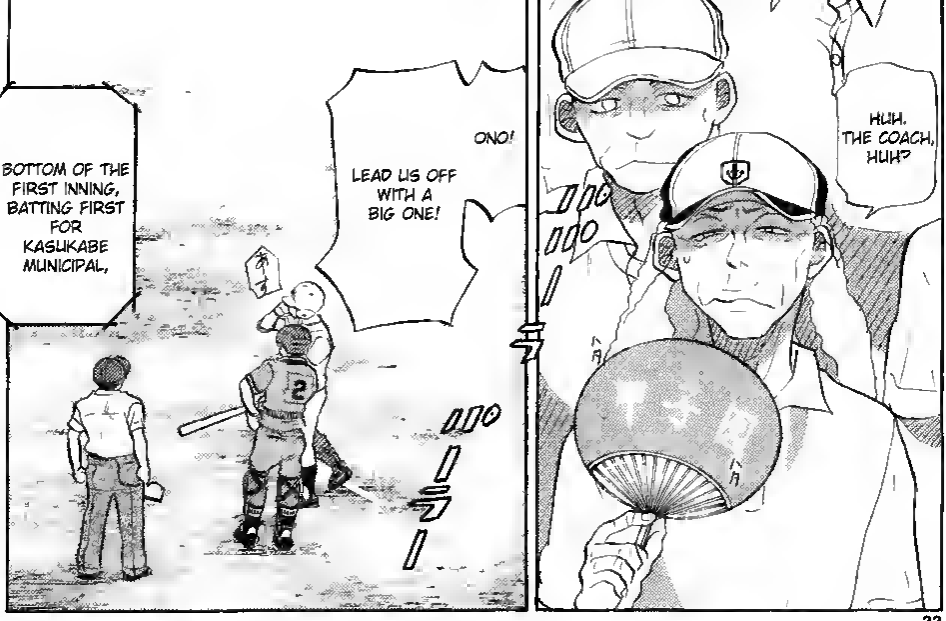

IN THE FALL, KASUKABE MUNICIPAL LOST TO US WITHOUT GETTING EVEN ONE HIT OFF HARUNA
THEY'RE SURE TO BE AWARE HOW IMPORTANT IT IS TO BRING IN RUNS WHILE I'M THE ONE ON THE MOUND.

32

そいつぁ大きい!!!

学生時代、文化祭で校庭に大きな迷路を作ることに。頭の中では、立体的な迷路を思い描いていたが、実際は地面に線を引くだけで精一杯。面積は広大だったが、足を踏み入れずとも先が見えるので、誰も入らず。単なる地上絵と化していた。

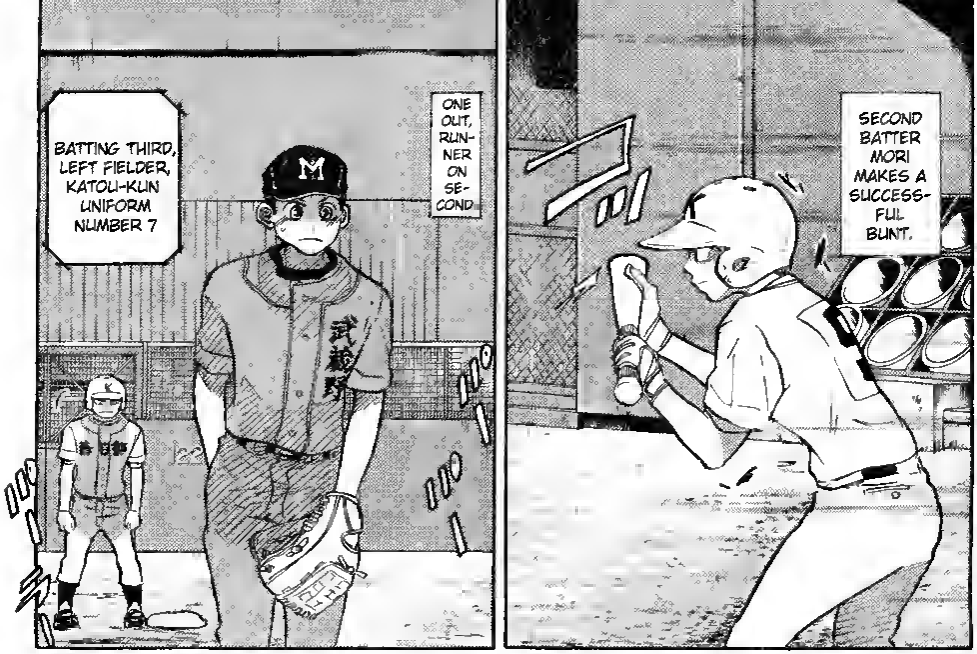
東京都・バグダンス㉝↑・無職


BOTTOM OF THE FIRST INNING, BATTING FIRST FOR KASUKABE MUNICIPAL,
ONO!
LEAD US OFF WITH A BIG ONE!
HUH. THE COACH, HUH?

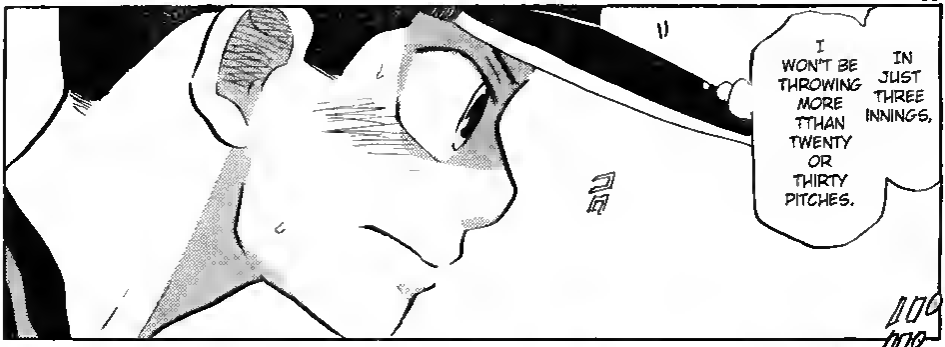
33

PLAY!
SO LONG AS IT MEANS THIS GUY IS THE PITCHER FOR THE FIRST THREE INNINGS,
I COULDN'T CARE LESS WHAT HARUNA'S REASONS ARE.
THIRD BASEMAN, ONO-KUN
THAT JUST PUTS THINGS EVEN MORE IN OUR FAVOR!

THEY AREN'T GOING TO GET AWAY!
WHOA.

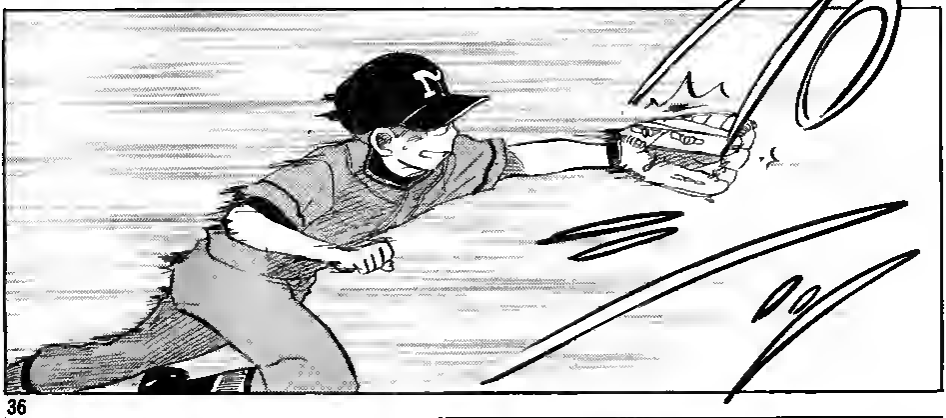

BATTING THIRD, LEFT FIELDER, KATOU-KUN UNIFORM NUMBER 7
ONE OUT, RUNNER ON SECOND
SECOND BATTER MORI MAKES A SUCCESSFUL BUNT.

35

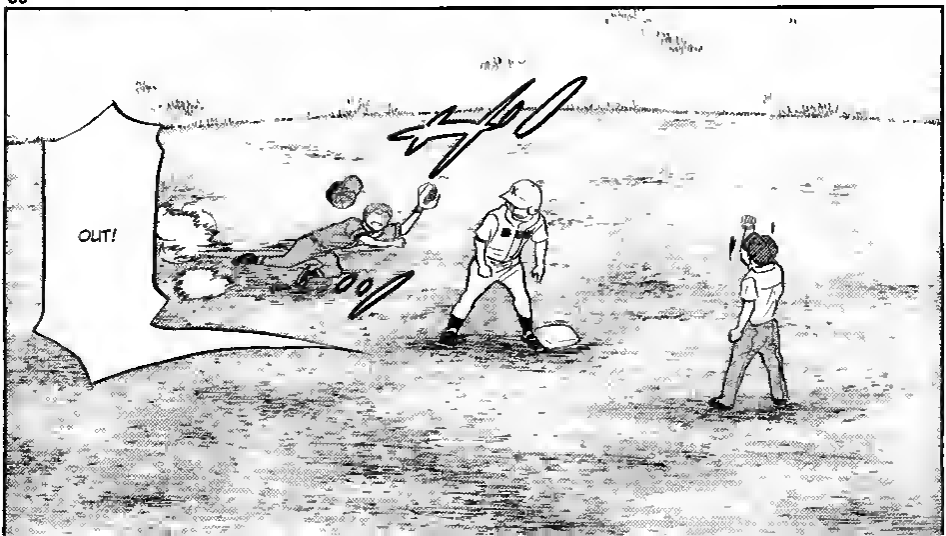

I WON'T BE THROWING MORE THAN TWENTY OR THIRTY PITCHES.
IN JUST THREE INNINGS,

A SINGLE CARELESS PITCH!
I WON'T THROW.

183



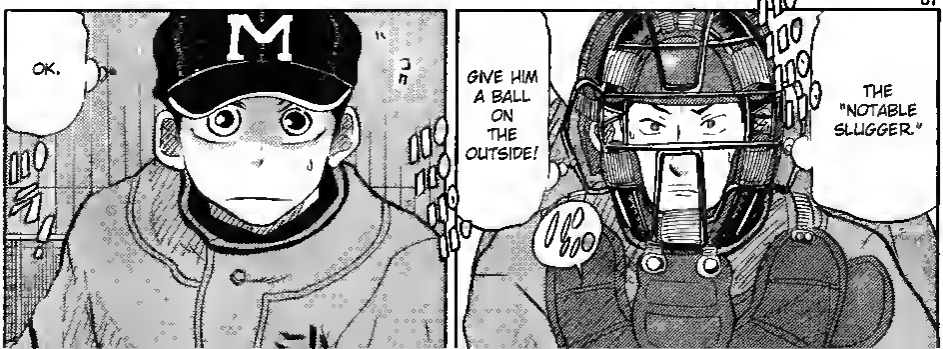
36



ALRIGHT.
JUST ONE MORE MAN!
THANKS, FUKU-CHAN!
TWO OUTS!
BATTING FOURTH, CENTER FIELDER, TAKAHASHI-KUN.

UNIFORM NUMBER 8.
READY!
春日部

37


OK.
GIVE HIM A BALL ON THE OUTSIDE!
THE "NOTABLE SLUGGER."

38

本誌連載作「ミシン」「アンヘル」ほか他媒体掲載の短編5本を収録！大充実のうれしい最新短編集!!

AFTER NOON
アフタヌーンKC
9月22日(月)発売!
大金星黒田硫黄
定価580円(税込)

39

そいつぁ大きい!!!

テレビで見た『バケツでプリン』を作り、一人で食べた。

秋田県・真田芳和(31)さ・社会人

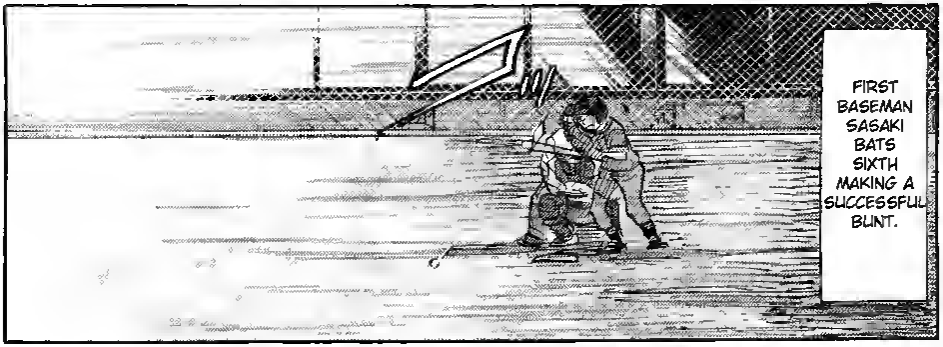
アヴタヌーン KC
呪街
12
惣本蒼
人を呪い殺せる力、それが呪力。呪力者、笠音と優奈菜の物語。そのふたりの女たちに触れるなかれ。
絶賛発売中!!
定価各620円（税込）

I WANT TO SEE YOU ALL STANDING IN KOUSHIEN!

42

LEFT FIELDER NAKAYAMA BATS FIFTH TO CENTER.

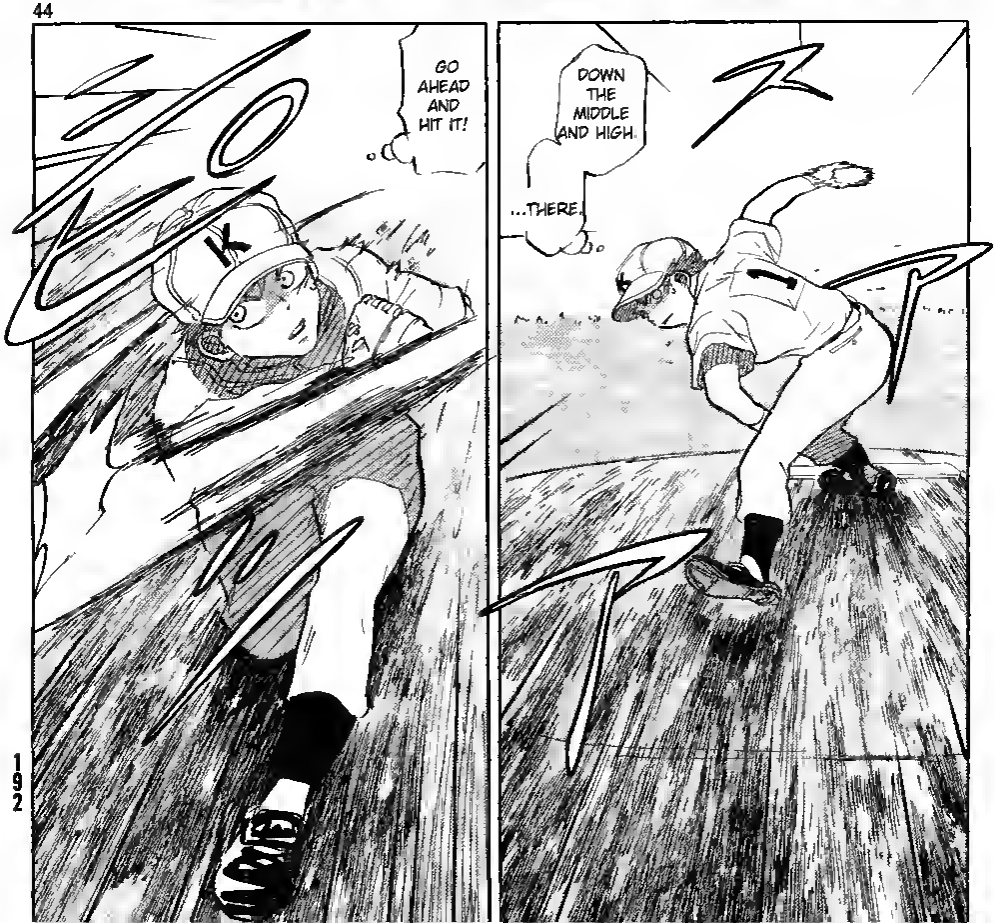
THIRD BASEMAN OOKAWA BATS FOURTH MAKING A LEFT FIELD FLY.
AT THE TOP OF THE SECOND INNING WITH MUSASHINO DAI ICHI UP TO BAT,


FIRST BASEMAN SASAKI BATS SIXTH MAKING A SUCCESSFUL BUNT.

HARUNA, HUH?
TWO OUTS, RUNNER ON SECOND!
BATTING SEVENTH, RIGHT FIELDER, HARUNA-KUN. UNIFORM NUMBER 10.
AOI! NO COMPETING!
I NEVER INTENDED TO!
THEY ALWAYS PLAY WITH YOU BECAUSE YOU RAISE TO THE BAIT EVERY TIME.
43
EXTRA CAUTION FOR HIS BATTING, TOO?
TRUE HE'S NOT EXACTLY A PUSHOVER
WITH THAT BODY HE COULD GET A HIT PRETTY FAR IF HE MAKES CONTACT.
IT'S GOING TO BE HARD NOT TO BE OVER-CONSCIOUS OF HARUNA.
ALRIGHT, BIG BROTHER.
191

TODAY'S A SCORCHER.
I WANT TO KEEP THE PITCH COUNT DOWN AS LOW AS POSSIBLE..

44


GO AHEAD AND HIT IT!
DOWN THE MIDDLE AND HIGH.
...THERE.

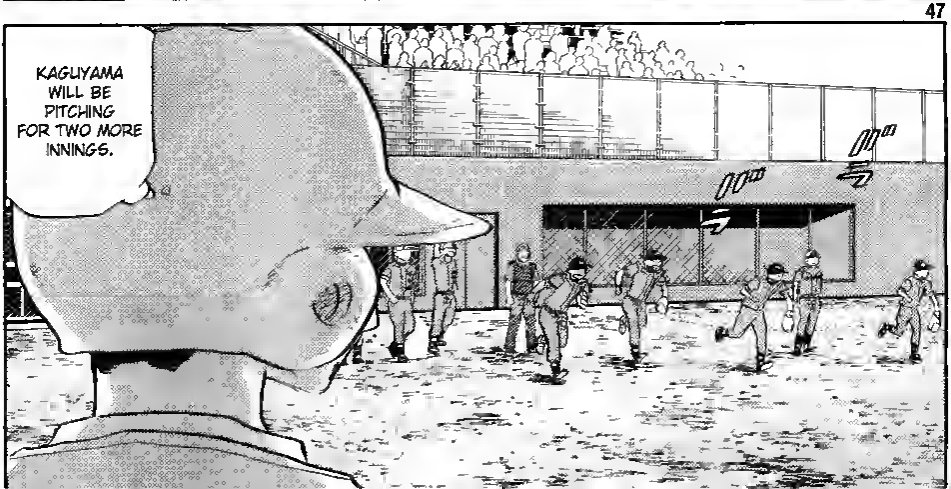
45

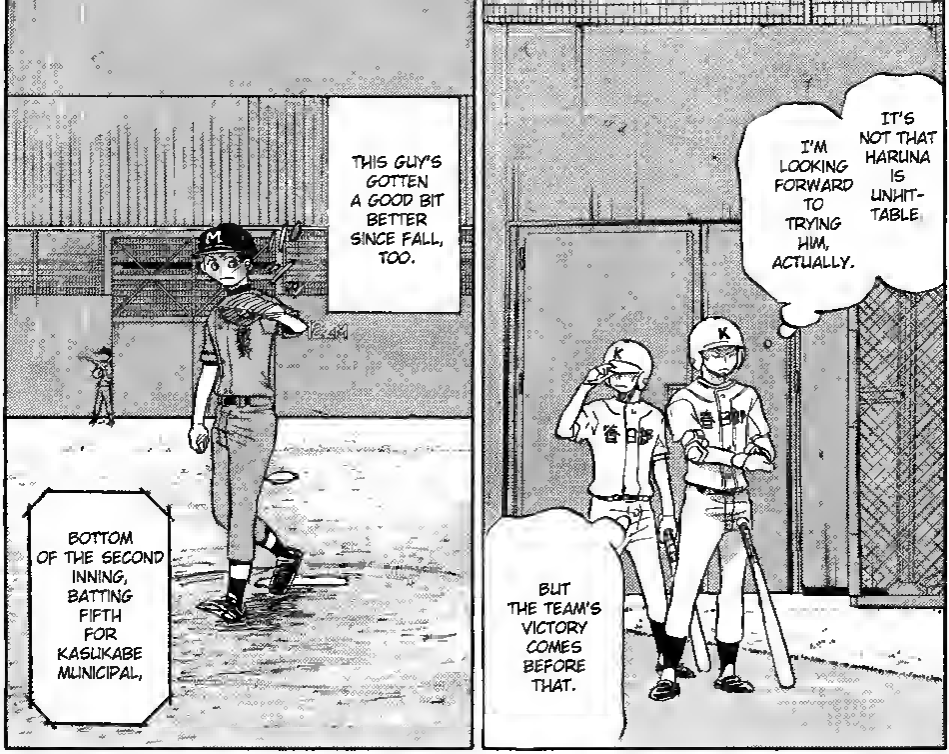
IF IT'D JUST FALLEN IN A BETTER PLACE, THAT'D HAVE BEEN A POINT FOR SURE!
AW, MAN!
So loud.

SEEMS LIKE THEY MIGHT HAVE LET ME HIT.
MIGHT NOT BE THAT SIMPLE.
HUH?
LET'S GO!
武蔵野
または2死じゃなけりゃな！

BUT THE TEMPERATURE'S GOING UP PAST 35 (TODAY. THAT'S LUCKY FOR US.
WE DO JUST AS PLANNED AND WATCH THOSE BALLS.
PUSH UP THE PITCH COUNT.
OH...
I GUESS IT WOULDN'T BE THAT SIMPLE, WOULD IT?
WELL.
THOSE UNDER-HANDED THROWS ARE GOING TO TIRE HIM OUT.
WE'LL GET HIM IN THE SECOND HALF!

47


KAGUYAMA WILL BE PITCHING FOR TWO MORE INNINGS.



おおきく振りかぶって 第60回 おわり

強豪・春日部、新興・武蔵野第一。
準々決勝は当然序盤から白熱だ!

今年の西浦が届かなかった「準々決勝」。そこにはどんなレベルの戦いがあるというのか!?

chapter 61

おおきく振りかぶって

Higuchi Asa

gunflair scans
translation by narwhaltorte

※この物語はフィクションです。実在の人物・団体・名称等とはいっさい関係ありません。

どどどど

おおきく振りかぶって

第61回「準々決勝 2」

ひぐちアサ

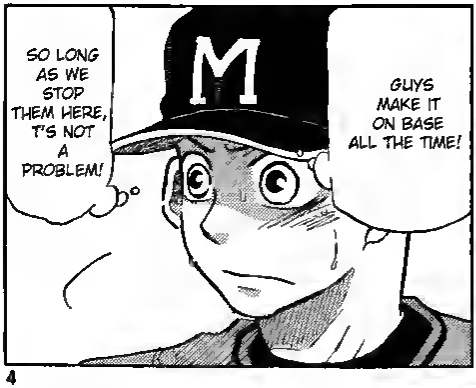
単行本⑪巻10月23日(木)発売!!

このチームの本当のエース・榛名(はるな)が投げるまでは抑えてみせる!!

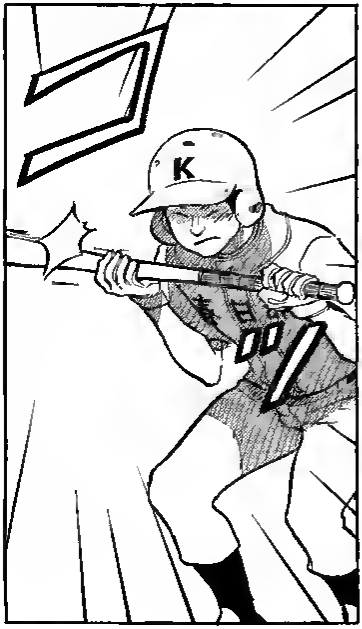
キャッ
春日部
武
あれ
全国高校野球選手権大会

BUT WHEN THE ROTATION'S WEAK, IT'S STILL JUST AS EASY TO HIT

HE'S GOT DECENT CONTROL, TOO.
THE BALL'S GAINED ABOUT 10 KPH COMPARED TO LAST FALL.
春日部


SO LONG AS WE STOP THEM HERE, IT'S NOT A PROBLEM!
GUYS MAKE IT ON BASE ALL THE TIME!

4

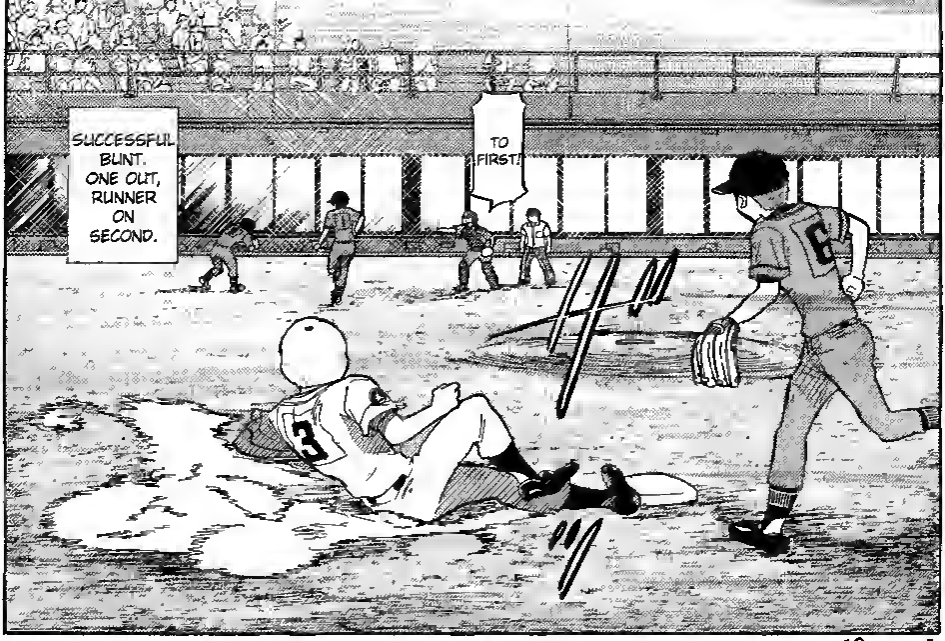


FOCUS, EVEN ON THE BUNTS. .

作者近況

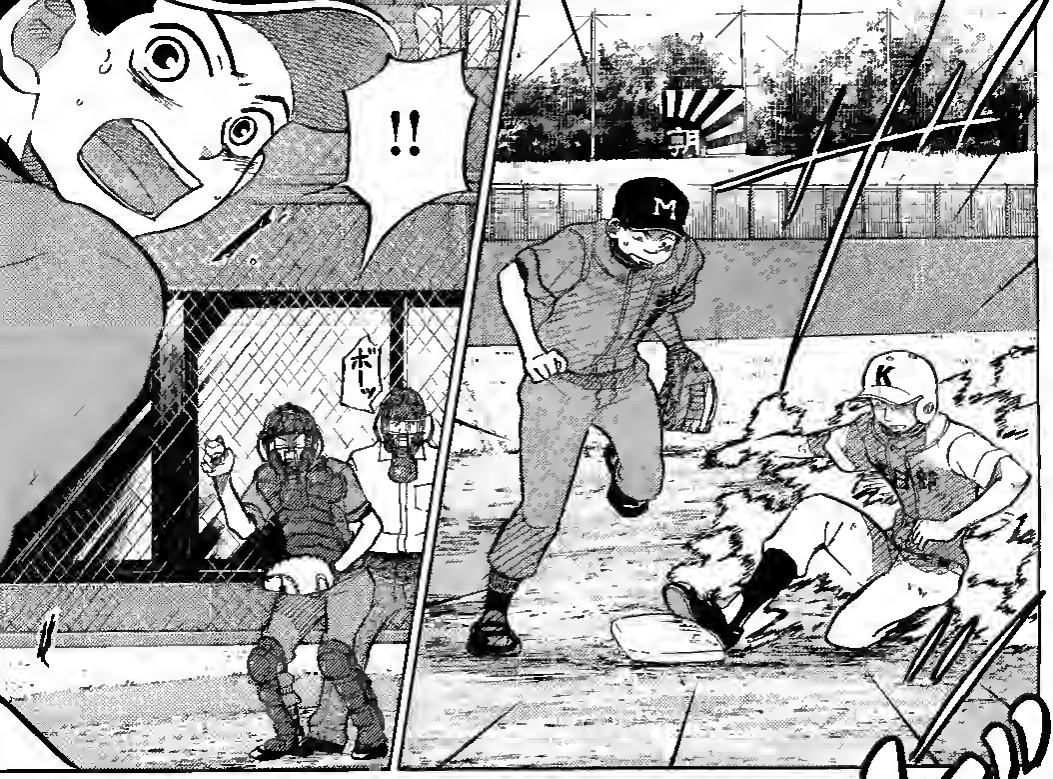
ひぐちアサ

NHKの英会話講座、リトルチャロが面白いです。小さい頃は、いつか英会話ができるようになるんじゃないかと思っていましたが、この頃は、ホンヤクコンニャク的な携帯電話が出るからそのうち、と思っています。そんな中、うちのワンコが1歳になりまんた。ダンナの焼いたホットケーキでお祝いしました。かわいさは増すばかりです……。

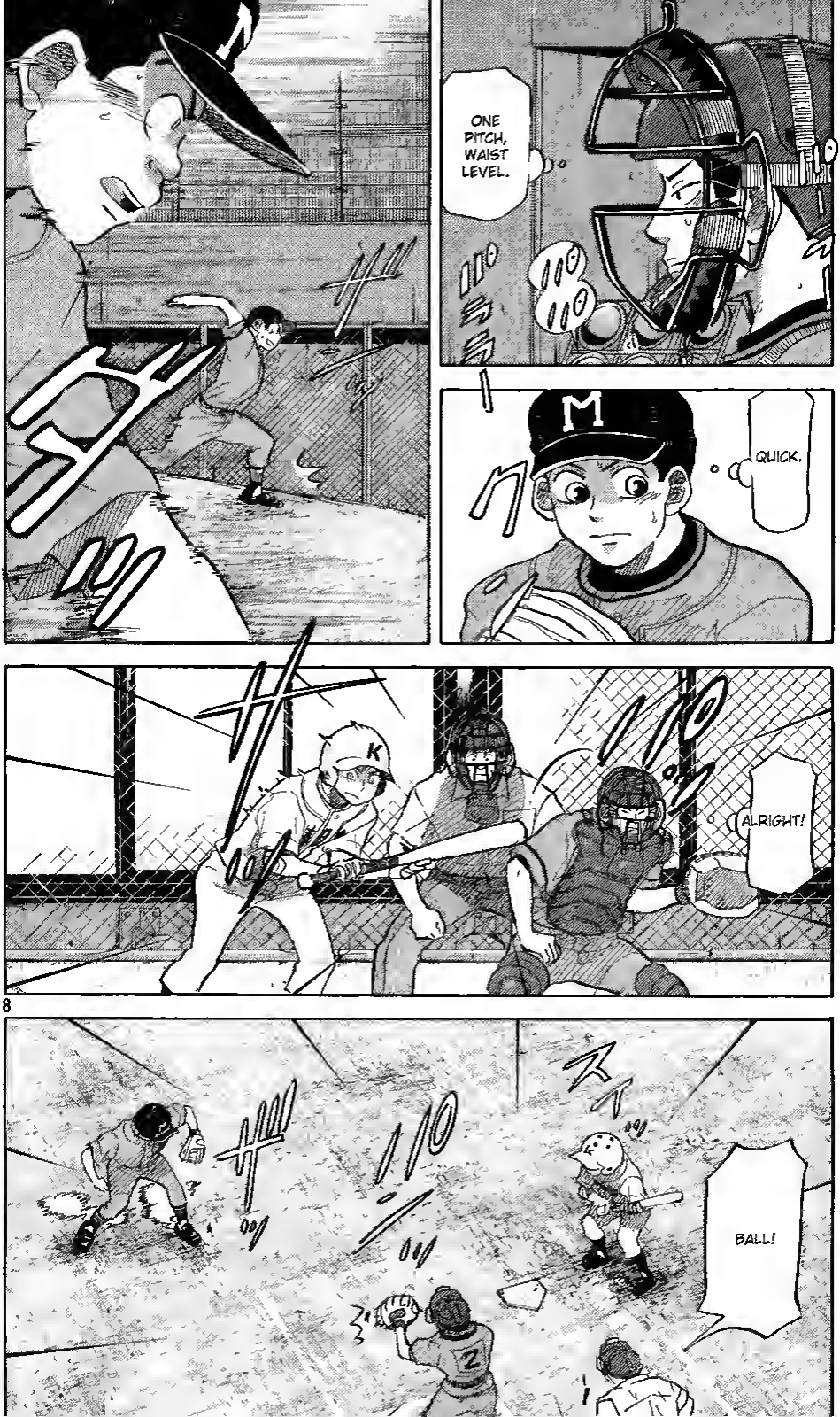


前回まで

監督は女性、選手は全員1年生。新設チームの県立西浦高校硬式野球部の、全国高校野球選手権埼玉大会は5回戦で終わった。中学時代にチーム全員に嫌われたため挙動不審の投手・三橋は全試合投げきりエースとして奮闘した。西浦ナインはチームの目標を「甲子園優勝」として意思統一、次の段階へ進むため合宿を始める。一方、夏大は準々決勝、西浦捕手・阿部と因縁を持つ榛名がいる武蔵野第一と強豪・春日部市立の対決。榛名の80球の球数制限のため3回までは他の投手に頼らざるを得ない武蔵野第一は3年の加具山が先発。加具山を弱点とみた春日部は猛攻を仕掛ける！


!!
ボッ
朝
M
K

THINGS TURN AROUND SOON ENOUGH ONCE WE GET MOTIVATED.
ONE OUT AND A RUNNER ON THIRD
K
春日立R
どどど
HERE'S HOPING THEY DON'T GO FOR A SQUEEZE.
KAGUYAMA LOOKED SURPRISED.
M
ぱ
ぱ
どどど


ONE PITCH, WAIST LEVEL.
QUICK.
ALRIGHT!
BALL!

I'VE GOT PLENTY OF ROOM IN THE COUNT, SO I CAN MAKE A GOOD ATTACK.
IT'S 0-2, SO THE NEXT IS A STRIKE.
AND AT 0-2 THE NEXT ONE'S GOING TO HAVE TO BE IN.
GUESS THEY AREN'T GOING TO DO IT.
IN THAT CASE...
THE CATCHER WON'T WANT TO MISS THE BALL, SO ANYTHING THAT DROPS IS OUT.

A FASTBALL ON THE OUTSIDE!

10
ONE RUN!
K
2

リード読めるは
読めたら打てるはじゃ
オレらとは
投げ合えねーぞ！
(something about reading the lead)
春日部
K
ONE RUN...
LET'S FINISH THEM OFF, PITCHER!
！
とぉ
とぉ
とぉ

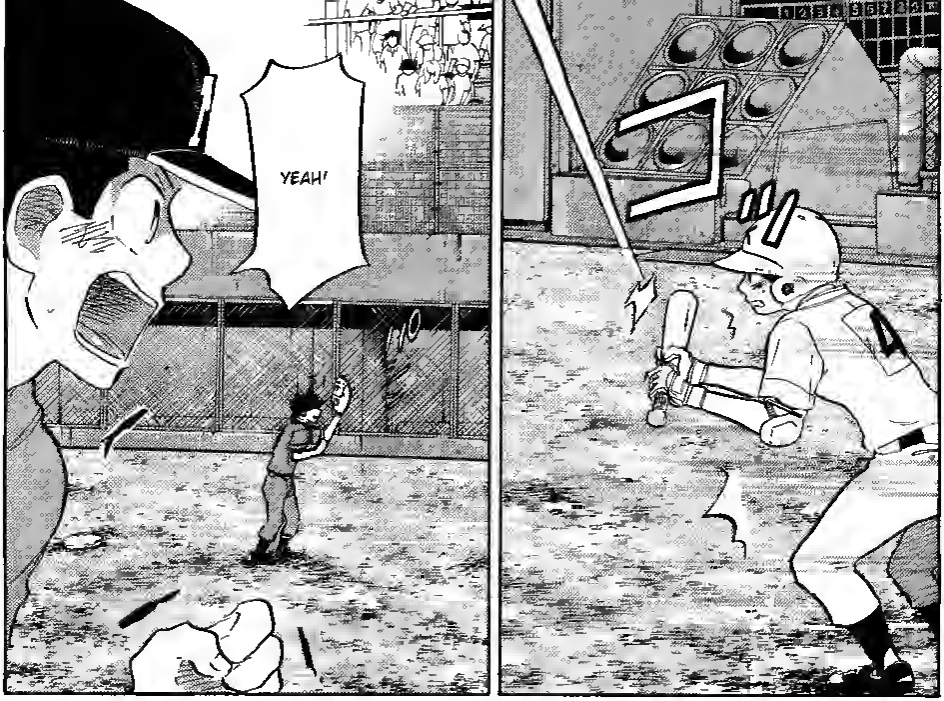
HARU-NA ..
DOUBLE PLAY, COME ON!
ONE OUT!
M
武蔵野

STAND UP TO THEM!
DON'T LOOK DOWN.
武蔵野

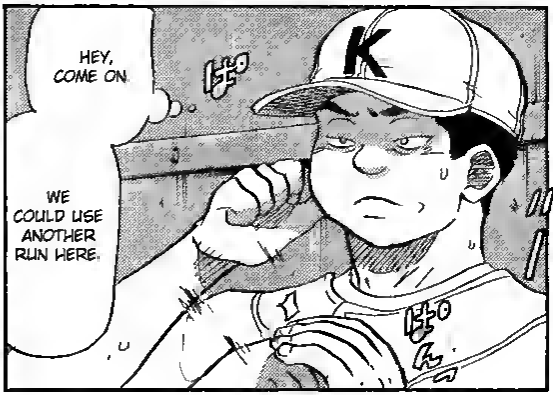
KEEP THE RUNS AS LOW AS POSSIBLE.
ざざ
BATTING 8TH, SECOND BASEMAN, KOUNOU-KUN.

12

ATTACK!
武蔵野


YEAH!

BATTING 9TH, PITCHER, SUZUKI AOI-KUN.
THOSE TWO HAVE SOME SORT OF TWIN POWER.
AND WHEN THEY'RE OUT THERE TOGETHER, THEIR REACTION TIME IS AROUND 4 SECONDS FASTER THAN ANY OTHER PAIR.
YEAH!
IT'S SOME-THING..


HEY, COME ON.
WE COULD USE ANOTHER RUN HERE.

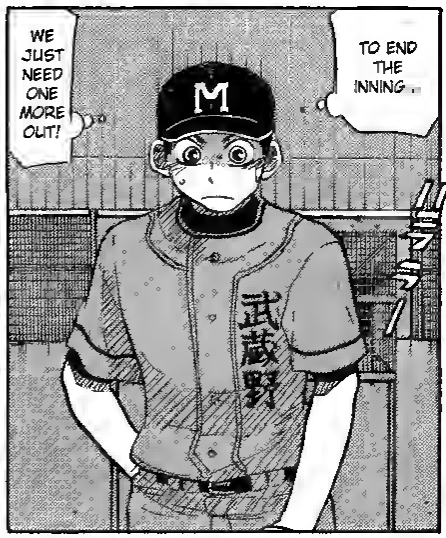
THE RUNNER IS RYOU, AND THE BATTER IS AOI
WE MIGHT STILL MAKE IT!

K
K
UNIFORM NUMBER 1
THAT I LIKE TO CALL THE NATURAL HIT AND RUN!
DECIDED HIMSELF

打球をよっく見定めろ！

14

LET'S HAVE A STRIKE ON THE FIRST PITCH!
I DON'T WANT TO GET BACK TO THE TOP OF THEIR LINEUP.


WE JUST NEED ONE MORE OUT!
TO END THE INNING...
M
武蔵野

AS FEW RUNSS AS POSSI-BLE...
JUST ONE MORE OUT.
YOU'RE GOING TO GO FOR IT, RIGHT?
THE FIRST PITCH SHOULD BE A STRIKE
AND YOU RUN!

15

K
春日部
K
DON'T HIT IT!
M

16

「ツールバー」って飲み屋？　どこ？」と聞くウチの社長。一人では留守番も接客もできません。会社ＯＫ？

愛媛県・ＴＩＩ(45)さ・社会人

17
K
FAIR!
JUST INSIDE THE LINE!

AT THE SAME TIME!
IT'S GONE ALL THE WAY TO THE FENCE!
HE'S REACHING THE BASE AND THEY'LL PICK IT UP...

GO!!!

19

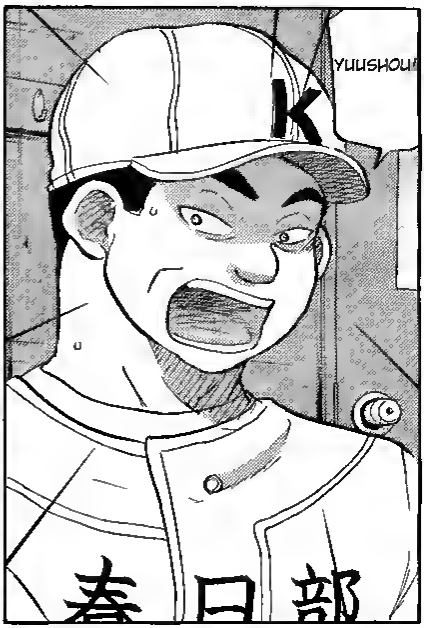
OUT!
OUT!

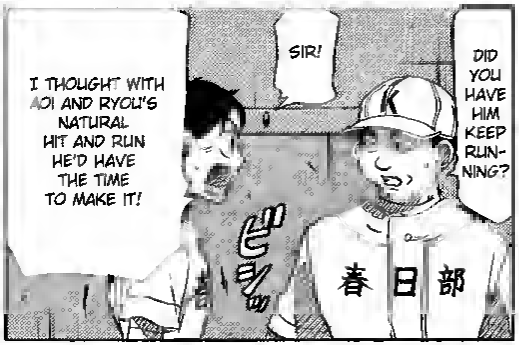
SO DID SUZUKI RYOU GO A LITTLE TOO FAR ON THAT ONE?

OUT! HE'S OUT!
THAT WAS A FANTASTIC RETURN FROM RIGHT FIELDER HARUNA!

I THOUGHT HE (?? AOI?) MAY HAVE MISSED A SIGN TO STEAL THE BASE.
I DON'T THINK SO. HE GOT A REALLY GOOD START.

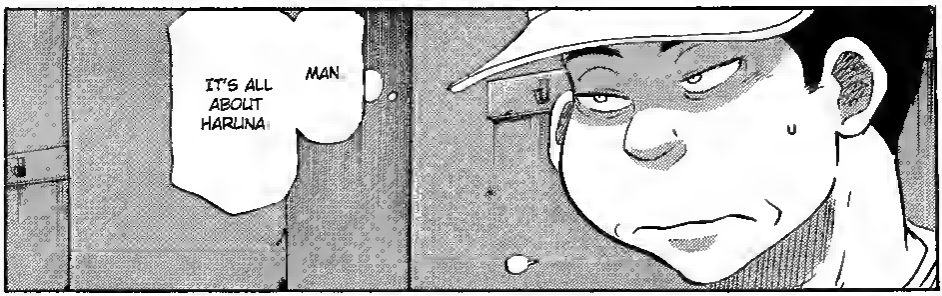
現代の高校野球漫画の決定版最新刊！西浦、ついに5回戦進出！
AFTER NOON アフタヌーンKC
10月23日(木)発売！
おおきく振りかぶって⑪ひぐちアサ
定価540円(税込)





それ、思い込みですから!!!

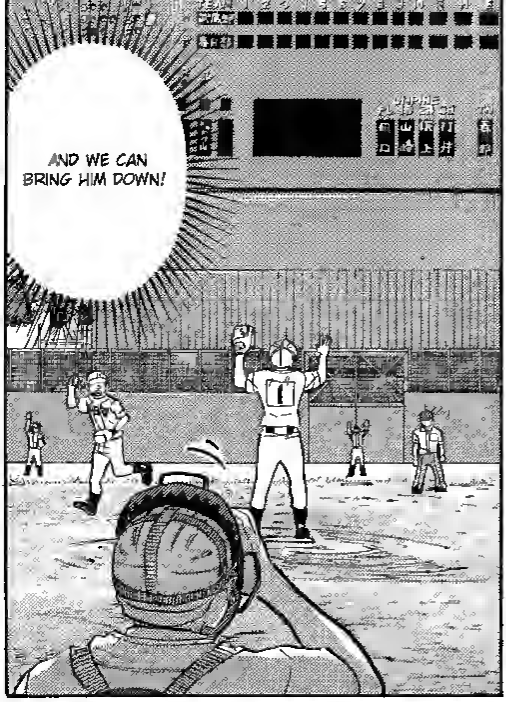
「バットマン」を「しかし男」と訳し、大笑いされたことがある。

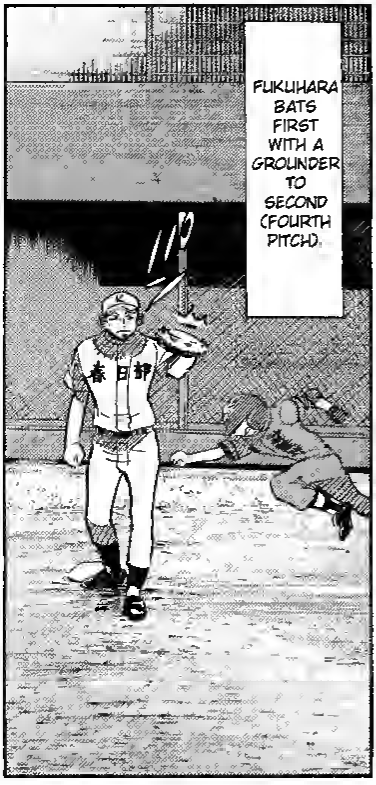


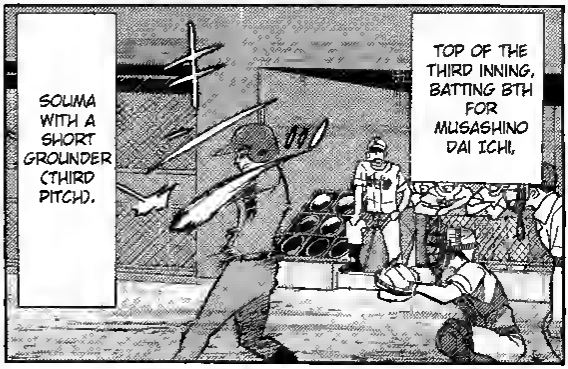
22

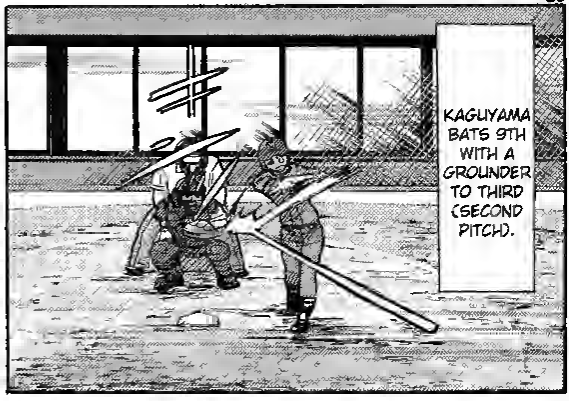
青森県・孫武元帥(36)さ・社会人

アフタヌーンKC
ヤサシイワタシ(全2巻)
ひぐちアサ
性格に問題アリのお姉さんと挫折したもとテニスボーイ。痛々しいほど赤裸々な青春の恋模様。
絶賛発売中!!
定価530円～580円(税込)

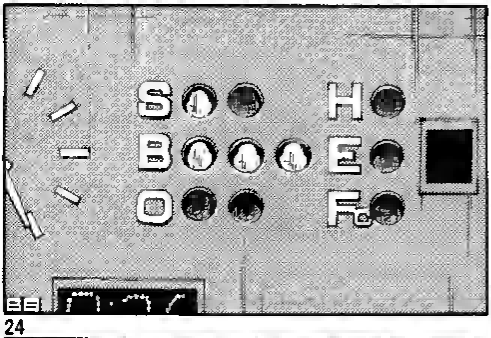


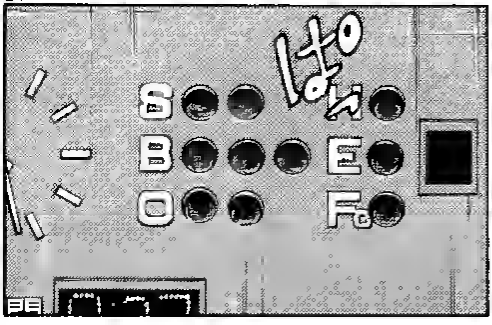


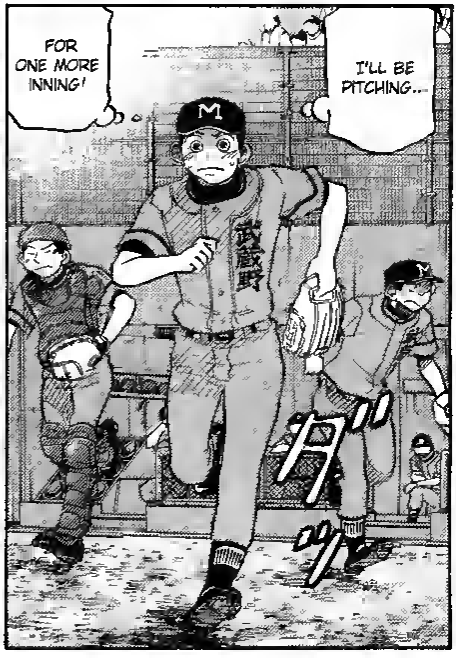


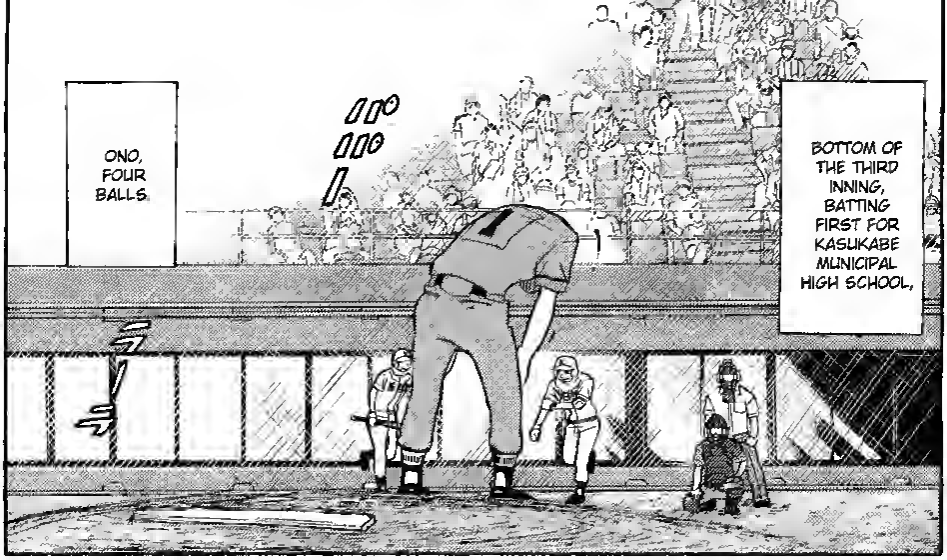


KEEP IT UP, GUYS!
OUR CHANCE WILL COME IN THE SECOND HALF!
NOW LET'S DEFEND!
あっ
AFTER WE GOT THREE RUNS OFF THEM LAST FALL!


S
B
O
H
E
F
24

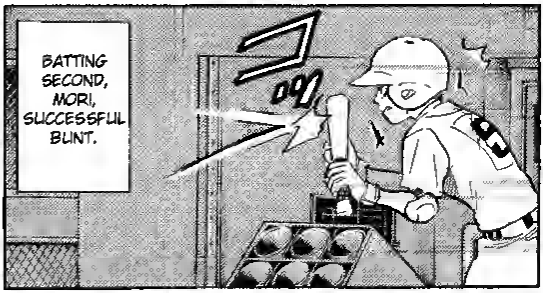

はぁ
S
B
O
E
F


FOR ONE MORE INNING!
I'LL BE PITCHING...
ダッ


ONO, FOUR BALLS.
BOTTOM OF THE THIRD INNING, BATTING FIRST FOR KASUKABE MUNICIPAL HIGH SCHOOL,

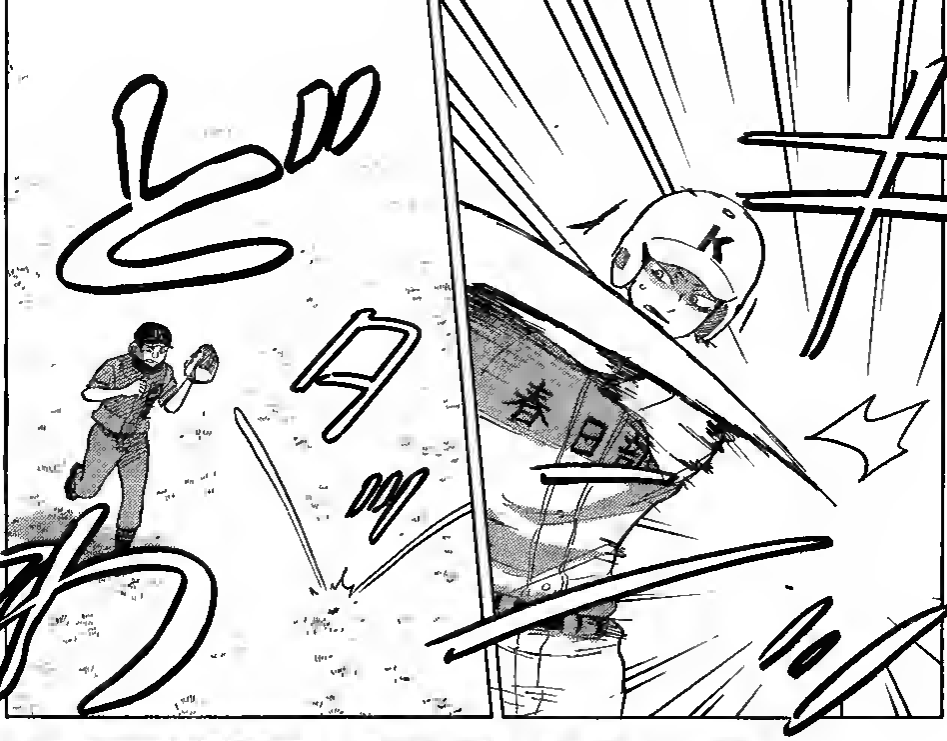
I LOST A CHANCE MY FIRST AT-BAT.
BATTING THIRD, LEFT FIELDER, KATOU-KUN.

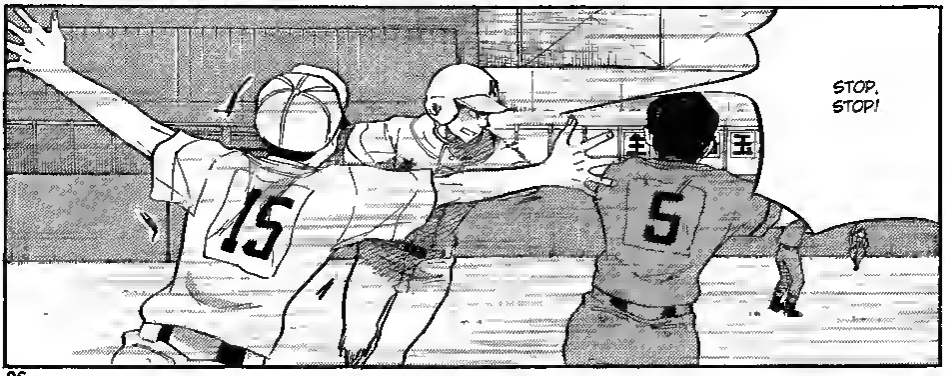
コントロール みだしちゃ お話になんねェ！
I'M GETTING TOO WORKED UP!


BATTING SECOND, MORI, SUCCESSFUL BUNT.

JUST GOOD CONTACT..
NO NEED TO OVERDO IT WITH THE POWER

THE THIRD BATTER HAD A SHORT (?? FACE) ON HIS FIRST AT-BAT.




STOP, STOP!
15
5

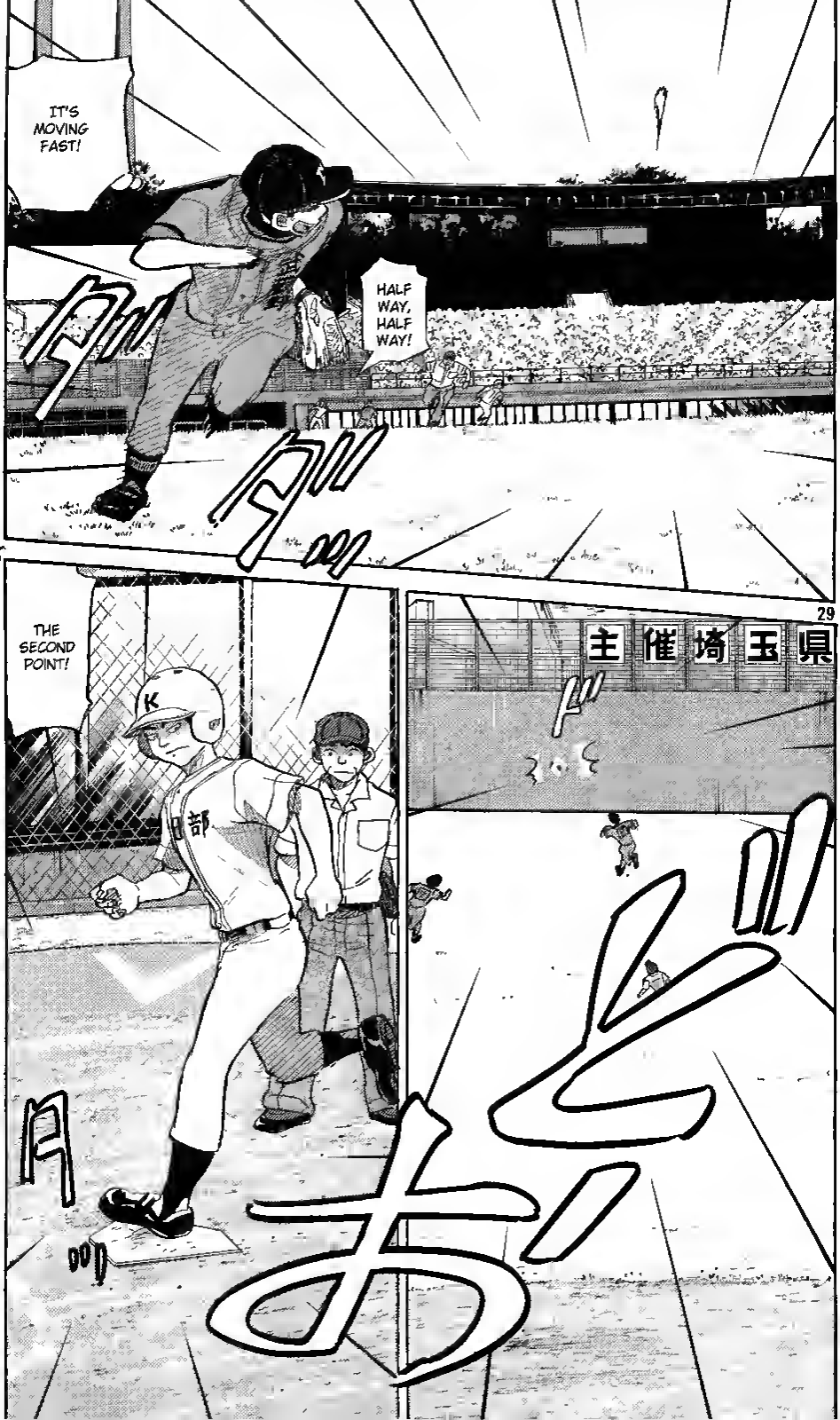
THE CLEANUP HITTER WITH ONE OUT AND RUNNERS ON FIRST AND THIRD.
WELL, IT'S ALRIGHT. KOU'S NEXT.
A GOOD HIT YET HE STOPS HIM ON THIRD?
K
M

JUST LET ME KEEP GOING FOR THE REST OF THIS INNING!
THEY'VE STILL ONLY GOT ONE RUN.
YEAH!
AN OUTFIELD FLY WILL MAKE IT WO OUTS.
AN INFIELD GROUNDER WILL GET A DOUBLE PLAY.
FIRST, A TEST.
LOOKS LIKE THE OUTFIELD'S HANGING BACK.
HEH.
BATTING FOURTH, CENTER FIELDER, TAKAHASHI-KUN.
PLAY

それ、思い込みですから!!!!

小さいころ、電車で急行が停まるところは、全部「市」がつくところだと思ってた。

大阪府・ヤクト(33)・社会人



アフタヌーンKC
家族のそれから
ひぐちアサ
新感覚ファミリードラマついに単行本化!! 表題作のほか、反響を巻き起こした「ゆくところ」も収録!!
絶賛発売中!!
定価530円(税込)

30

114

奇祭珍祭お祭り話

お祭りの"型抜き"にハマってお小遣いをあっという間に使い切り、「熱くなりすぎるから、自分は賭け事に向いていない」と学んだ。

愛媛県・潤㊙子・社会人

31

本誌連載作『ミシン』『テンペル』ほか他読切短編の短編5本を収録!
大発表のうれしい最新短編集!!
AFTER NOON
アフタヌーンKC
最新刊
大金星
黒田硫黄
絶賛発売中!!
定価
580円
(税込)

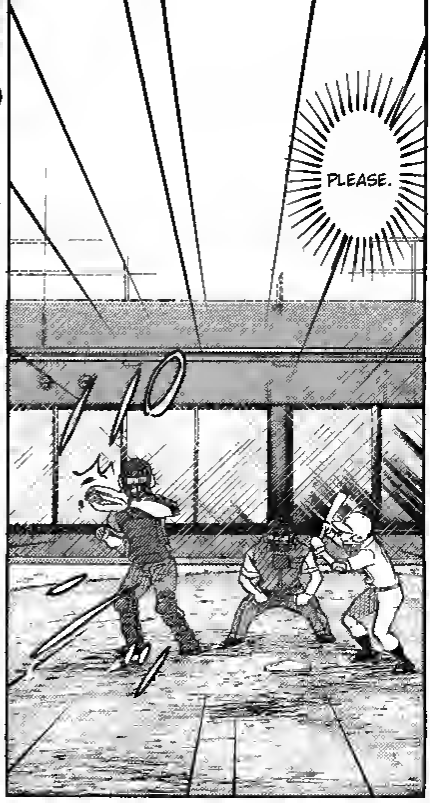
SOMEHOW,
I HAVE TO STRIKE THIS GUY. (??)

BATTING FIFTH, FIRST BASEMAN, SHIBA-KUN.

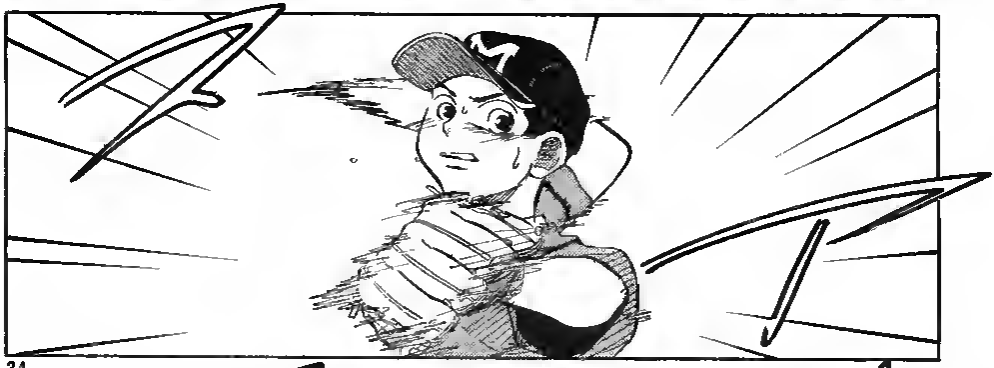
BALL FOUR!
BALL!

LET HIM HIT IT, PITCHER!
SWITCH TO THE BASES LOADED PLAN!
ONE OUT AND BASES LOADED!
BATTING SIXTH, SHORT-STOP HASHIMOTO-KUN.
LOOKS LIKE THEY'RE GETTING READY FOR A SQUEEZE.
DAMNIT...
THREE RUNS IS THE LIMIT!
WE NEED TO DEFEND THIS RIGHT.
PLEASE...
JUST TWO MORE OUTS.

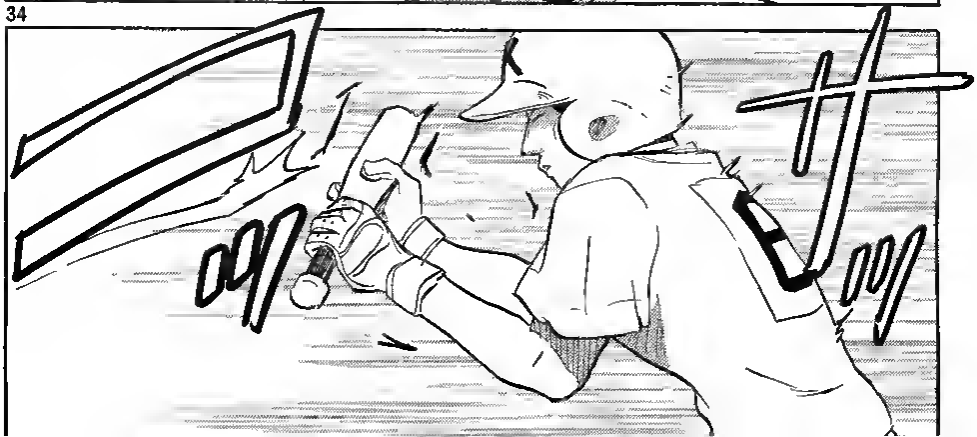
PLEASE LET ME PITCH.


PLEASE.

DON'T LET IT BE A SQUEEZE PLAY!
PLEASE.



34



AH! IT'S A SQUEEZE PLAY!
THERE IT IS! THE THIRD RUN!

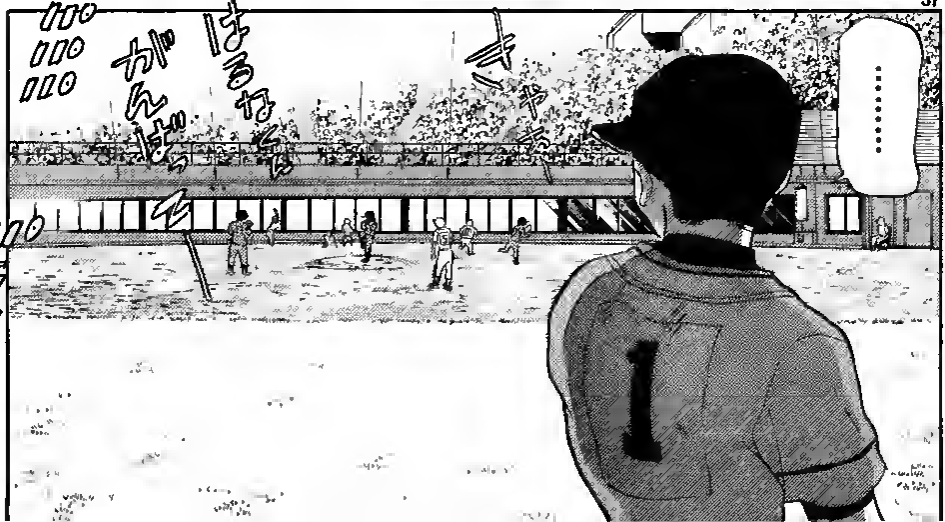
KAGU-YAN
OUT!

新入社員のときに配属された支店は「だんじり（＝大阪府岸和田市で毎年秋に行われる祭り）王国」にあった。普段は深夜まで残業する課長以下社員30名は、秋になると定刻退社を遵守（じゅんしゅ）するようになる。

大阪府・ドクトル・ビョエール㉖さん・その他

HE'S BEING RE-LIEVED!
HM?
WE'RE STILL IN THE THIRD INNING, BUT HARUNA IS COMING IN TO RELIEVE THE PITCHER!
IT LOOKS LIKE .

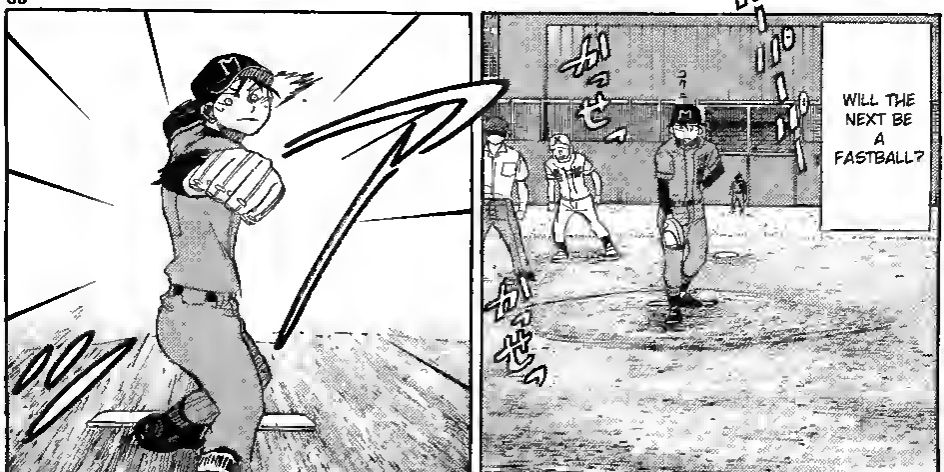
I GET THE FIRST CHANCE TO BAT OFF HARUNA!
ALRIGHT!


はるなくん
かんばっ
……

10
BATTING SEVENTH, CATCHER, SUZUKI RYOU-KUN.
PLAY!

A BREAKING BALL INSIDE THE ZONE, HUH?
STRIKE!

38


WILL THE NEXT BE A FASTBALL?

IT WAS A FASTBALL ALRIGHT,
BUT IT'S STILL NOT FUL SPEED.
STRIKE!
AND FOR THE THIRD...
39
123

予定より早められた様名の登場。その判断は吉と出るか、それとも……!?

chapter 62

おおもの振りかぶって

Higuchi Asa

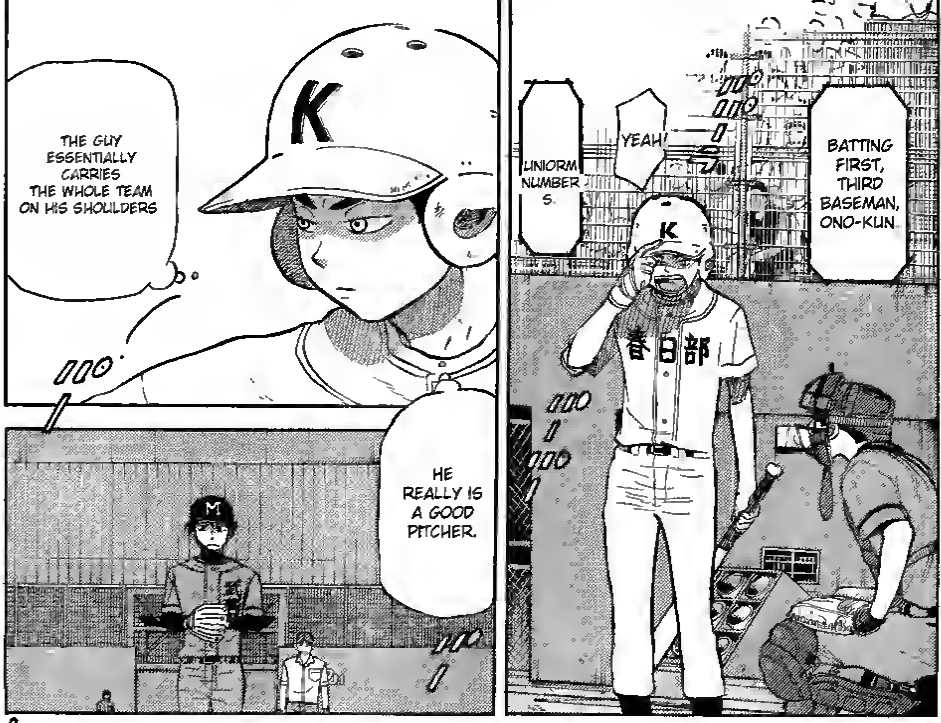
gunfair scans
translation by narwhaltorte

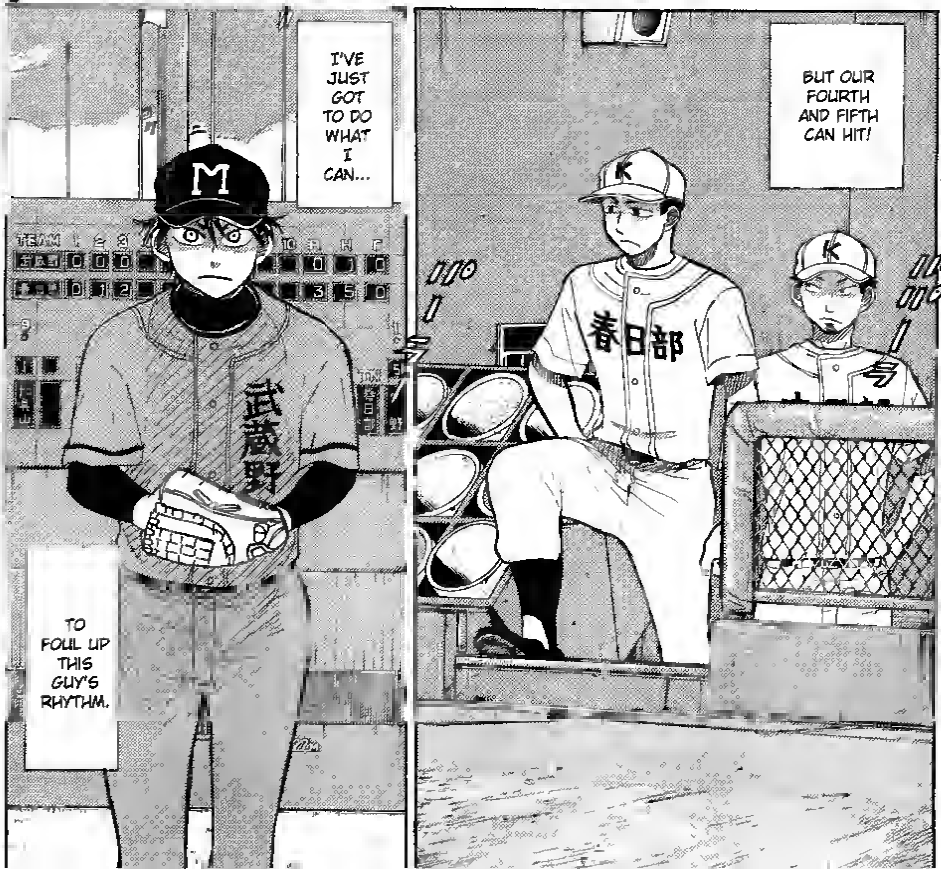
※この物語はフィクションです。実在の人物・団体・名称等とはいっさい関係ありません。

全員1年生の新設野球部はついに快挙の4回戦へ。西浦の夏真っ盛り、単行本⑪巻発売中です!!

前回まで

監督は女性、選手は全員1年生。新設チームの県立西浦高校硬式野球部の、全国高校野球選手権埼玉大会は5回戦で終わった。中学時代にチーム全員に嫌われたため挙動不審の投手・三橋は全試合投げきりエースとして奮闘した。西浦ナインはチームの目標を「甲子園優勝」として意思統一、次の段階へ進むため合宿を始める。一方、夏大は準々決勝、西浦捕手・阿部と中学時代に因縁を持つ榛名がいる武蔵野第一と強豪・春日部市立の対決。榛名の80球の球数制限のため3回までは他の投手に繋らざるを得ない武蔵野第一は3年の加具山が先発するが、春日部の猛攻で3点を失い、予定よりも早く榛名がマウンドにあがることになってしまった！



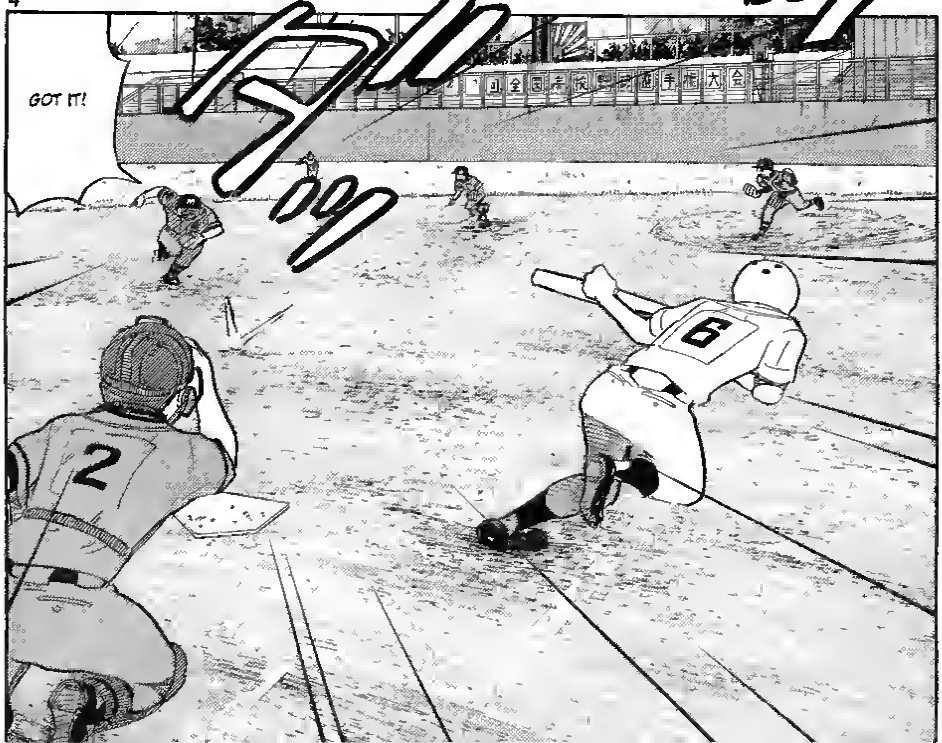


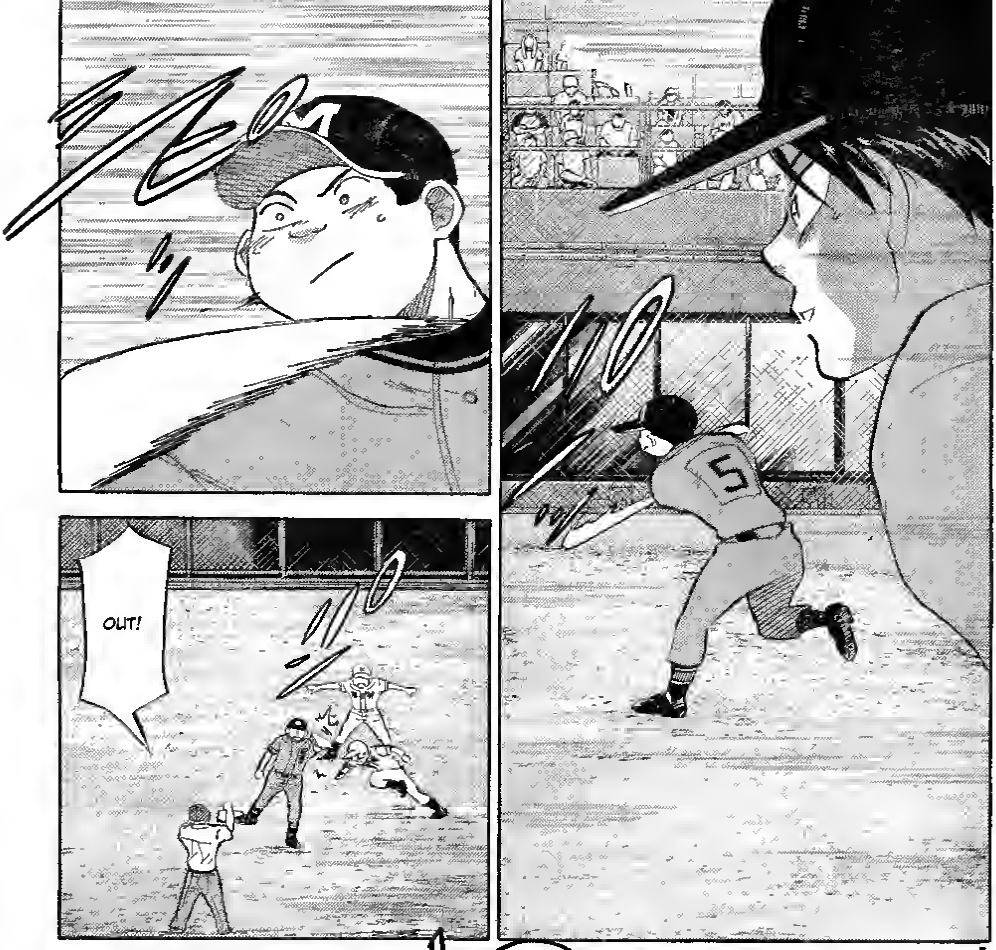
3点を失い武蔵野第一は棒名(エース)登場！

それはしかし、春日部市立も予想・対策済み！

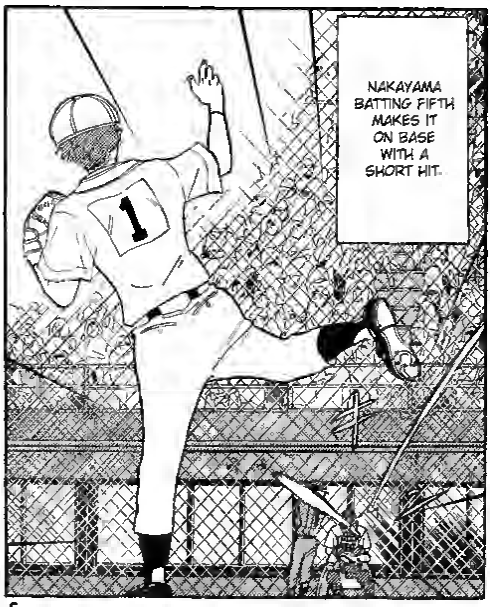
第62回「準々決勝3」

4

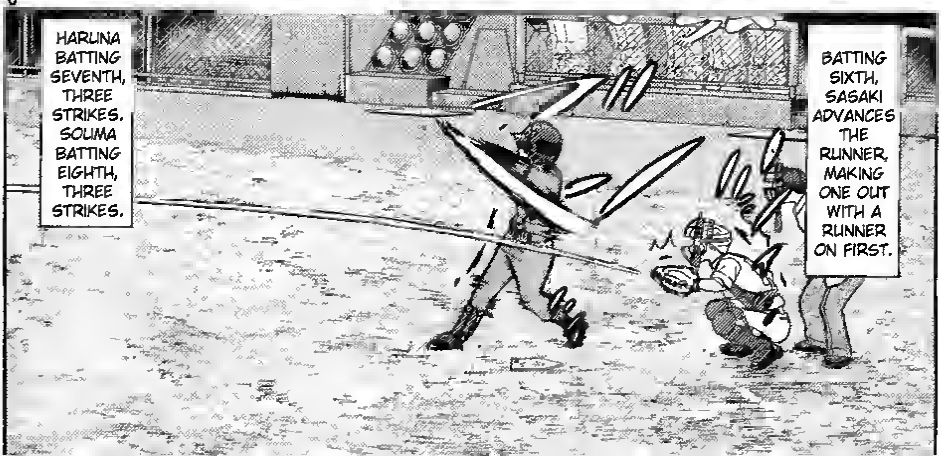



OUT!
5

WONDER IF A SAFETY BUNT WOULD WORK?
K
春日部
BUNTING TO MESS WITH THE PITCHER'S RHYTHM ISN'T GOING TO DO YOU ANY GOOD.



6



題ノ一 お次は棚外四季宣

高校のときの担任は変わり者で、常に柔道着を着ていた。修学旅行で行った北京が吹雪でも、「寒い」と言っただけで、何も羽織らずに平気な顔をしていた。

東京都・コウゾー(20)さ・大学生

7

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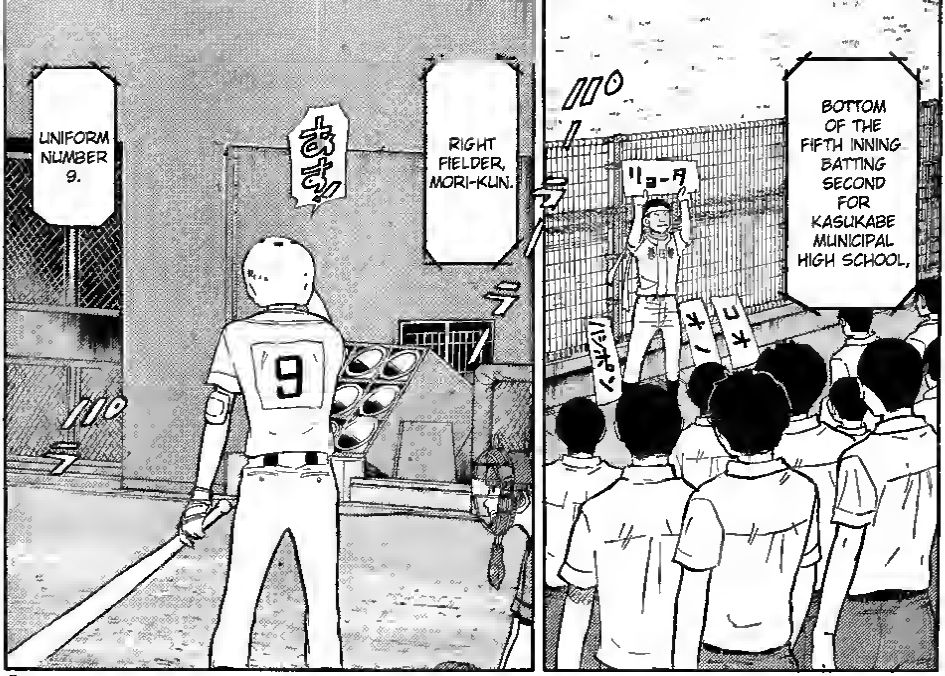
作者近況

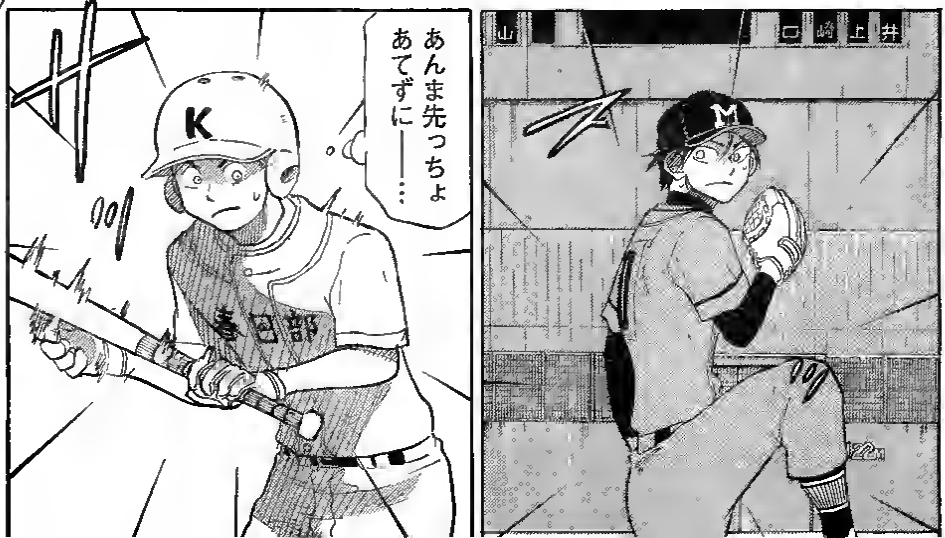
ひぐちアサ

玄関開けると金木犀の香りがする季節になりました。10巻のことをつい最近書いた気がしたんですが、奥付見るとつつじの季節なんで、そうでもないですね……。ということで、11巻、よろしくお願いいたします……！　いやあしかし、今年のベナントはすごいですね！


UNIFORM NUMBER 9.
RIGHT FIELDER, MORI-KUN.
あせっ!
9
BOTTOM OF THE FIFTH INNING BATTING SECOND FOR KASUKABE MUNICIPAL HIGH SCHOOL,
リョータ
ユキ
パシッポン

8

FOR A COMFORTABLE BUFFER, THREE POINTS ISN'T ENOUGH...


あんま先っちょあてずに――…
K
春日部
山口崎上井
M
22m

178

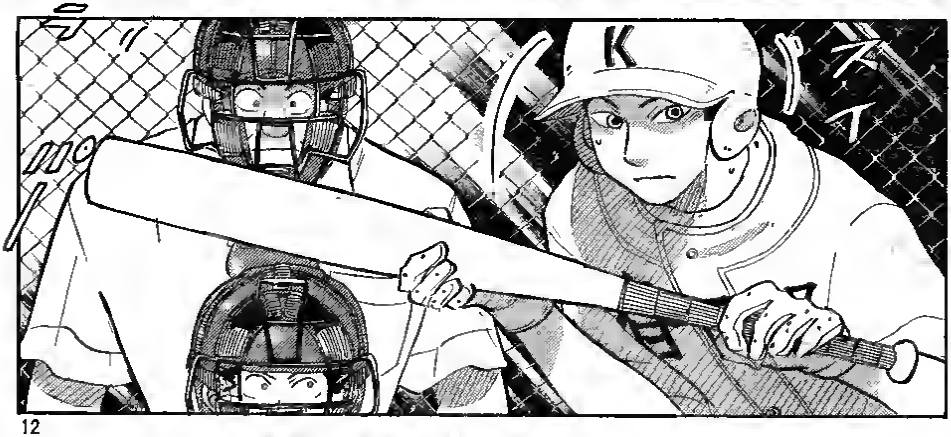
A SAFETY BUNT! HERE IT COMES!
9
AH!
武蔵野

SAFE!
春日部
春日部
春日部

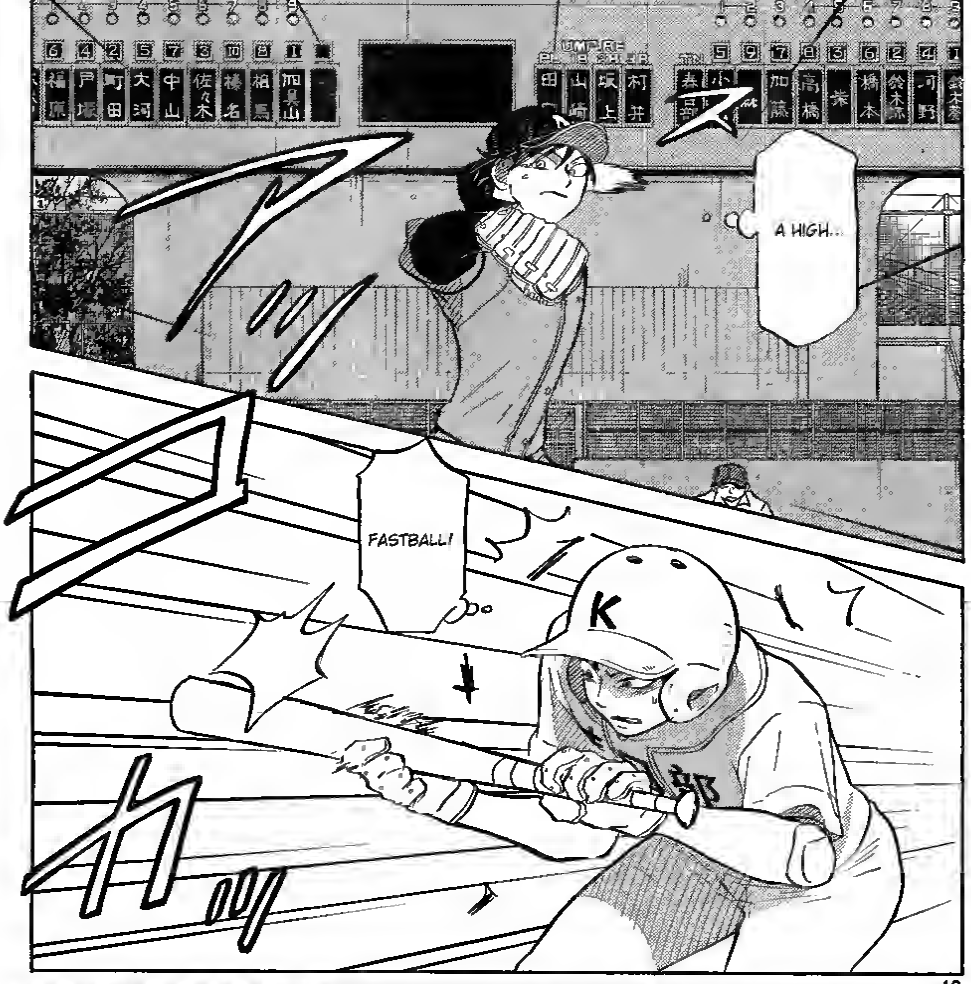
RYOUTA'S NOT BAD!
HEY!
KIDS LIKE THAT HAVE TO LEARN TO USE THEIR HEADS.
HE DOESN'T HAVE MUCH POWER, AFTER ALL.
BUT IF YOU TREAT IT LIKE A PUSH, THEN IT'S NOT SO BAD!
I HAVE SKILLS TO KILL THAT BALL.
IT'S JUST LIKE ONO SAID!
K
春日部

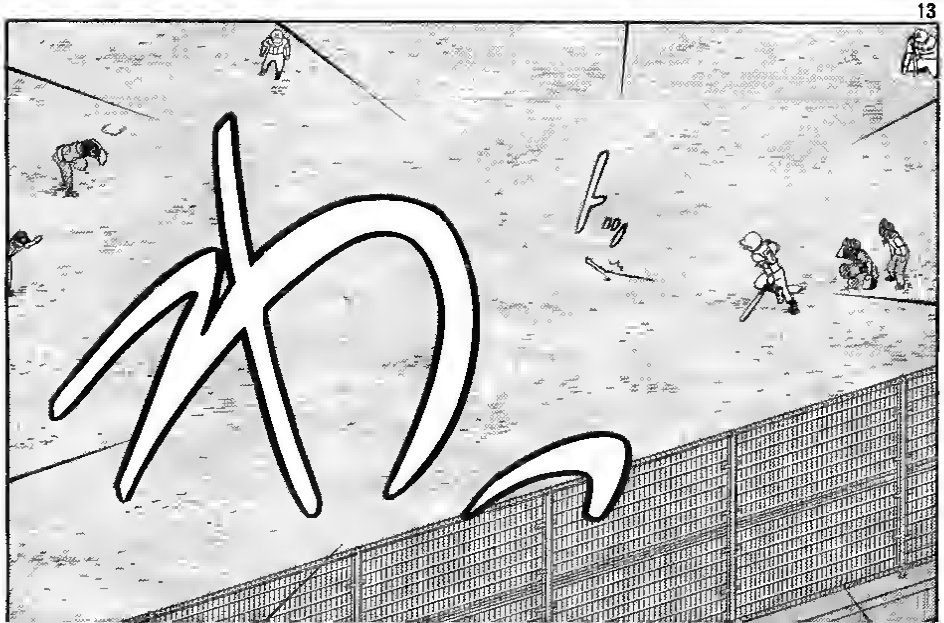
SHOW US YOU GOT MORE THAN A PRETTY FACE!
K
WHO'S UP NEXT?
ALRIGHT! WE'LL GET TO SEE SOME MORE RUNS!
THAT MEAN'S WE'LL MAKE IT BACK AROUND TO YUUKI!
LET'S KEEP IT GOING, HOT STUFF!
THE FINE-LOOKING MISTER MASAYOSHI.

アフタヌーンKC
ヤサシイワタシ(全2巻)
ひぐちアサ
性格に問題アリのお姉さんと挫折したもとテニスボーイ。痛々しいほど赤裸々な青春の恋模様。
絶賛発売中!!
定価530円～580円(税込)



12


A HIGH...
FASTBALL!

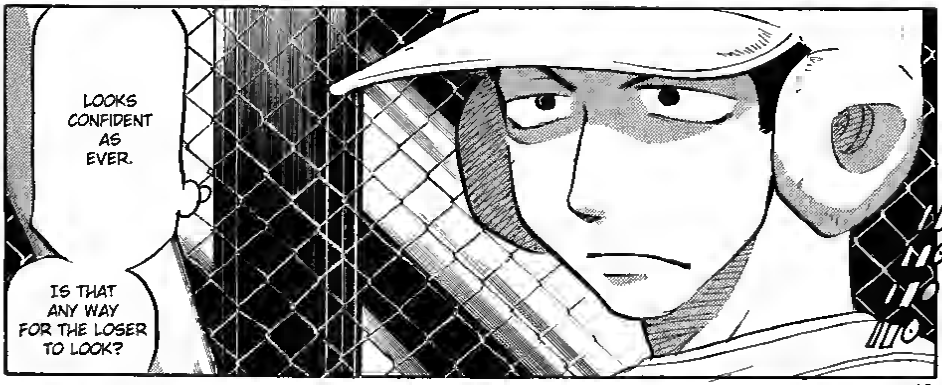


NICE WORK!
クリンナップのバントは市高のお家芸だ！
(?? as for the cleanup's sunt is shikou's specialty)
OUT!
ONE OUT, RUNNER ON SECOND.
6

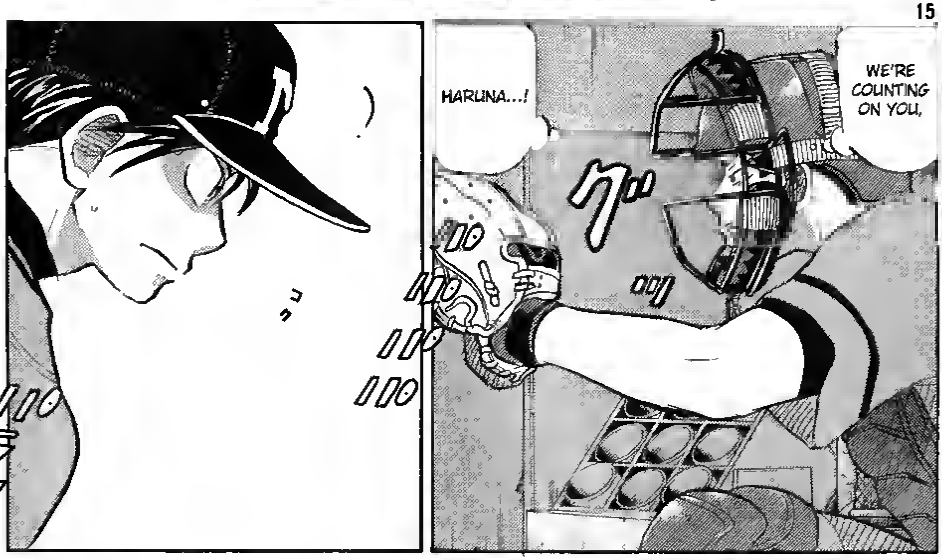
14

BATTING FOURTH, CENTER FIELDER.
READY.
NOW LET'S SEE SOME HITS!
8

TAKA-
HASHI
-KUN
M


LOOKS
CONFIDENT
AS
EVER.
IS THAT
ANY WAY
FOR THE LOSER
TO LOOK?

15


HARUNA...!
WE'RE
COUNTING
ON YOU,

アフタヌーンKC
家族のそれから
ひぐちアサ
新感覚ファミリードラマついに単行本化!! 表題作のほか、反響を巻き起こした「ゆくところ」も収録!!
絶賛発売中!!
定価530円(税込)

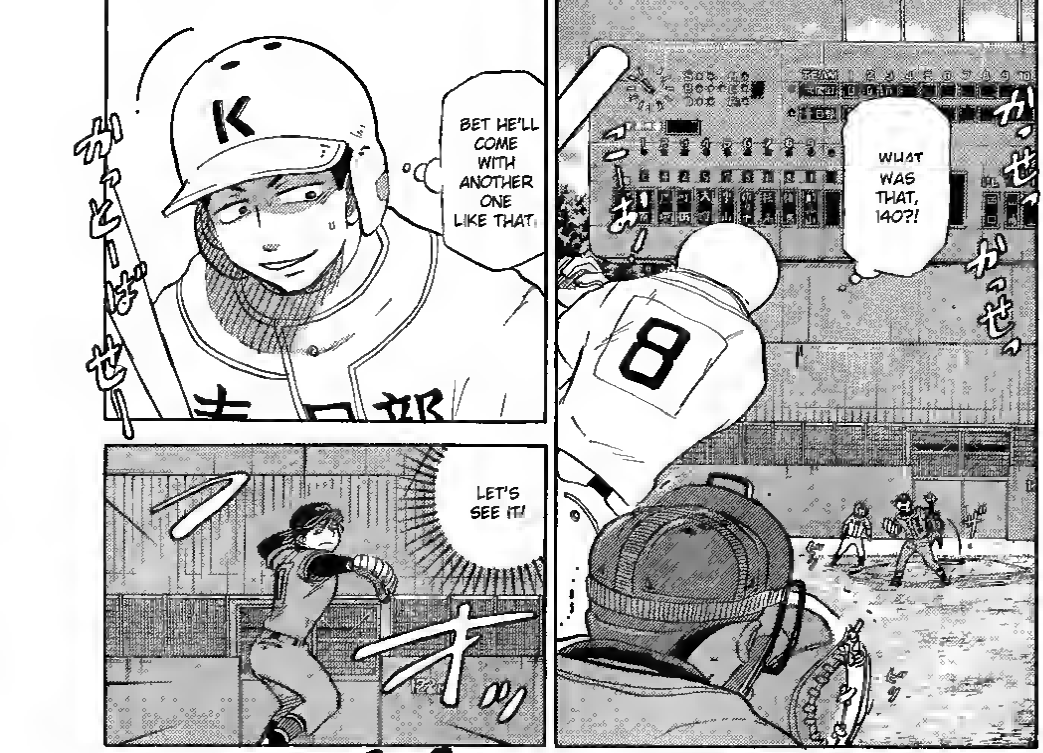
AND THE NEXT ..

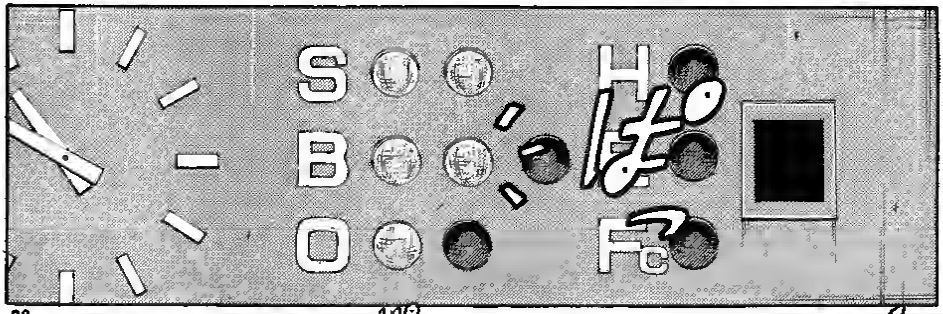
OUTSIDE AGAIN. BUT OUT OF THE ZONE THIS TIME.
PROBABLY AN INTENTIONAL BALL.
BALL!

17

WHICH MEANS NEXT SHOULD BE—

K
K


BET HE'LL COME WITH ANOTHER ONE LIKE THAT.
WHAT WAS THAT, 140?!
LET'S SEE IT!

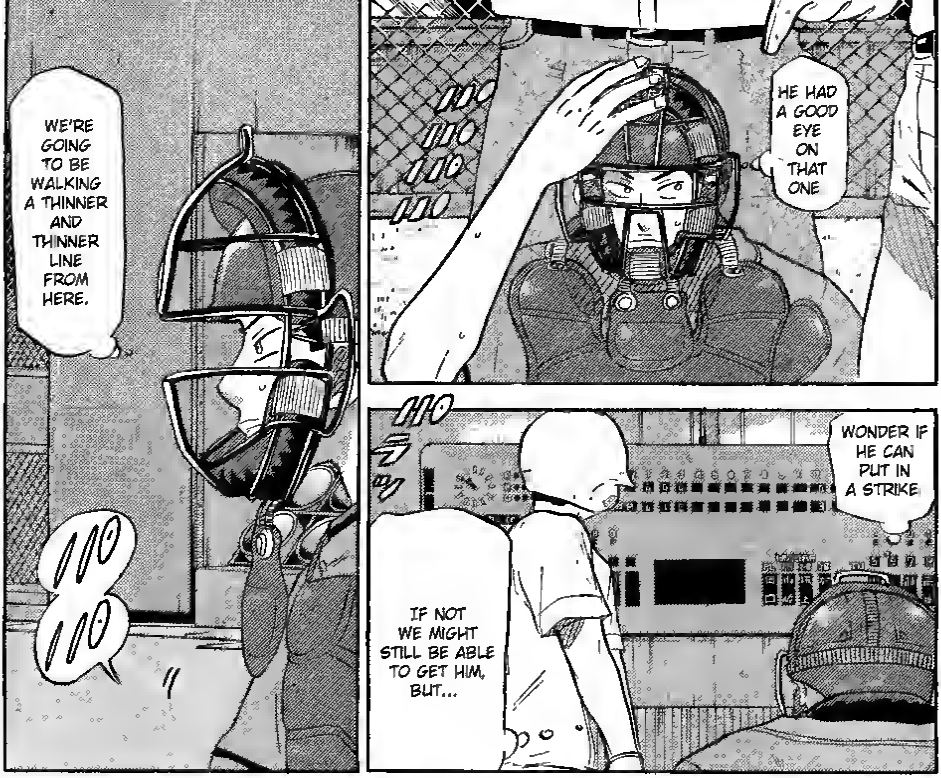


20

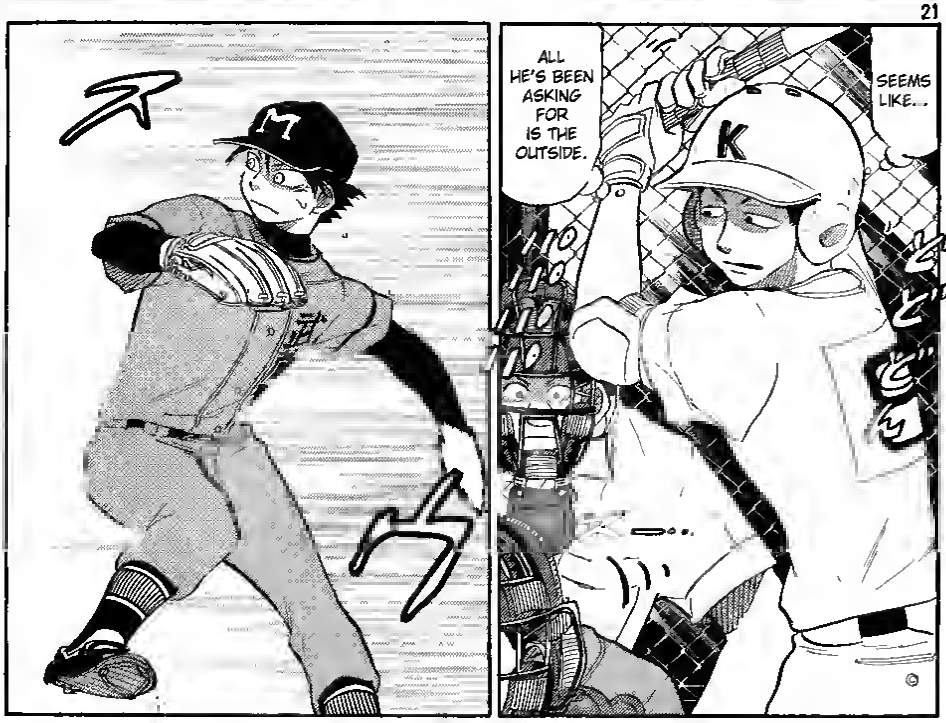
趣味おフリ 棚外四季報

中学のとき、習字の時間に、習字道具箱を開けたら、マージャン牌一式だったことがある。

青森県・孫武元帥(36)さ・社会人



21



現代の高校野球漫画の決定版最新刊！西浦、ついに5回戦進出！
AFTER NOON アフタヌーンKC
最新刊
おおきく振りかぶって ⑪ ひぐちアサ
絶賛発売中!!
定価 540円 (税込)

長男が生まれるとき、姓名判断を勉強しました。勉強の最中、名前から事故や病気が発生するのだと学びましたが、ニュースなんかを見るとみごとに当たっている……。理不尽でなりません。

和歌山県・池上利創(35)さ・社会人

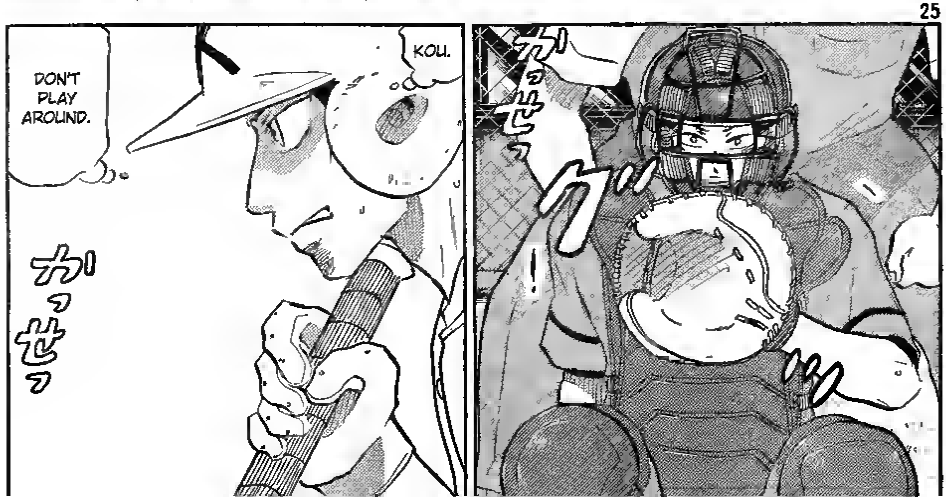
23

193

K
吾日部
ぶ…：…
FOUL!
FOUL!

YOU'VE GOT HIM, PITCHER!
NICE PITCHING!
MAN, THAT SPEED!
YOU CAN DO IT, HARUNA!
前でも後ろでも捕ってやるぞ

25


KOU.
DON'T PLAY AROUND.

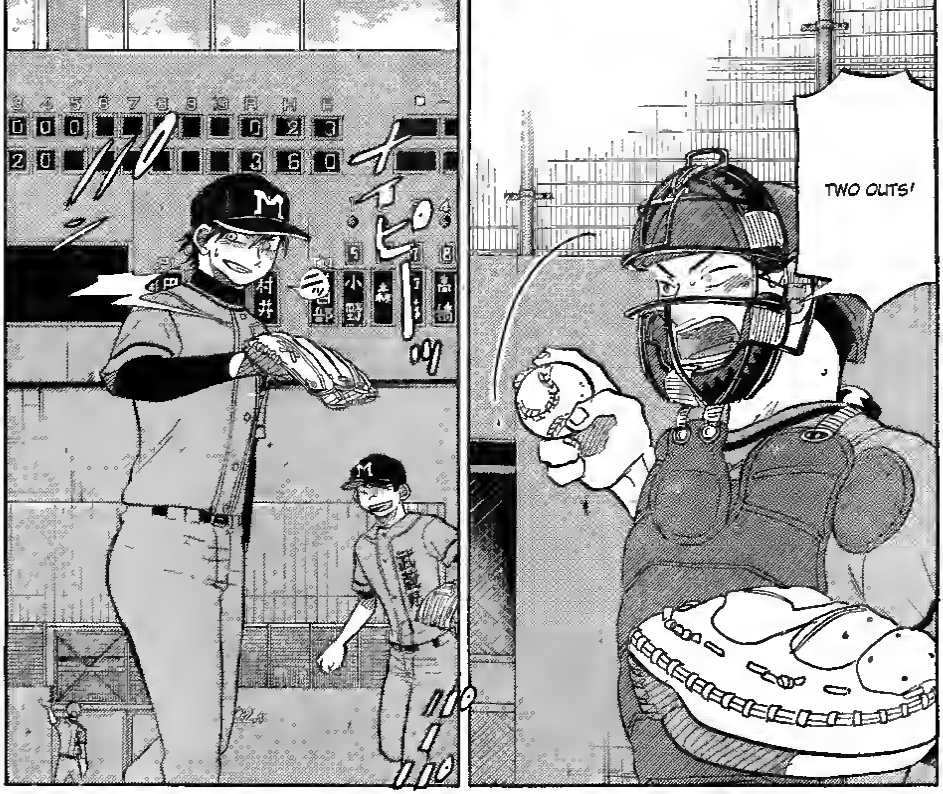
26

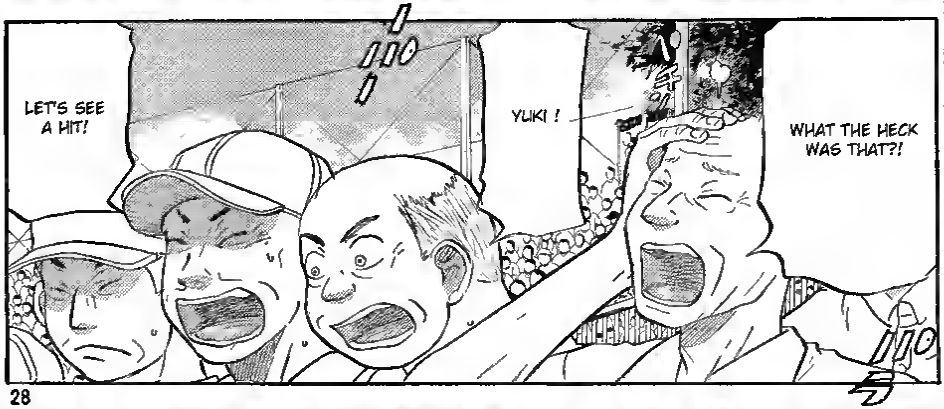
占いによると

彼女と占いをしたら、占い師に「あなたは彼女のためなら死んでもいいと思っている！」と言われ赤面。恥ずかしくて死にたくなったよぉー。

兵庫県・塩井悟(29)さ・社会人

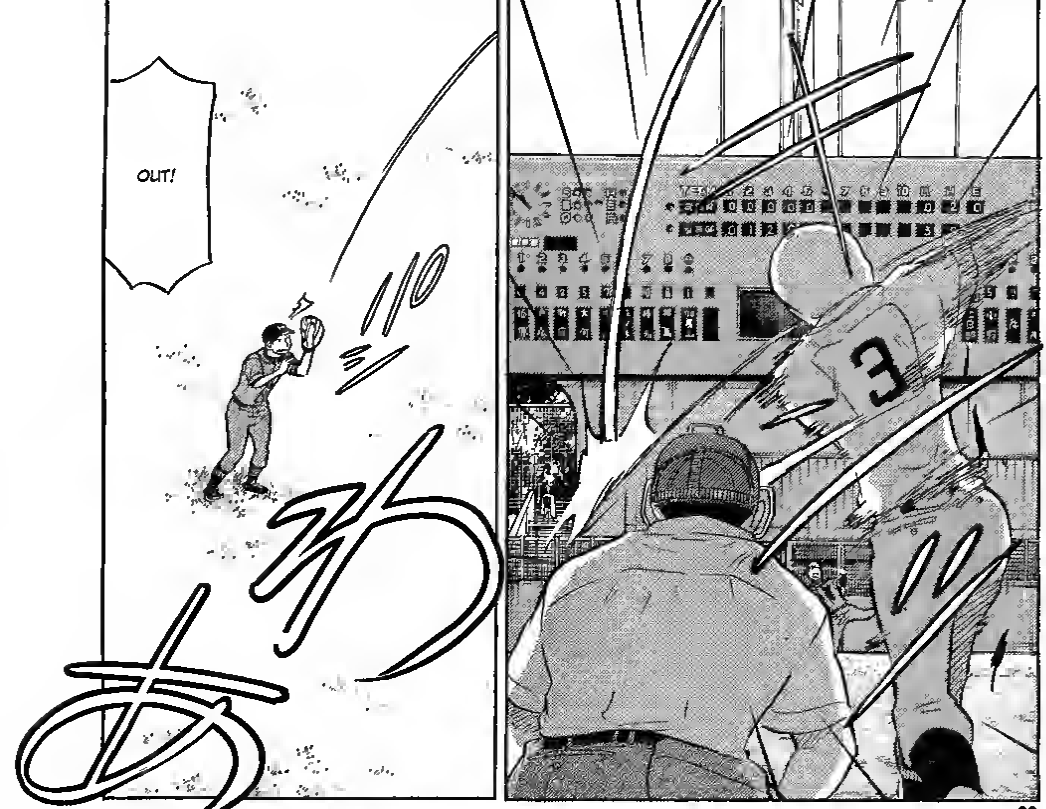
27



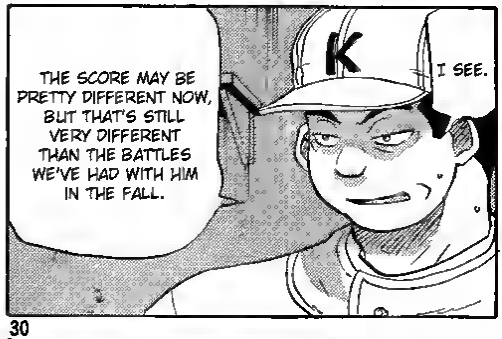


占いによると

妹が、当たると評判の占い師に観てもらったところ、「兄（オレ）はもう死んでるはずだ」とのこと。日ごろから占いをうさんくさいと思っていたオレは「ほれ見ろ、占いなんてそんなモンだ」と笑ったが、考えてみると、死んでいるはずの年に、オレはそれこそ死んでもおかしくないような交通事故を起こしていた。さすがに背筋が寒くなった。京都府・神村秀次郎㊷さ・その他


OUT!

I THINK IT'S THANKS TO MACHIDA-SAN.
HUH? NO, IT'S NOT LIKE THAT.
TALK ABOUT IMMODEST!
YEAH!
NICE PITCHING!
8分目っす！
YEAH!
UH.
YOU MEAN THE WAY I KEPT DOLING OUT YOUR AMAZING FASTBALL LIKE IT WAS GOING OUT OF STYLE?
OH...



30

珍人博物館

先日乗った電車内で、3歳くらいの男の子が「フランス人になりたいよう！」と泣き叫んでいた。騒がしいので母親が注意すると、「じゃあギリシャ人でもいい！」と言ってました。

徳島県・ドルチェ(31)な・社会人

くるっ
くるっ
春日部
春日部
RIGHT NOW, THE TEAM COMES FIRST! ALL YOU NEED TO THINK ABOUT IS HOW TO MAKE THAT NEXT POINT!
YOU'LL HAVE PLENTY OF CHANCES TO FACE THIS GUY THROUGH THE REST OF YOUR BASEBALL CAREERS.
はい!
春日部
THAT MEANS WE DO TEAM BATTING.
WHAT?
I GOT IT, OK?
LOOK, I KNOW HOW YOU ARE.
IT WAS THE SAME BACK IN OUR THIRD...
WELL HOW ABOUT YOU THAT TIME IN SIXTH GRADE?!
WHAT?!
THAT WAS IN ELEMENTARY SCHOOL! AND WHAT'S THAT GOT TO DO WITH NOW?!
8
3
31
はい!
YES SIR!
HURRY UP AND GET OUT THERE!
春日部
春日部
201

準々決勝も、次を目指す西浦も、甲子園への道は甘くない!

アフタヌーンKC

おきく振りかぶって

世の中がつまらないと思ったら、この漫画を読めばいい。

ひぐちアサ

全員1年生「新設チーム」が、地区予選で優勝！　最新第11巻で4回戦に進出、そして……運命の5回戦が始まる！

最新第11巻、発売したてのほっかほか！

1～10巻の好評既刊も大人気！　定価各540円（税込）　発行／講談社

chapter 63

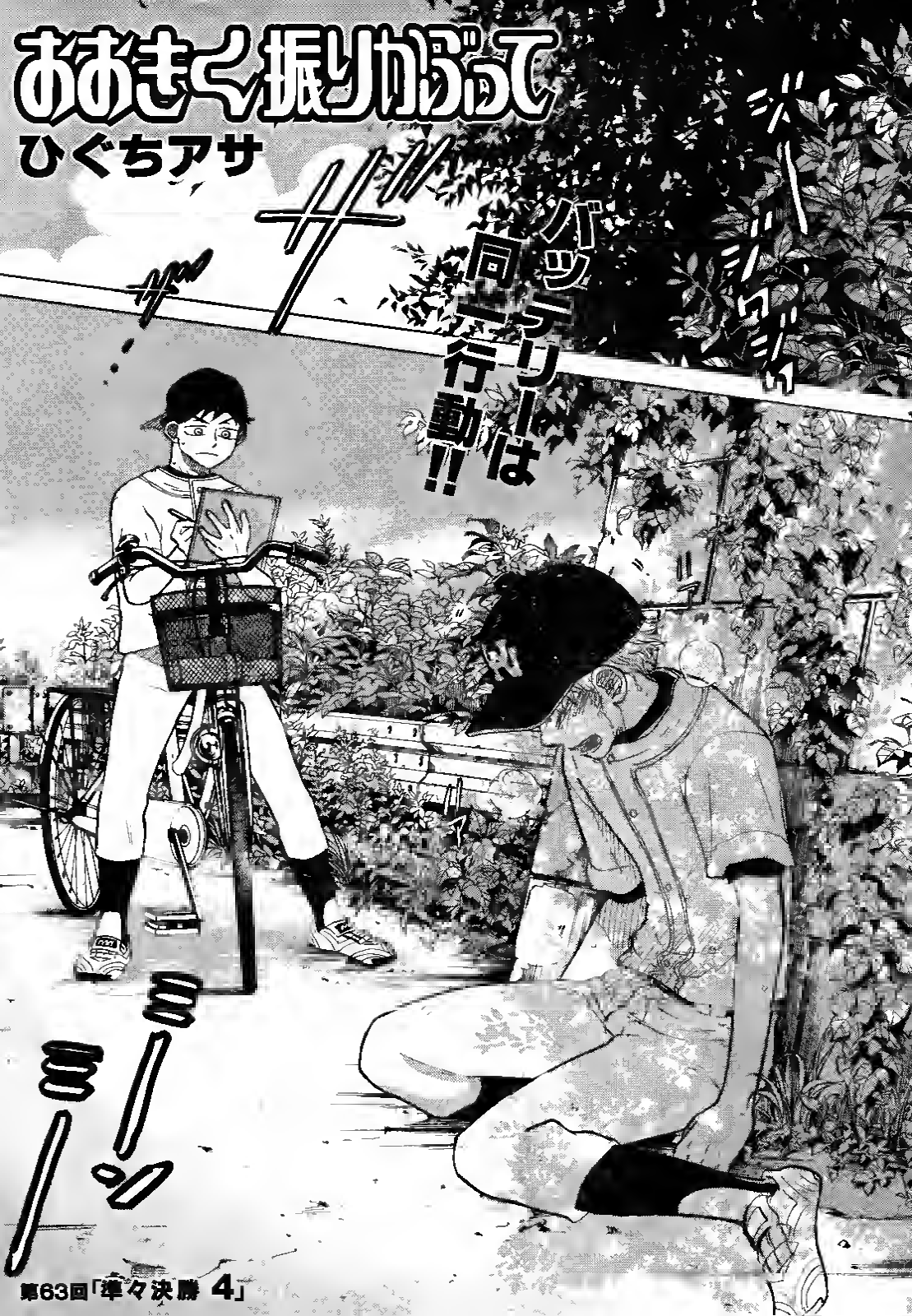
おおもの振りかぶって

Higuchi Asa

gunfair scans
translation by narwhaltorte

おおきく振りかぶって

ひぐちアサ



第63回「準々決勝 4」

前回まで

監督は女性、選手は全員1年生。新設チームの県立西浦高校硬式野球部の、全国高校野球選手権埼玉大会は5回戦で終わった。中学時代にチーム全員に嫌われた一方、夏大は準々決勝、西浦スラッガー・阿部と中学時代に因縁を持つ榛名がいる武蔵野第一と強豪・春日部市立の対決。榛名の80球の球数制限のため3回までは3年の加貫山が投げざるを得ない武蔵野第一は序盤春日部の猛攻で3点を失い、予定よりも早く榛名がマウンドにあがることになってしまった！

……っ

ミーン ミーン ミーン

ふっ

ヘッ

ガシッ

ガシッ

ガシッ

ガシッ

ゴッ

ゴッ

ゴッ

ゴッ

2

YEAH.

YOU'RE ALWAYS SO ENERGETIC, AREN'T YOU? YOU DON'T EVEN NEED A REASON.

ゴッ

合宿中の西浦（にしうら）。投手の三橋は

治療中の阿部と一緒に行動するのも練習のうち。

※この物語はフィクションです。実在の人物・団体・名称等とはいっさい関係ありません。

I SEE ..
SEND A TEXT
TO CONGRATULATE THEM?
I'D
? ?

MY RIVAL?!
HARUNA-SAN
YOUR RIVAL?
ABE-KUN
IS
AFTER
THAT
I
BUT
MIGHT BE
SAD.
I THINK
HE
TEXTED ME.
YEAH
I remember.
KANOU-KUN FROM MIHOSHI
OH
KANOU-KUN,
HE

THIS.
HERE.
OH?
I can read it?
AND THEN,
I THOUGHT
STARTING NOW, WE'RE AIMING FOR NEXT SUMMER'S KOUSHIEN CHAMPIONSHIP
SAID TAJIMA KUN AND I NEED TO DO MY BEST!
WE'RE RIVALS!
HUH...
YEAH
Just making sure
AND SAID THAT MEANS YOU AND KANOU ARE RIVALS?
SO TAJIMA LOOKED AT THIS MESSAGE,

KANOU-KUN AND EVERY-ONE
ARE WORKING HARD
SO
THAT
HAVE TO
MEANS I
TOO!
YEAH, I GET IT.
YOU'VE GOT SOMEONE TO COMPETE AGAINST.
SOMEONE YOU DON'T WANT TO LOSE TO.

BUT WHEN I THINK ABOUT IT, IT MAKES EVEN FOOD TASTE BAD!
F-
FOOD TASTES GOOD.
.....
OH. TRUE.
6
FOOD IS ALWAYS GOOD.
YEAH.
HAS ABE-KUN BEEN EATING A LOT?

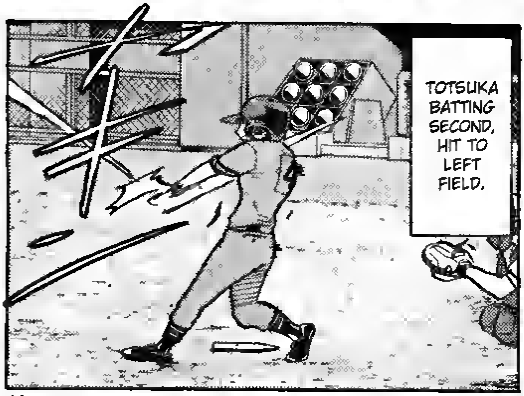
HM?
SURE, I GUESS?
Y-
YOU'VE GOTTEN BIGGER!
OH YEAH?
WELL YOU MIGHT HAVE GROWN A LITTLE, TOO
R-
I THINK YOU HAVE.
REALLY?!
MAYBE YOU CAN TRY GETTING ON THE SCALE WHEN YOU GET HOME.
ALRIGHT, LET'S GET THROUGH THE LAST HALF!
EA
JUST KEEP GOING STRAIGHT HERE.
OK!

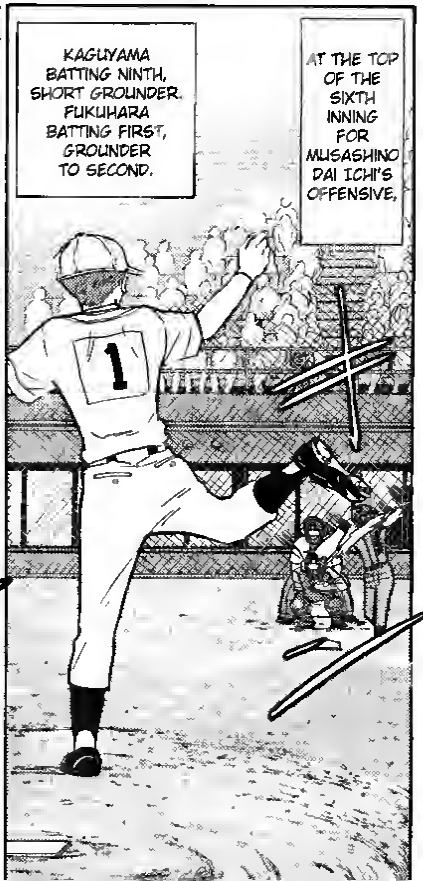
BEST 8 DECIDED. ARC ACADEMY, HONNOLIKITA HIGH SCHOOL, MUSASHINO DAI ICHI HIGH SCHOOL, KASUKABE MUNICIPAL HIGH SCHOOL.

IF HARUNA-SAN
WON,
ABE-KUN
WOULD ONLY BE UPSET. AND NOT HAPPY AT ALL.
MAYBE THAT'S...
WHAT
REAL RIVALS
ARE LIKE?

BUT HARUNA-SAN...
IS STILL IN THE MIDDLE OF HIS MATCH.

SAITAMA PREFECTURE, OOMIYA STADIUM.


TOTSUKA BATTING SECOND, HIT TO LEFT FIELD.

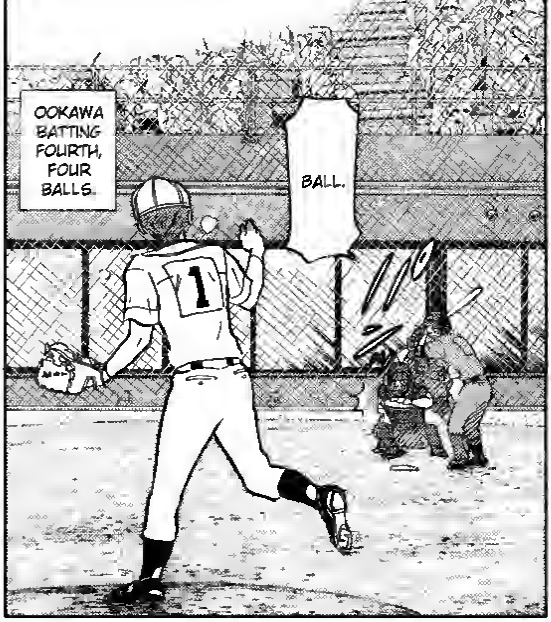

KAGUYAMA BATTING NINTH, SHORT GROUNDER. FUKUHARA BATTING FIRST, GROUNDER TO SECOND.
AT THE TOP OF THE SIXTH INNING FOR MUSASHINO DAI ICHI'S OFFENSIVE,
1

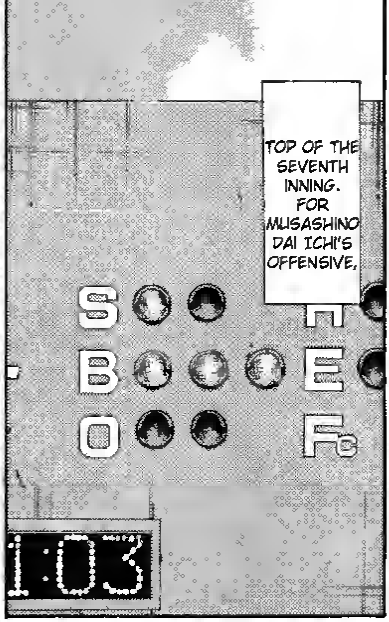
MACHIDA BATTING THIRD, 3 STRIKES.

作者近況

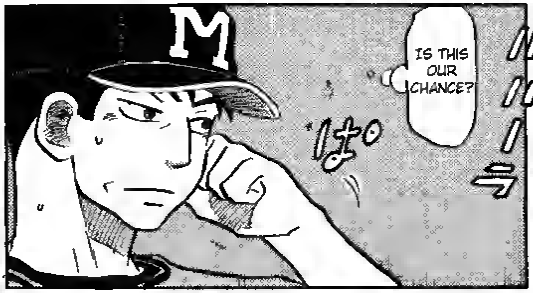
ひぐちアサ

名前に「埼玉」が付いた時点で多少傾き、県営大宮球場でクライマックスシリーズが行われて、更に、ベンチでレオとコバトンが並んで座っているのを見たら、もう西武ファンになるしかないのかと思いましたが、なんとか踏みとどまった秋でした…。関東大会も、見てきましたよ！


OOKAWA BATTING FOURTH, FOUR BALLS.
BALL.


TOP OF THE SEVENTH INNING. FOR MUSASHINO DAI ICHI'S OFFENSIVE,
S
B
O
H
E
F
1 03

YEAH!

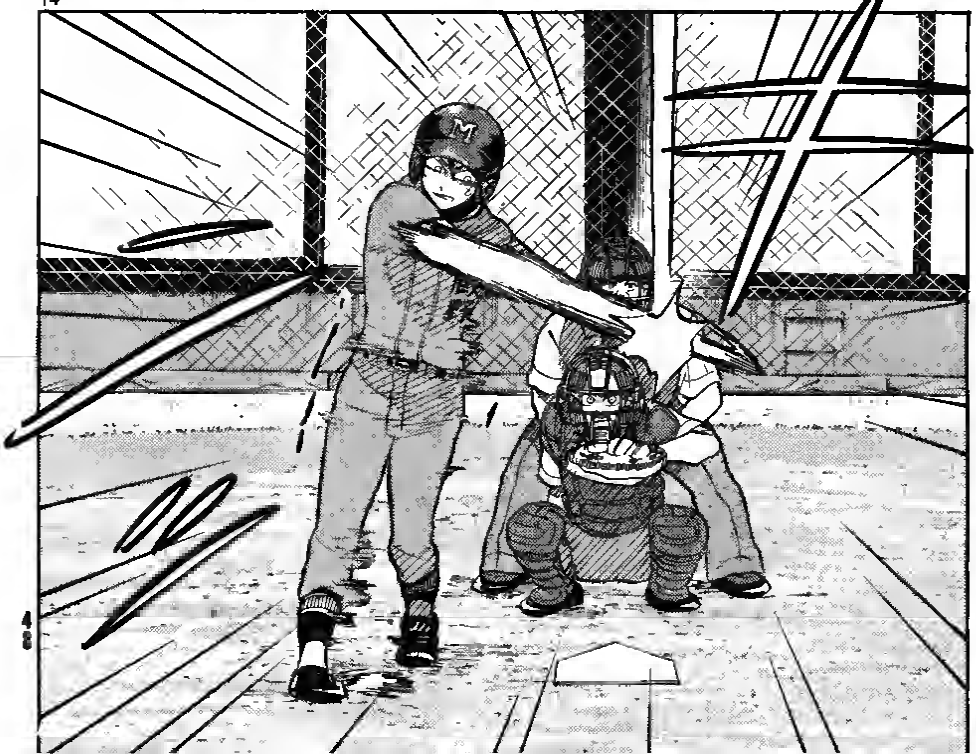

IS THIS OUR CHANCE?
NO NO

NAKAYAMA BATTING FIFTH, SUCCESSFUL BUNT

SASAKI BATTING SIXTH,

ONE OUT, RUNNERS ON FIRST AND THIRD!
キター
キター
キター!!!
A HIT TO THE FRONT OF RIGHT FIELD!
13
THE HEAT COULD BE TIRING HIM OUT. BUT THAT'S NOT IT, IS IT?
どん
どん
AOI!
JUST TAKE IT EASY, ALRIGHT!
IT'S NOT ABOUT THE HEAT OR THE PITCH COUNT.
47

I JUST CAN'T HOLD IT BACK,
WHEN I GET A LOOK AT THIS GUY!
BATTING SEVENTH, PITCHER, HARUNA-KUN
NO
どんどんどんっ
蔵野



どんどんどん
せーのおっ
アウト!!!
6
ALRIGHT!
BATTING EIGHTH, SECOND BASEMAN, SOUMA-KUN.
ちゃんすだぞ
ソーマー!
どどどど

笑劇画 これぞ宴会芸!!!!

高校のとき体育祭のクラブ対抗リレーで、陸上部が、サッカー部とラグビー部に完敗していた。

三重県・ミシェル(19)・大学生

17

アフタヌーンKC
ヤサシイワタシ(全2巻)
ひぐちアサ
性格に問題アリのお姉さんと挫折したもとテニスボーイ。寒々しいほど未模々な青春の恋模様。
絶賛発売中!!
定価530円～580円(税込)

爆笑!! ごめん寝会芸!!!!

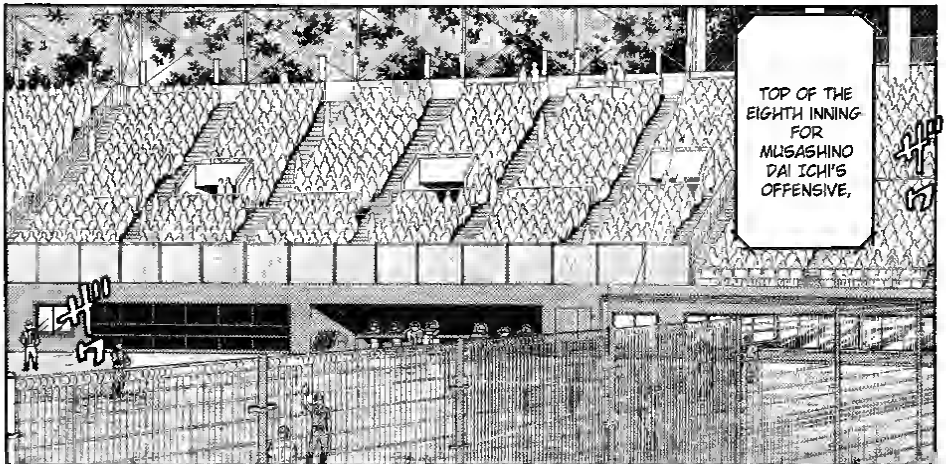
中学時代のサッカー部の友人の結婚式で、元部員がリフティングでボール回しを被露した。最後に新郎がボールを受け取って終わるはずだったが、ボールを受け取るとシュートする癖のある新郎は、ウエディンググケーキ目がけてシュートしてしまった。

青森県・孫武元帥(36)さ・社会人

WHEN I HEAR THAT CHEERFUL VOICE OF HIS,
IT'S LIKE THIS HUGE WEIGHT JUST LIFTS RIGHT OFF ME.
HE REALLY MUST BE...
THE KIND OF PERSON WHO'S MEANT TO BE AN ACE!
M
10

BOTTOM OF THE SEVENTH INNING. FOR KASUKABE MUNICIPAL'S OFFENSIVE,
PLAY!
SUZUKI BATTING NINTH, THREE STRIKES.
ONO BATTING FIRST, GROUNDER TO THIRD.

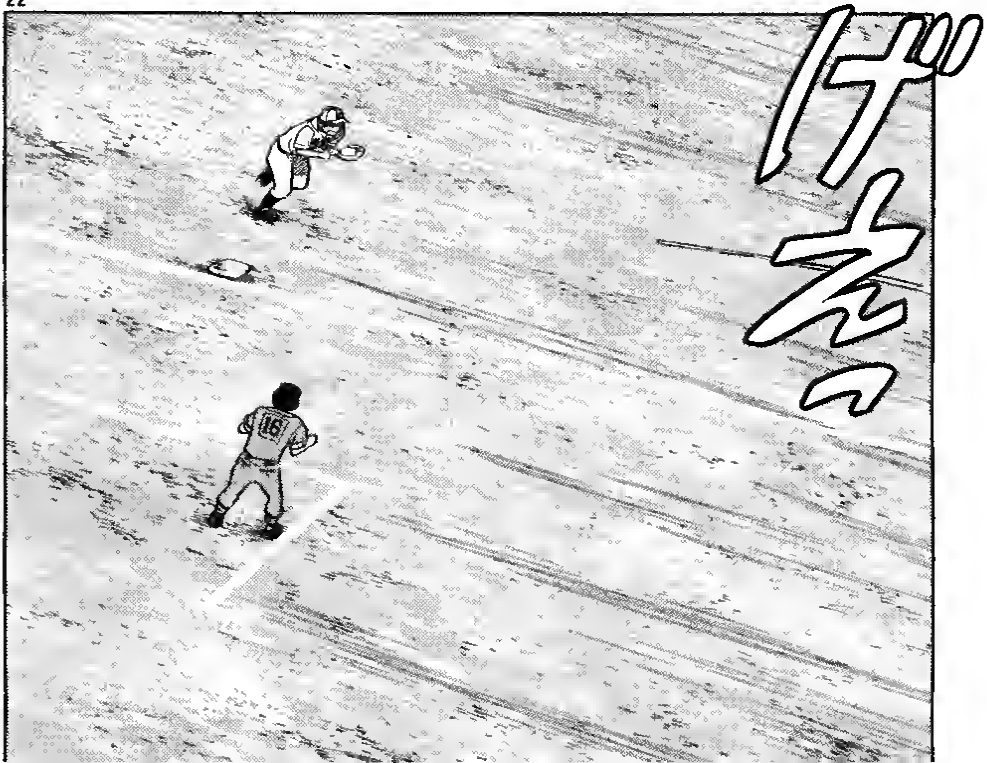
KATOU BATTING THIRD, LEFT FIELD FLY.
MORI BATTING SECOND, FOUR BALLS
9
NO MATTER HOW YOU LOOK AT IT, IT'S TIMES LIKE THIS THAT MAKE IT GREAT TO BE A CATCHER!
MAN. .
OUT!


TOP OF THE EIGHTH INNING FOR MUSASHINO DAI ICHI'S OFFENSIVE,

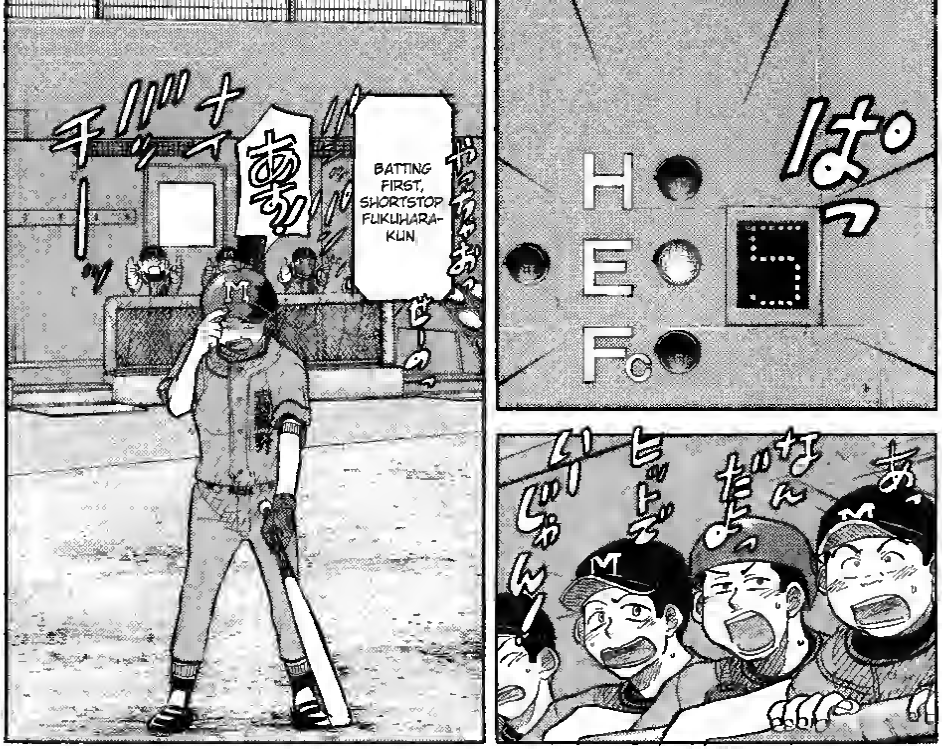
THREE RUNS IN JUST TWO INNINGS...
NO, FOUR RUNS!
BATTING NINTH, RIGHT FIELDER, KAGUYAMA-KUN. UNIFORM NUMBER 1.
I HAVE TO GET ON BASE!
どど
どどど
ん

TWO MORE INNINGS.
IN THIS HEAT.
WITH A THREE POINT LEAD IN THE EIGHTH INNING, HE WON'T BE TOYING AROUND WITH A NINTH HOLE BATTER LIKE ME.
どど
どどど
ん
ケッ
122km

ON THE FIRST PITCH!
I'LL SWING...


ぎゃっ

!!
23
NO OUTS AND A RUNNER ON FIRST!
HE MADE IT!


BATTING FIRST, SHORTSTOP FUKUHARA-KUN
あっ!
チーン
H E F C
はっ
ヒットだ
なんだよ
いいぞ
ナイバッチ

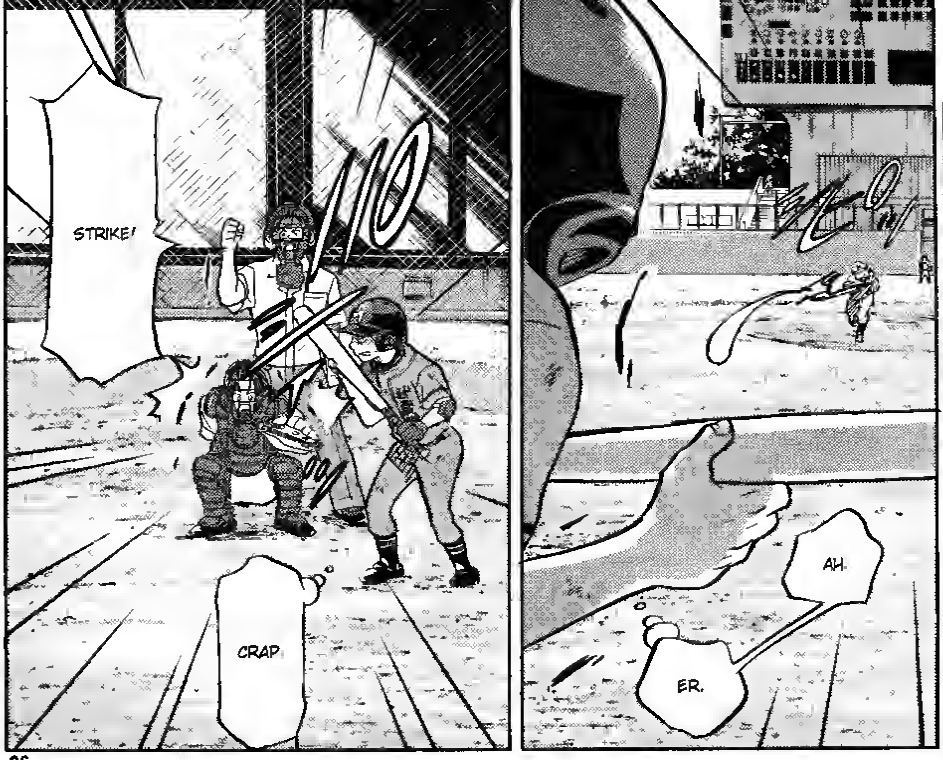
STUFF LIKE THAT CAN HAPPEN!
THAT BAD HOP THE BALL JUST TOOK WAS BECAUSE OF KAGUYAN'S ENERGY.

I JUST NEED TO KEEP THE TIDE IN OUR FAVOR..!

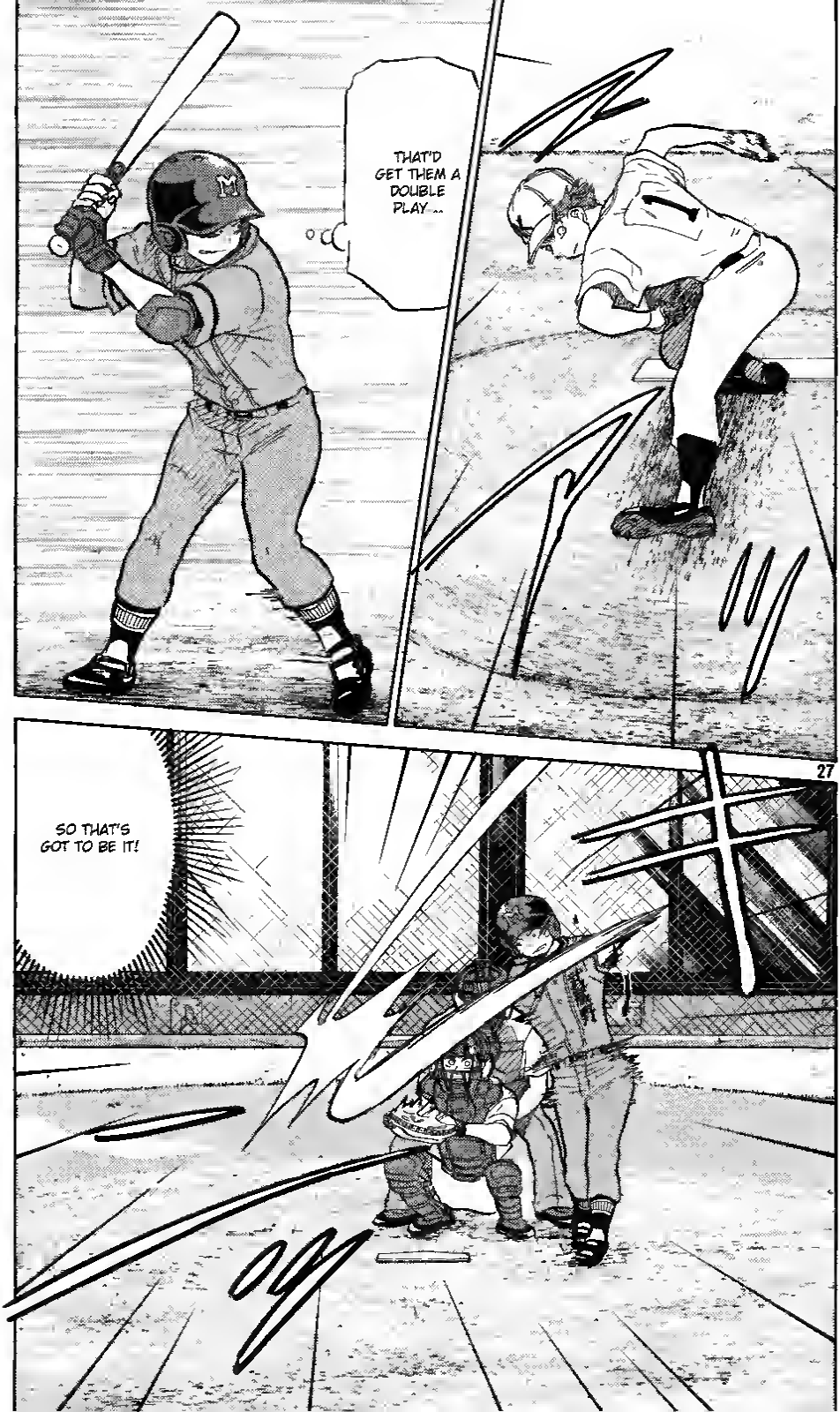
25

59

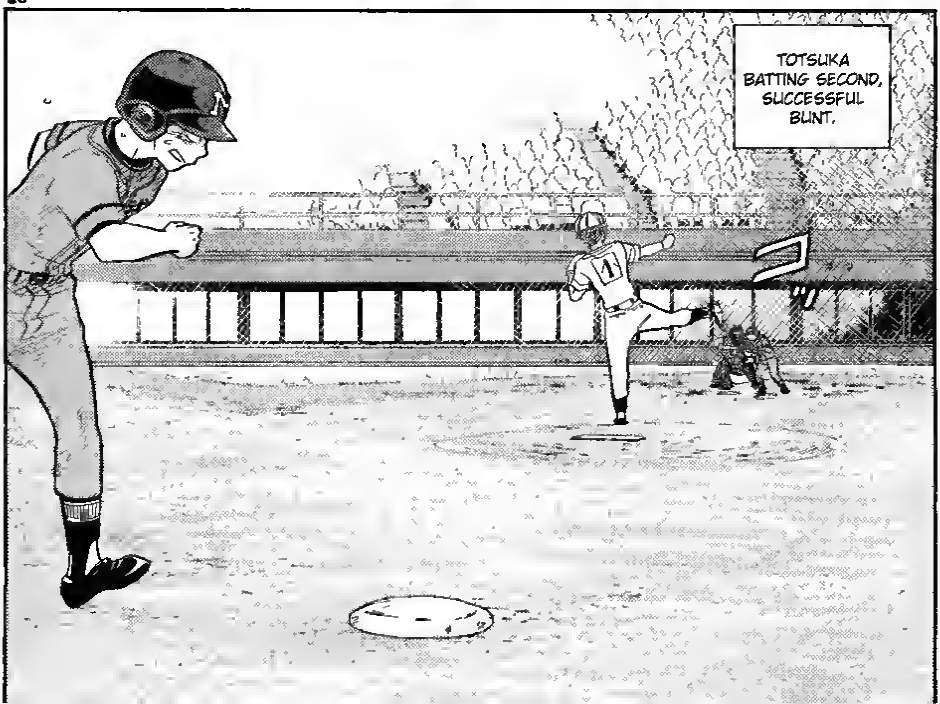
アフタヌーンKC
家族のそれから
ひぐちアサ
新感覚ファミリードラマついに単行本化!! 表題作のほか、反響を巻き起こした"ゆくところ"も収録!!
絶賛発売中!!
定価530円(税込)


STRIKE!
CRAP.
AH.
ER.

I'VE HIT THREE GROUNDERS TO SECOND TODAY.
AND EVERY PITCH I HIT WAS A SLIDER ON THE INSIDE.
IS THAT WHAT THEY'LL GIVE ME?
クサイとこならあててけよな～
YEAH.
I'M GOING TO HIT


THAT'D GET THEM A DOUBLE PLAY...
27
SO THAT'S GOT TO BE IT!

28

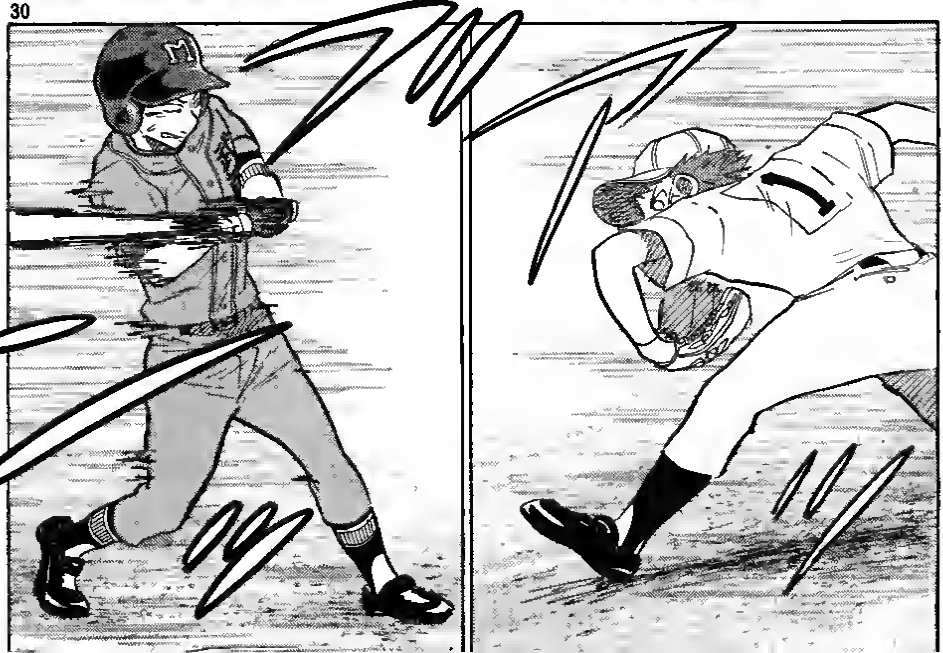


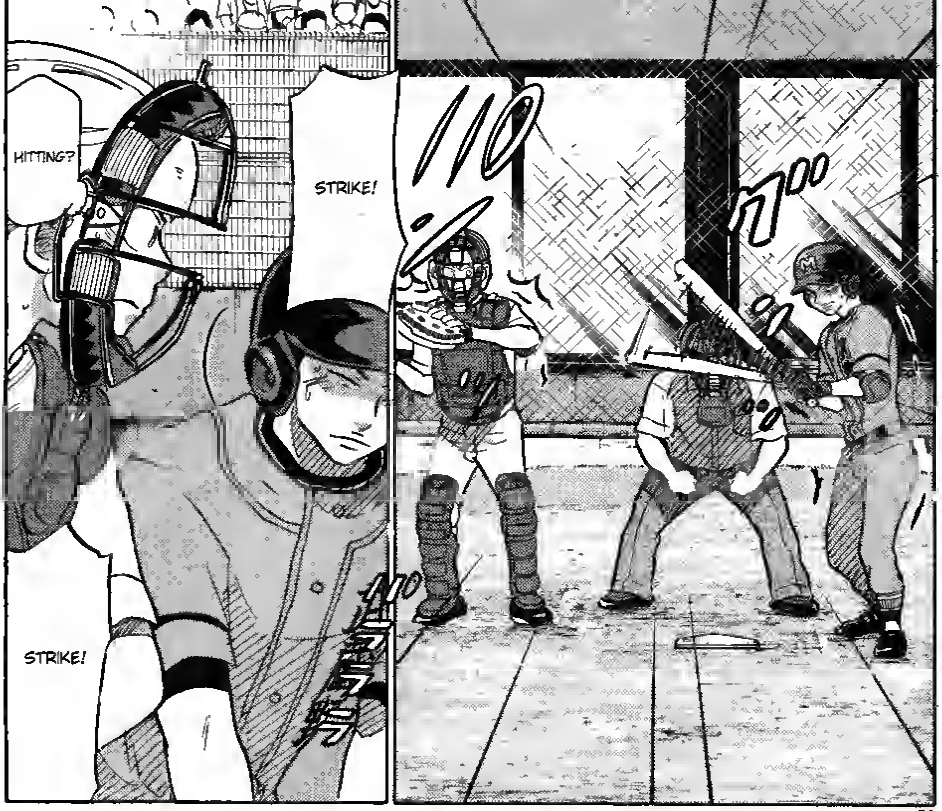
MACHIDA-SEMPAI!
WE'RE COUNTING ON YOU!
ONE OUT AND RUNNERS ON SECOND AND THIRD!
YEAH!

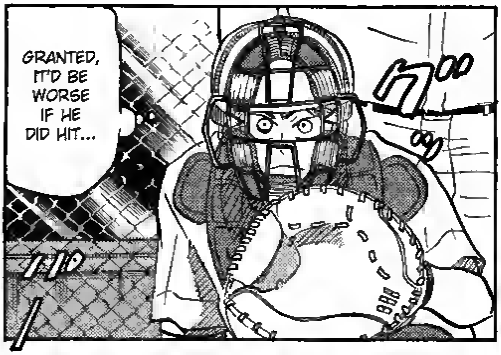
FIRST IS OPEN. FOR NOW, WE JUST WAIT AND SEE.
IT'S THE EIGHTH INNING. THEY MIGHT GO FOR A RUN IF IT JUST COSTS THEM AN OUT.
WILL IT BE A SQUEEZE?
THIS TEAM'S PROBABLY BURNING TO MAKE IT ON THE BOARD.

BALL.
NOTHING ON THE FIST PITCH.
WHICH MEANS...
M
武蔵
110
110
110

THERE'LL PROBABLY BE ANOTHER LIKE THAT.
IT'S FINE IF THEY WANT TO FILL FIRST.


M


HITTING?
STRIKE!
STRIKE!

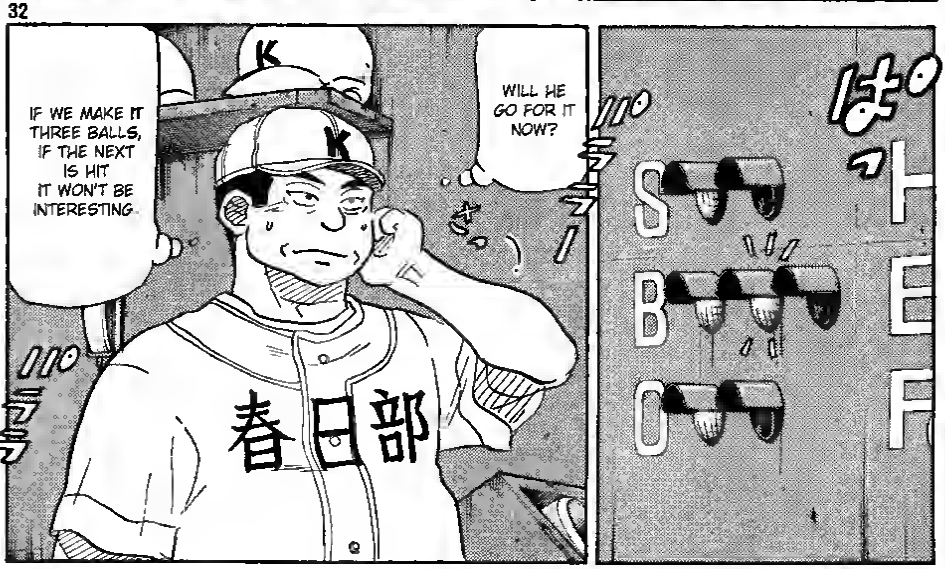

GRANTED, IT'D BE WORSE IF HE DID HIT...

NO WAY!
THERE ARE RUNNERS ON SECOND AND THIRD
THEY'VE GOT TO HAVE THEIR EYES SET ON THAT FIRST RUN!
春日部

BUT THIS...

IS A SQUEEZE!
BALL!

32


IF WE MAKE IT THREE BALLS, IF THE NEXT IS HIT IT WON'T BE INTERESTING
WILL HE GO FOR IT NOW?
S
B
O

ARE THEY GOING TO DO IT?
33
THE SQUEEZE PLAY!

HE GOT IT!!!

35

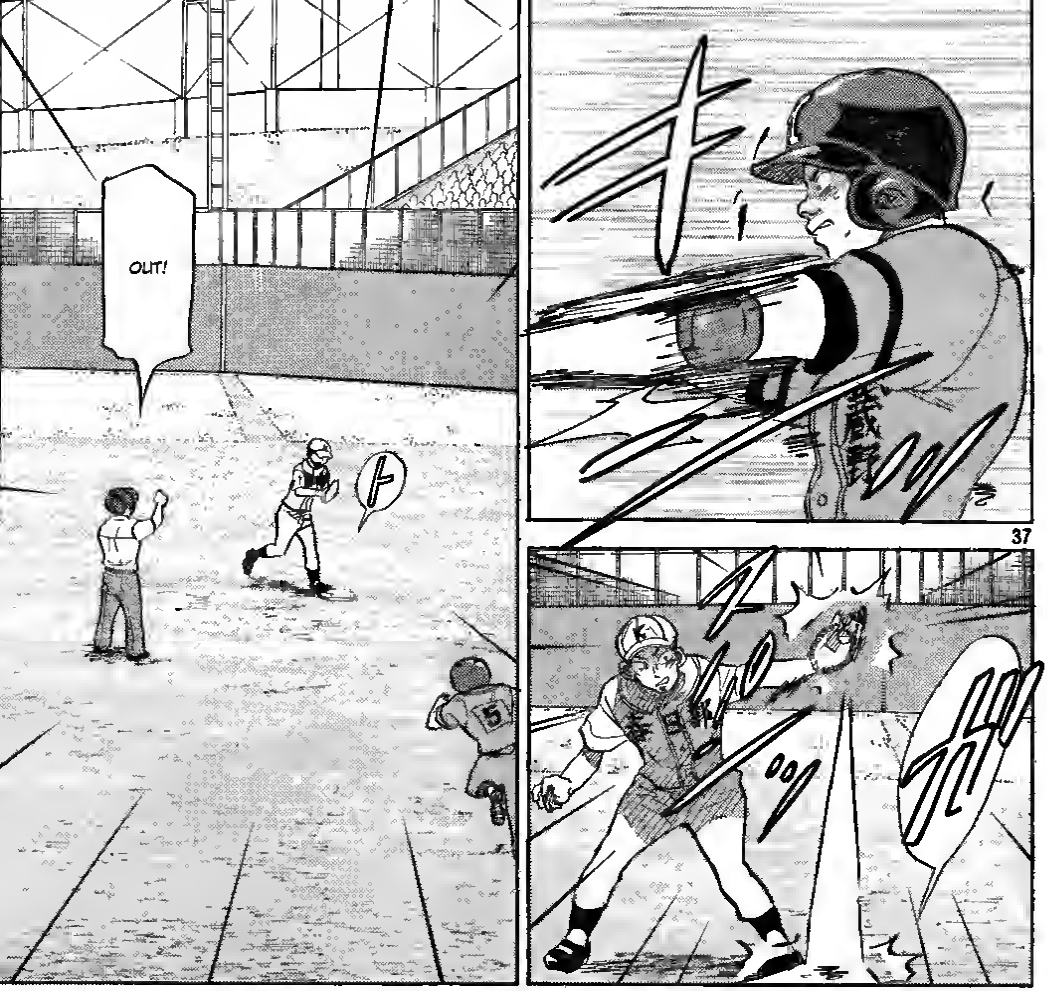
アフタヌーンKC
おおきく振りかぶって 1〜11
ひぐちアサ
勝つために、賭けて弱気なエースのために。行け、オレらー
読むとためになり、血涙を肉躍り涙する本格高校野球漫画ー
絶賛発売中!!
定価
各540円
(税込)

36

【ザ・先生】

中1のときの担任は、廊下ですれ違っても街ですれ違っても、「どうだ、勉強ついてこれてるか」「門限守れよ」と笑いながら肩を組んできた。一見、とてもフレンドリーだが、じつはタバコとシンナーのニオイチェックだったということを後で知った。

栃木県・ロンリーライダー(44)さん・社会人



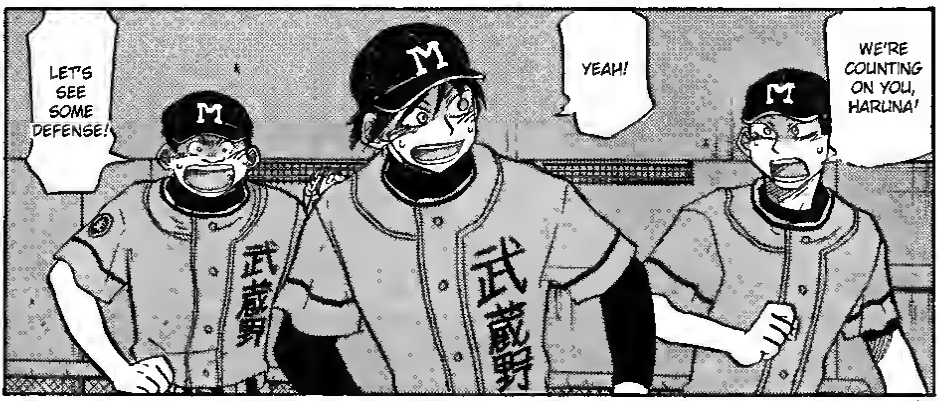
37

71

ザ・先生

僕の高校の担任はとてもシャイで、卒業証書をほかの配付物と同じように、前の席から後ろ送りに配った。生徒は皆照れ隠しだとわかっていたが、保護者は驚いていた。

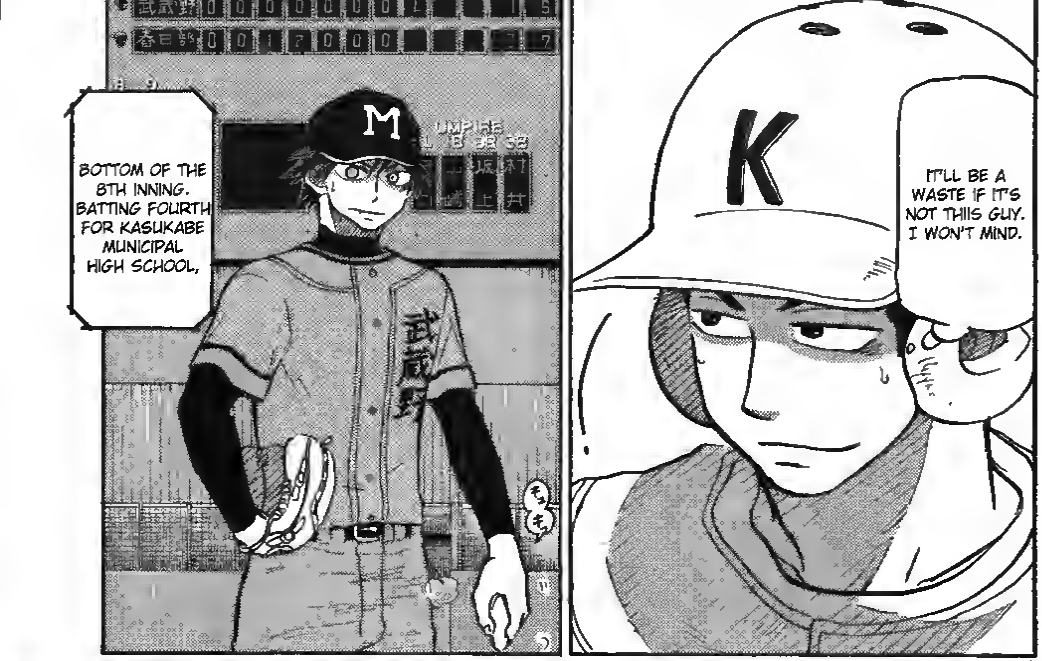
北海道・こんたぬ・大学生



39

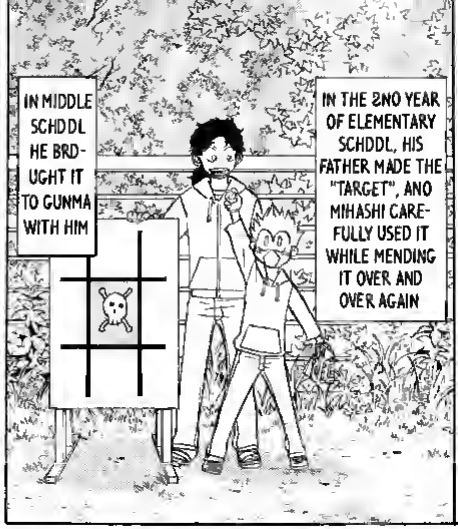
アフタヌーンKCDX
アンダーカレント
undercurrent
豊田徹也
たゆたう、男と女。やみつきになる深さ、映画一本ぶんの読み応え。
絶賛発売中!!
定価980円(税込)

8回裏エースと4番対決。様名の「リミッター」は解けるのか。次号、魅せます!!


BOTTOM OF THE 8TH INNING. BATTING FOURTH FOR KASUKABE MUNICIPAL HIGH SCHOOL,
IT'LL BE A WASTE IF IT'S NOT THIS GUY. I WON'T MIND.

UNIFORM NUMBER 8.
CENTER FIELDER, TAKAHASHI-KUN.

HIS MOTHER GOT INTO GARDENING, SO THEY BUILT A POND THERE
VISITING HOME
LOOK, LOOK! IT'S AMAZING, RIGHT?
SO THERE WAS AN EMPTY SPACE WHERE THE TARGET USED TO BE
CHUG CHUG


IN MIDDLE SCHOOL HE BROUGHT IT TO GUNMA WITH HIM
IN THE 2ND YEAR OF ELEMENTARY SCHOOL, HIS FATHER MADE THE "TARGET", AND MIHASHI CAREFULLY USED IT WHILE MENDING IT OVER AND OVER AGAIN

SCANLATED BY OOFURI-BAKA

VOL 16

AT MIHASHI'S HOUSE

BUT THE BALLS BOUNCED AND FELL INTO THE POND
THWAP
PLOP
ONLY HIGH BALLS ON THE EDGE ARE ALRIGHT
AFTER MIHASHI ENTERED HIGH SCHOOL AND CAME BACK TO SAITAMA, HE PUT THE TARGET BEHIND THE POND AND TRIED TO PITCH,

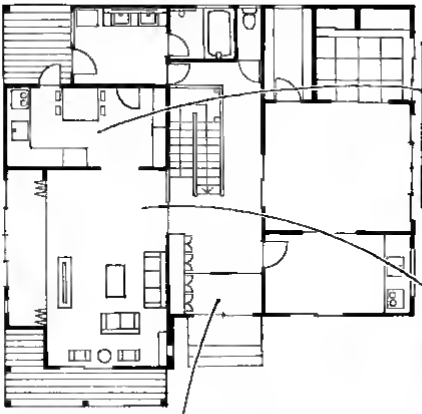
アフタヌーンKC 講談社

THEY GAVE UP ON THE BOUNCING PROBLEM AHO CONSTRUCTED A NEW TARGET TO SHORTEN THE TIME FOR PICKING UP BALLS, THEY BOUGHT 2 DOZEN HARDBALLS, AND TOOK THE OPPORTUNITY TO ALSO BUY A HARDBALL GLOVE

THAT'S WHAT MIHASHI THOUGHT, BUT AFTER HE ENTERED THE BASEBALL CLUB, HE SUDDENLY FELT MOTIVATED

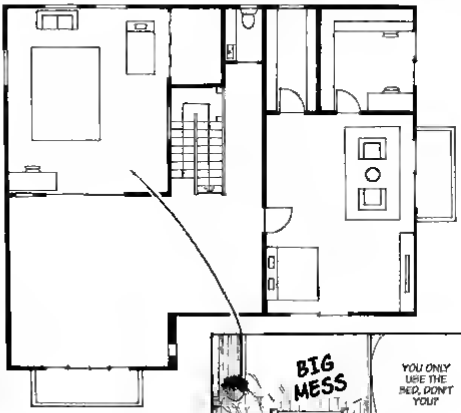
THIS IS THE FLOOR PLAN OF MIHASHI'S HOUSE. IT'S A TWO-FAMILY HOUSE, BUT THE RIGHT HALF OF THE FIRST FLOOR IS MOTHER'S REFERENCE ROOM — OR RATHER, IT BECAME A STORAGE ROOM

VOL 15 CH 58



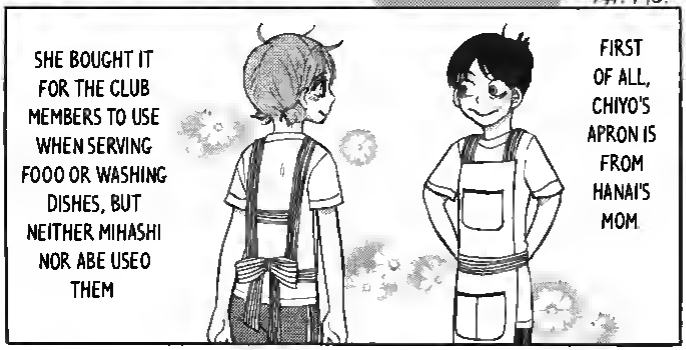
THIS LAHO IS THE PROPERTY OF MIHASHI'S GRANOPA. HE BOUGHT IT WHEN HE RECONCILED WITH HIS ELOPED ELDEST-SOH AND HIS SON'S WIFE, INTENDING TO REBUILD THIS OLD HOUSE, BUT THE OLDEST SON'S FAMILY LIVES THERE AS IT IS. BY THE WAY, THE VOLVO WAS ALSO A PRESENT FROM GRANDPA.

SEE YOU IN VOL 17!



OMAKE

P41. P43.


SHE BOUGHT IT FOR THE CLUB MEMBERS TO USE WHEN SERVING FOOO OR WASHING DISHES, BUT NEITHER MIHASHI NOR ABE USEO THEM
FIRST OF ALL, CHIYO'S APRON IS FROM HANAI'S MOM

HELLO. THIS TIME, I THOUGHT OF MAKING ADDITIONAL EXPLANATIONS FOR THE VOLUME

P47

NEXT, I'LL EXPLAIN A BIT MORE ABOUT THE "PROTEIN" FROM SHIGAPO'S LECTURE. WHAT SAKAEGUCHI MEANT WAS "PROTEIN SUPPLEMENTS." * IF YOU COMPARE CURRENTLY-ON-SALE PROTEIN SUPPLEMENTS TO SUPPLEMENTS FROM LONG AGO, WELL —~ IT'S NOW TASTY AND EASY TO DRINK. A PRODUCT OF THIS EXTREME LEVEL, THAT CAN BE USEO IN PUNISHMENT GAMES, PROBABLY DOESN'T EXIST ANYMORE

* In ch59 p21, 3rd frame (English scanlations), Sakaeguchi answered "protein shakes", but in Japanese it's just "protein", thus an explanation now from Higuchi.

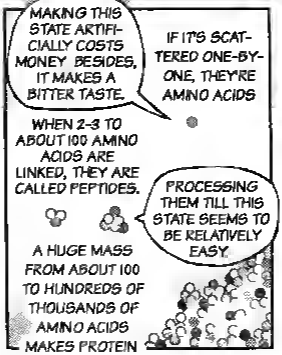
PROTEIN SUPPLEMENTS ARE NOW MAINLY OERIVEO FROM SOY, MILK (CASEIN), WHEY, ANO EGG — ANO THAT WHEY PROTEIN IS TASTY! YOU MIX IT WITH WATER ANO THEN ORINK IT, ANO IT'S AS OELICIOUS AS SO-CALLEO SPORTS ORINKS. OR SHOULO I SAY, WHEN IT'S MIXEO WITH WATER, IT'S SOLO AS SPORTS DRINKS

SO, IS IT ENOUGH TO KEEP ORINKING THIS TASTY BEVERAGE TO MAKE YOUR MUSCLES BIGGER?

P23

NOTE: PAGE NUMBERS REFER TO THE PHYSICAL VOLUME YOU CAN FINO THE PAGES REFERENCEO IN THIS OMAKE IN CH 59 ANO 60

THUS THE NAME DEPENDS ON HOW MANY AMINO ACID MOLECULES ARE LINKED. SO, THE SMALL INTESTINE CAN ABSORB AMINO ACIOS, NO MATTER HOW MANY OF THEM ARE LINKEO (UNLESS THE MASS IS TOO LARGE). SO THEIR ABSORPTION RATE IN ORDER OF HOW FAST THEY ARE ABSORBEO.


MAKING THIS STATE ARTIFICIALLY COSTS MONEY. BESIDES, IT MAKES A BITTER TASTE.
IF IT'S SCATTERED ONE-BY-ONE, THEY'RE AMINO ACIDS
WHEN 2-3 TO ABOUT 100 AMINO ACIDS ARE LINKED, THEY ARE CALLED PEPTIDES.
PROCESSING THEM TILL THIS STATE SEEMS TO BE RELATIVELY EASY.
A HUGE MASS FROM ABOUT 100 TO HUNDREDS OF THOUSANDS OF AMINO ACIDS MAKES PROTEIN

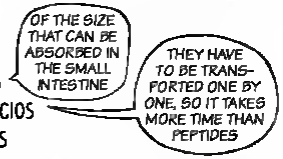
PROTEINS ARE MOLECULES MADE UP OF HUNDREDS OF THOUSANDS OF LINKED AMINO ACID RESIDUES. WHEN YOU EAT MEAT OR FISH, IT BREAKS DOWN INTO AMINO ACIDS IN THE STOMACH, WHICH ARE THEN ABSORBEO IN THE SMALL INTESTINE. IT TAKES 3-4 HOURS UNTIL IT REACHES THE BLOOOSTREAM. TO REOUCE THIS TIME BETWEEN DIGESTION ANO ABSORPTION, COMMERCIAL PRODUCT PROTEINS ARE BROKEN INTO AMINO ACIOS OR PEPTIOES BEFOREHANO.

WELL THEN, A CONCLUSION.

PEPTIOES.
YOU SHOULO TAKE IT IN THE MIDDLE OF TRAINING WHEN YOU WANT TO RAISE THE LEVEL OF PROTEIN IN THE BLOOD IMMEDIATELY (ESPECIALLY BCAA), OR RIGHT AFTER TRAINING (THE GROWTH HORMONE LEVEL FOR REBUILDING MUSCLES WILL BE AT ITS PEAK 30 MINUTES AFTER TRAINING)

PROTEIN.
TAKE IT DURING MORNING - NOON - EVENING MEALS. IT'S ESPECIALLY IMPORTANT TO INTAKE IT AT DINNER, SINCE THE GROWTH HORMONE IS ACTIVELY RELEASED 1-3 HOURS AFTER YOU FALL ASLEEP.

1ST PLACE. PEPTIOES
2NO PLACE. AMINO ACIOS
3RD PLACE. PROTEINS


OF THE SIZE THAT CAN BE ABSORBED IN THE SMALL INTESTINE
THEY HAVE TO BE TRANSFORTED ONE BY ONE, SO IT TAKES MORE TIME THAN PEPTIDES

PEPTIOES REACH THE BLOOOSTREAM 20 MINUTES AFTER INGESTION. HOWEVER, THEY ARE SHORT-LIVEO. IN CONTRAST, PROTEIN IS CONSTRUCTEO IN A WAY THAT EVEN IF IT IS INGESTEO IN POWDER FORM, IT TAKES 1-2 HOURS UNTIL IT INCREASES THE PROTEIN CONCENTRATION IN THE BLOOO, BUT IT KEEPS THE CONCENTRATION LEVEL ELEVATEO FOR A LONG TIME.

NOTE 1
"BCAAS" (BRANCHED CHAIN AMINO ACIDS) ARE 3 AMINO ACIDS - VALINE, LEUCINE AND ISOLEUCINE. WHEN AMINO ACIDS ARE USED AS ENERGY (IT'S NOT ONLY FOR BUILDING BODY OR BLOOD CELLS, IT'S ALSO USED AS ENERGY TOO, HUH), THEY'RE MAINLY METABOLIZED IN THE LIVER, BUT BCAA IS DIRECTLY ABSORBED IN THE MUSCLES. SO, IT'S BETTER TO TAKE BCAA DURING TRAINING SO YOU DON'T LET THE BCAA LEVEL IN THE MUSCLES DECREASE (= MUSCLE MASS WON'T DECREASE), AND TO USE IT AS ENERGY SUPPLY.

NOTE 2
THE INFORMATION ABOVE IS FROM 2011. AS CAN BE SEEN FROM THE EXAMPLE OF "BAD-TASTING PROTEIN", THE RESEARCH AND DEVELOPMENT IN THIS FIELD KEEPS ADVANCING, SO THE INFORMATION IN THIS OMAKE KEEPS GETTING OLDER. IF YOU ARE GOING TO USE SUPPLEMENTS, CHECK OUT NEWER INFORMATION.

BY THE WAY, ABOUT THIS MATERIAL: WHEN THE MANGA WAS ANIMATEO, EACH CHARACTER'S SEIYUU SHAREO WHAT THEY REMEMBERED OF THEIR FANTASIES IN HIGH SCHOOL. MIHASHI'S FANTASY IS FROM MIHASHI'S SEIYUU, ANO IZUMI'S FANTASY IS FROM IZUMI'S SEIYUU, THAT'S HOW I MATCHEO THEM. EVEN THOUGH EVERYONE HAO OIFFERENT TASTES, IT'S FUNNY HOW WELL THEY FIT.

LASTLY, IT GOES WITHOUT SAYING, BUT JUST GROWING YOUR MUSCLES WON'T IMPROVE YOUR COMPETITIVE ABILITY. IF YOU WANT TO MOVE SMOOTHLY OR TO SPEEO UP YOUR REFLEXES, VARIOUS VITAMINS ANO MINERALS ARE ESSENTIAL. NO MATTER WHAT SPORT, THE BASIS IS A "WELL-BALANCEO OIET"!

WELL THEN, I'LL SEE YOU IN VOLUME 17!